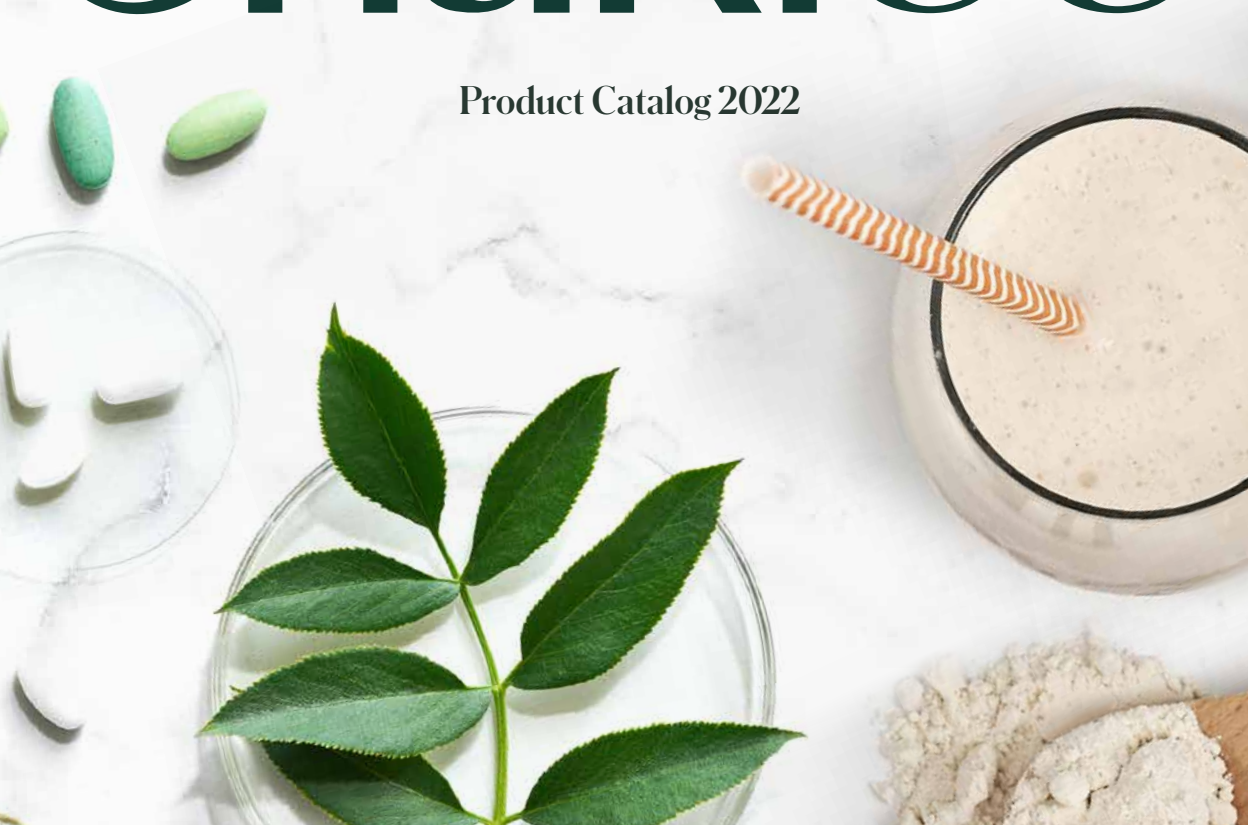




Shaklee®

Product Catalog 2022





Proven science



Natural ingredients



True wellness since 1956



Money-back guarantee



First Climate Neutral company



**70+ patents/
patents pending**



110+ published clinical studies





All's Well That Starts Well.

When Dr. Shaklee invented the first multivitamin in the United States, he started a revolution in wellness. For the past 65 years, we've continued to build on that legacy of innovation. We go beyond industry standards to create breakthrough products derived from pure, potent ingredients, because we believe healthy starts at the source.

Our purpose is to bring true wellness to the world—not only to the people in it, but to the planet itself. We were the first company to fully offset our carbon emissions, and many of our products use recyclable packaging made in wind-powered facilities.

We've developed product lines for nutrition, body, and home because we understand that health should be holistic. And we back those products with a no-questions-asked 100% guarantee.



Wellness Is Where We've Been.



1915

Dr. Shaklee invents "Shaklee's Vitalized Minerals," the first multivitamin in the United States.



1956

Shaklee Corporation opens for business in Oakland, CA.



1960

Shaklee introduces Basic-H Concentrated Organic Cleaner, which later becomes one of the first official Earth Day products (1990).



1961

Shaklee creates the first plant-based protein using soy lecithin.



1984

Shaklee launches the Pure Performance Team, fueling Shaklee-powered athletes to win 146 gold, silver, and bronze medals over the next 37 years.



1995

Shaklee supplements take to space, joining every NASA space mission for the next 25 years.



2000

Shaklee becomes the first company in the world to be certified to offset 100% of its carbon emissions.



2017

Shaklee introduces YOUTH®, a revolutionary clean skin care system designed to help you look younger longer.



2020/2021

Shaklee introduces personalized nutrition, Meology™, reinventing the industry for a second time.

LANDMARK STUDIES

Two Studies, a Lifetime of Proven Results

The Landmark Studies comprise the first multi-study, comprehensive look at the health impacts of long-term usage of a broad array of dietary supplements. The two studies, conducted in collaboration with the University of California Berkeley (2005) and, later, Tufts University (2015), compared long-term Shaklee adherents with a control group of US adults who took either no supplements or two or fewer supplements.

The Results Speak for Themselves

32%

Lower Levels of Triglycerides

a critical biomarker for heart health*

13%

Lower Levels of Homocysteine

an indicator of brain and cognitive health*

36%

Lower Levels of C-Reactive Protein

a key biomarker for long-term biological stress*

32%

Higher HDL

"good" cholesterol associated with a lower risk of heart disease*

In the first study, members of the Shaklee group had healthier biomarkers and higher blood nutrient levels.* These differences generally persisted over the 10 years between the two studies. Additional findings from the 10-year follow-up study included a lower usage of medication in the Shaklee group, who were now an average age of 72.

Shaklee Users Had Lower Medication Usage vs. the US adults sample

97%

Lower Medication Use

20-39 years old

89%

Lower Medication Use

40-59 years old

83%

Lower Medication Use

60+ years old

*Data for nonusers was obtained from NHANES 2001-2002 and NHANES 1988-1994. Long-term Shaklee users clearly demonstrated lower levels of the most important heart-health biomarkers recognized by the American Heart Association.

The Shaklee Difference[®]

SAFE

3x US Pharmacopeia standards
350+ harmful contaminant tests
Over 100K quality tests are run annually
Our products are Beyond Organic

PROVEN

70+ patents/pending
110+ published clinical studies
on our products
Millions of healthy & happy customers

GUARANTEED

We stand behind our products with a 100% money-back guarantee—no questions asked.



**100% Guaranteed.
Even If It's 100% Used Up.**

Here's the Shaklee Difference: We believe in the safety and proven performance of all of our products. If you're not satisfied with any of our products, you can send them back to us for a full refund. Even if the container is empty.

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@SHAKLEEHQ



Be on the lookout!
We'll be launching new products in our new look and putting a fresh face on your favorites over the next year.

Me⁺ology™

Nutrition

Made Personal®

**Meology is made specifically for you—
not people like you.**

Meology delivers recommendations precisely for you and your individual needs using a precision-based approach that considers all of the individual things about you as well as how these things interact and come together to make you, you.

Matches Your Unique Needs. No More, No Less.

Get recommendations based on your diet, health, lifestyle, goals, behaviors, and biology—including blood test results and DNA data.





Down to the Molecular Level

Our Algorithm. Your Blood and DNA.

Meology uses information you may have from blood test results, DNA data, and a sophisticated algorithm to determine the supplements that are right for you.

110 Million+

possible combinations

640,000

decisions points

Your Blood Panel

from test results you provide

Your DNA Data

from companies like 23andMe® or Ancestry®



Blood test results and DNA data are optional, but allow for an even more uniquely tailored supplement plan.

Simplify Your Path

No more guesswork.
No more trial and error.



1 TAKE OUR QUICK ONLINE ASSESSMENT AT [MEOLOGY.COM](https://meology.com)



2 GET YOUR PERSONALIZED SUPPLEMENTS DELIVERED MONTHLY



3 GRAB YOUR DAILY-DOSE PACK EACH MORNING



Pick the plan that works for you

Starting at \$2/day

ESSENTIALS PLAN

Includes the supplements that are most important and foundational for you.



ESSENTIALS PLUS PLAN

We build upon your essentials plan to include more targeted solutions. All products are listed by importance, and you can edit what's included.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

All-in-One Superior Kids' Nutrition

With the nutrients kids need for healthy brain development, eye health, immune support, and overall wellness.*

Customize your pack at meologykids.com



Formulated to Support Your Kiddo's Growth & Development

100% DV

of 8 core nutrients

11

essential vitamins & minerals

3x more

DHA + EPA than other leading gummies

3

delicious flavors

1

convenient daily pack



Start Living Healthier with the Prove It Challenge®

Our most popular nutrition regimen. Reset your system, jump-start weight loss, and feel healthier and more energized in 30 days—guaranteed.

Only \$159 (first-time purchase only)

#89542

MEOLOGY™ PROVE IT CHALLENGE®

Price may vary depending on your Meology recommendations

PROVE IT CHALLENGE® #89526

PRICE: \$248.15 | PV: 139.74

FIRST-TIME PURCHASE SPECIAL

PRICE: \$159 | PV: 100

Days 1–7


Start with the 7-Day Healthy Cleanse to reset your system

Days 8–30

Adopt a daily nutrition routine. Replace one meal with our energizing Life Shake™ and take your Meology pack or Vitalizer™ strip to power your day



GLUTEN WHO? ALL SHAKLEE PRODUCTS ARE GLUTEN-FREE AND NON-GMO.

Find us on 

OfficialShaklee7DayHealthyCleanse

ShakleeProveItChallenge

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Customize Your Challenge

1

Start with Your Free 7-Day Healthy Cleanse



2

Choose Your Nutrition Plan

Meology (pg. 8, 19) Vitalizer (pg. 16)



3

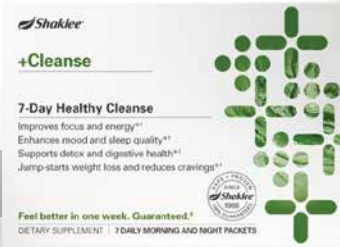
FIRST

Pick Your Protein (Soy or Pea)

NEXT

Pick Your Flavor

Vanilla | Chocolate
Strawberry (soy only) | Café Latte (soy only)



LIFE SHAKE™

Naturally Nourishing. Delightfully Decadent.

Clinically proven to help you thrive and create the foundation for a longer, healthier life.



Choose Your Protein



LIFE SHAKE™ WITH PLANT PROTEIN ☆

Our Plant Protein formula with pea protein plus a proprietary blend of chia and pumpkin seed protein.

CANISTER/14 SERVINGS

FRENCH VANILLA #21333
RICH CHOCOLATE #21335
RETAIL PRICE: \$57.05
MEMBER PRICE: \$48.50
PV: 27.00

POUCH/28 SERVINGS

FRENCH VANILLA #21334
RICH CHOCOLATE #21336
RETAIL PRICE: \$102.95
MEMBER PRICE: \$87.50
PV: 50.00

LIFE SHAKE™ WITH SOY PROTEIN ☆

Our Soy Protein formula plus a proprietary blend of chia and pumpkin seed protein.

CANISTER/14 SERVINGS

FRENCH VANILLA #21321
RICH CHOCOLATE #21324
STRAWBERRY #21327
CAFÉ LATTE #21329
RETAIL PRICE: \$57.05
MEMBER PRICE: \$48.50
PV: FRENCH VANILLA 30.00
RICH CHOCOLATE 30.50
STRAWBERRY 31.50
CAFÉ LATTE 32.00

POUCH/28 SERVINGS

FRENCH VANILLA #21322
RICH CHOCOLATE #21325
STRAWBERRY #21328
CAFÉ LATTE #21330
RETAIL PRICE: \$102.95
MEMBER PRICE: \$87.50
PV: FRENCH VANILLA 56.00
RICH CHOCOLATE 56.00
STRAWBERRY 57.00
CAFÉ LATTE 57.00

It Just Takes 2 Scoops To Get

24 ESSENTIAL VITAMINS AND MINERALS

Supports heart, brain, vision, bone, immune, and overall health. Includes 120 mg of calcium plus ALA, an essential omega-3 fatty acid, and more.

DIGESTIVE HEALTH AND REGULARITY

6 g Dietary fiber and our proprietary prebiotic from an ancient grains blend.

ENERGY AND SATIETY

20 g Ultra-pure, non-GMO protein with precise ratios of all 9 essential amino acids.

AMAZINGLY DELICIOUS AND LOW-GLYCEMIC

Features our new sweetener system (Reb M + 5 g natural cane sugar) for low impact on already healthy blood sugar.

HEALTHY WEIGHT AND MAINTENANCE

Powered by Leucine® to help build lean muscle, burn fat, and support metabolism.†



Maintain or Lose Weight†



Maintain a healthy weight with 1 Life Shake a day

Lose weight† with 2 Life Shakes a day



POWERED BY LEUCINE®

Leucine helps to preserve and increase lean muscle to increase metabolism.

HELPS YOU:†

- Build lean muscle
- Burn fat
- Support metabolism
- Reduce cravings



Your shake's power partner

ORGANIC GREENS BOOSTER BEST SELLER ☆

Organic Greens Booster is a whole food supplement providing one cup of raw, organic, nutrient-rich green vegetables in every scoop, making it easy to get the vegetables often missed in meals.

#21306 30 SERVINGS
RETAIL PRICE: \$30.30
MEMBER PRICE: \$25.75 | PV: 14.70

†As part of the Shaklee 180® Program. Clinical study participants replaced two meals with Shaklee Life Shake daily and followed a 45-minute exercise program twice weekly. See full details of Life Shake clinical studies at healthresource.shaklee.com.

All-Inclusive Advanced Nutrition

Features the patented S.M.A.R.T. Delivery system to help improve absorption of key nutrients in the body



S.M.A.R.T.™

Shaklee
Micronutrient
Advanced
Release
Technology™

VITALIZER™

Vitalizer provides advanced nutrition with a full spectrum of clinically supported vitamins, minerals, antioxidants, phytonutrients, omega-3 fatty acids, probiotics, and more in one convenient Vita-Strip®.

Joint Comfort*, More Energy*, Healthy Skin*, Healthy Digestion*, Healthy Heart*, Immune Support*, Strong Bones*, Healthy Vision*, Healthy Brain*

INCLUDES:



VITALIZER™ MEN #20282

VITALIZER™ WOMEN #20283

30 VITA-STRIPS®

RETAIL PRICE: \$96.00

MEMBER PRICE: \$81.60 | PV: 55.56

VITALIZER™ GOLD #20284

VITALIZER™ GOLD (W/OUT K) #20285

30 VITA-STRIPS®

RETAIL PRICE: \$103.00

MEMBER PRICE: \$87.55 | PV: 59.58

VITA-LEA® ADVANCED MULTIVITAMIN

Designed to dissolve in less than 30 minutes in the stomach and to enhance absorption of folic acid from the patented microcoating.

B+C COMPLEX

Provides up to 198% greater absorption of B vitamins over 12 hours, as shown in a clinical study, through sustained-release delivery to the small intestine.

All this in just one daily Vita-Strip® or Life-Strip®‡

7 MEDIUM ORANGES FOR VITAMIN C‡

8 CUPS OF MILK FOR VITAMIN D‡

15 SERVINGS OF STEAK‡ FOR VITAMIN B12

27 SERVINGS OF ALMONDS‡ FOR VITAMIN E

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Life-Strip® has clinically proven nutrients designed to help create the foundation for a longer, healthier life.*



LIFE-STRIP® WITH IRON OR WITHOUT IRON

The culmination of years of research and quality testing to guarantee it delivers pure and potent vitamins, minerals, omega-3 fatty acids, polyphenols, antioxidants, and phytonutrients to help provide you with the foundation for a longer, healthier life.*

Your daily Life-Strip includes Vivix. An all-natural blend of powerful polyphenols, backed by six patents, designed to SLOW AGING AT THE CELLULAR LEVEL®.*



LIFE-STRIP® WITH IRON #21294
LIFE-STRIP® WITHOUT IRON #21293
 30 LIFE-STRIPS®
 RETAIL PRICE: \$205.95
MEMBER PRICE: \$175.05 | PV: 114.23

CAROTO-E-OMEGA

Ultra-pure omega-3 fatty acids sustainably sourced from wild fish from pure Alaskan waters, plus carotenoids and vitamin E, delivered to the upper intestine.

OPTIFLORA® PEARL PROBIOTIC

Delivers healthy microflora to the lower intestine through our triple-layer encapsulation technology, protecting them from stomach acid.



17 BANANAS FOR VITAMIN B6†



32 SPEARS OF ASPARAGUS FOR LUTEIN‡, ZEAXANTHIN‡



8 CUPS OF PEAS FOR FOLIC ACID‡



3 SLICES OF CHEESE FOR CALCIUM‡

†Laboratory studies show that Vivix® key ingredients protect and repair cellular DNA.

‡Food equivalence may vary depending on a number of factors, such as source and preparation. Every food provides nutrients beyond those listed in the above chart. Detailed nutritional information can be found in the Life-Strip and Vitalizer supplement facts boxes.

∞A serving of nuts = 1 oz.; a serving of steak = 3 oz. Folic acid equivalency is for Vitalizer Women.

MULTIVITAMINS & NUTRITION REGIMENS

Everyday Essentials

Based on 7 clinical studies and backed by 100 years of innovation, Vita-Lea® is packed with essential minerals plus 100% DV or more of all vitamins. Features the patented Bioactivated Absorption System™, designed to enhance absorption of folic acid.



VITA-LEA® WOMEN ☆
For energy, immunity, and healthy appearance*

Great as a pre- and postnatal with 800 mcg folic acid, 290 mcg iodine, and 18 mg iron.†



VITA-LEA® MEN ☆
For energy, immunity, metabolism, muscle, and vitality*



VITA-LEA GOLD® ☆
For energy, heart, brain, eye, and bone*

1,000% DV vitamin B12 plus N-acetylcysteine to protect against free radical damage.*

120 TABLETS/60 SERVINGS
WOMEN #20288 | MEN #20286
RETAIL PRICE: \$27.90
MEMBER PRICE: \$23.70
PV: 17.70

GOLD #20290
GOLD WITHOUT K #20291
RETAIL PRICE: \$31.45
MEMBER PRICE: \$26.70
PV: 19.95

240 TABLETS/120 SERVINGS
WOMEN #20289 | MEN #20287
RETAIL PRICE: \$49.60
MEMBER PRICE: \$42.15
PV: 31.45



CITRIBOOST® 
Multivitamin in powder form

#20635 137 GRAMS/30 SERVINGS
RETAIL PRICE: \$36.70
MEMBER PRICE: \$31.15 | PV: 23.30



†Women who are iron deficient should consider taking Shaklee Iron Plus C supplement for additional, enhanced iron absorption.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

The daily supplement plan that's precisely personalized to you. Learn more on pg. 8.

Daily Nutrition Plans



LIFE PLAN®

Live your best life with our comprehensive nutrition system

Our most premium plan, Life Plan, combines Life-Strip® (on pg. 17) and your choice of Life Shake™ (on pg. 14). The plan is designed to give you essential nutrients for a longer, healthier life.*

#89383
RETAIL PRICE: \$304.80
MEMBER PRICE: \$259.10
PV: 170.00



VITALIZING PLAN

Feel healthier and more energized in just 30 days*

Includes protein-rich Life Shake™ and the advanced nutrition of Vitalizer™, delivering the essential vitamins and minerals your body needs.

#89384
RETAIL PRICE: \$199.65
MEMBER PRICE: \$169.70
PV: 113.34



IMMUNITY CHALLENGE PLAN

Boost your system with powerful nutrition

Combines Vitalizer™, Life Shake™, and NutriFeron® to build optimal immunity and support overall health.*

#89550
RETAIL PRICE: \$246.90
MEMBER PRICE: \$209.85
PV: 143.35



SHAKLEE HAS BEEN TO THE MOON AND BACK. NO, REALLY. WE'VE BEEN ON EVERY NASA SPACE MISSION SINCE 1995.

IMMUNITY

Give Your Immune System A Triple Boost*



TRIPLE DEFENSE BOOST ☆

Delivers three powerful components to support your immune system: essential vitamins and minerals, unique blends of immune-boosting botanicals, and immune-defending antioxidants.

#21388 28 SERVINGS | RETAIL PRICE: \$47.00 | MEMBER PRICE: \$39.95 | PV: 27.25



Immune Support +

Contains efficacious amounts of critical immune-supporting nutrients, vitamin C (1,000 mg) and vitamin D (50 mcg, or 2,000 IU), plus zinc (2 mg). These nutrients provide the nutritional foundation needed to support healthy immune function.*



Immune Boost ⚡

Contains a patent-pending proprietary botanical blend of yeast beta-glucan, Reishi mushroom extract, and Panax ginseng designed to engage and boost immune responses.*



Immune Defense +

Contains a second proprietary blend of elderberry, quercetin, and echinacea to help protect the complex and hard-working immune system.*

5.8X

increase in the number of critical immune cells†



Great-tasting berry-flavored drink mix in a convenient stick pack

†Immune Boosting Blend in laboratory studies compared to control.

*Claim refers to phytonutrient blend.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



WANT 15% OFF EVERYTHING?
WITH MEMBERSHIP RECEIVE 15% OFF RETAIL
PRICE ON EVERY PRODUCT, EVERY DAY.
SHAKLEE.COM/MEMBER-BENEFITS



NUTRIFERON® ☆
 Breakthrough
 botanical immune
 support*

Scientists and medical communities have identified interferon as being crucial to healthy immune function.

NutriFeron contains an exclusive, patented formula developed by the renowned immunologist Dr. Yasuhiko Kojima and designed to naturally increase levels of interferon and provide immune support at the cellular level.**

#20962 60 CAPLETS/
 30 SERVINGS
 RETAIL PRICE: \$47.25
MEMBER PRICE: \$40.15
 PV: 30.00



DEFEND & RESIST
COMPLEX ☆
 Supercharge your
 immune system with
 herbal support
 and zinc*

Bolster your immune system with standardized extracts of echinacea, black elderberry, and larch tree. These extracts stimulate the body's natural resistance during seasonal changes, when it needs that extra defense.* Swallow, chew, or drink as a tea.

#20613 90 TABLETS/
 15 SERVINGS
 RETAIL PRICE: \$20.95
MEMBER PRICE: \$17.80
 PV: 13.30



VITALIZED
IMMUNITY™ ☆
 As much vitamin C
 as 16 oranges

Delicious effervescent drink provides broad spectrum immune support via a blast of vitamin C.* Natural citrus flavor.

#22073 15 TABLETS/
 15 SERVINGS
 RETAIL PRICE: \$26.85
MEMBER PRICE: \$22.80
 PV: 16.50



IMMUNITY
FORMULA I®
 Daily immune system
 support with nine
 immunoactive
 nutrients*

Exclusive blend that provides dietary support for the immune system.

#20241 60 CAPSULES/
 60 SERVINGS
 RETAIL PRICE: \$23.10
MEMBER PRICE: \$19.65
 PV: 14.65

HEALTHY AGING

Defy Your Age

VIVIX®

Slow aging at the cellular level®*

Backed by six patents, Vivix contains an all-natural blend of a broad spectrum of polyphenols based on the muscadine grape featuring superior concentrations of ellagic acid and ellagitannins that, when combined with other polyphenols, yield immense antioxidant power.*

- Protects and repairs cellular DNA**
- Slows cellular aging**
- Increases cellular energy**
- Activates cellular defenses and neutralizes free radicals**
- Helps preserve telomeres**
- Supports eye health**

VIVIX® LIQUID

DIETARY SUPPLEMENT

#21500 5.1 FL. OZ./30 SERVINGS

#22911 5.1 FL. OZ./30 SERVINGS ☆

(REFRIGERATION REQUIRED)

RETAIL PRICE: \$103.00

MEMBER PRICE: \$87.55

PV: 54.65

VIVIX® LIQUID GELS SUPPLEMENT

#21501 60 LIQUID GELS/30 SERVINGS

RETAIL PRICE: \$103.00

MEMBER PRICE: \$87.55

PV: 54.65



13X

More Powerful than
Resveratrol Alone

In slowing a key
mechanism of aging†

57%

Lower Rate of Age-
Related Telomere
Shortening

Across the adult age range
compared to a healthy
control group†

†Laboratory studies show that Vivix key ingredients protect and repair DNA and slow cellular aging: Fisher, L., T. Ianiro, F. Lau, H. Wang and B. Daggy. Synergistic effects of phenolic mixtures in human cell models of aging. Experimental Biology 2015, Boston, Massachusetts, March 28-April 1, 2015. FASEB Journal 29:608.36, 2015.

In a clinical study, key ingredients were shown to blunt the inflammatory response of healthy people to an unhealthy meal, which can lead to cellular aging over time: Ghanim H, Sia CL, Korzeniewski K, Lohano T, Abuaysheh S, Marumganti A, Chaudhuri A, Dandona P. A resveratrol and polyphenol preparation suppresses oxidative and inflammatory stress response to a high-fat, high-carbohydrate meal. J Clin Endocrinol Metab 96(5):1409-1414, 2011.

‡Wang et al., Telomere Length of Multiple Dietary Supplement Users – A Cross-sectional Study in Comparison with Age-matched Controls. Journal of Food and Nutrition Sciences 2018; 6(5): 129-134.

§McHugh RT, Hollins JL, Lau FC, Daggy BP. Effect of the combination of AREDS2 formulation and a polyphenol preparation on dry age-related macular degeneration: analysis of case studies. Presented at the American Society for Nutrition's Advances & Controversies in Clinical Nutrition Conference, National Harbor, MD. December 2014.

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Vivix is available in
Liquid or Liquid Gels



TELOMERE STUDY

Keeping Telomeres From Shortening May Help You Live a Longer, Healthier Life.

Shaklee Scientific Advisory Board Member **Dr. Elizabeth Blackburn** is a **Nobel Prize Winner in Medicine** and considered the top authority on telomere science. In partnership with Dr. Blackburn, we proved that using Shaklee supplements long-term leads to a 57% lower rate of telomere shortening across the adult age range compared to a healthy control group.†



CAROTOMAX®

CarotoMax promotes your long-term eye health and supports your overall wellness by delivering all six of the important multitasking antioxidants called carotenoids that protect your cells against damage.*

#20652
30 SOFTGELS
30 SERVINGS
RETAIL PRICE: \$23.10
MEMBER PRICE: \$19.65
PV: 14.65

#20653
90 SOFTGELS
90 SERVINGS
RETAIL PRICE: \$65.10
MEMBER PRICE: \$55.35
PV: 41.30

Powered by the
muscadine grape
and its powerful
polyphenols



HEALTHY AGING & ENERGY

Your Daily Beauty Booster

COLLAGEN-9™

The Most Complete Collagen Product

Collagen-9™ is derived from collagen types I and III and uniquely designed to include all 9 essential amino acids needed to support protein synthesis, including collagen and other proteins. Combined with biotin and vitamin C, these crucial nutrients aid in promoting healthy hair, skin, nails, and joints.*



Includes ALL 9 essential amino acids

10 g Collagen Per Serving

Derived from collagen types I and III.

100% DV of Biotin

Supports healthy hair, skin, and nails.*

100% DV of Vitamin C

Protects against damage caused by free radicals and aids in collagen synthesis.*

100% Hydrolyzed Collagen

Quickly digested and absorbed.*
Dissolves easily into your favorite drink.

COLLAGEN-9™

#21401 8.2 OZ. (231.2 g)/20 SERVINGS

RETAIL PRICE: \$34.70

MEMBER PRICE: \$29.50

PV: 16.50



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Energy Now. Energy Later. Naturally.



SUSTAINED ENERGY BOOST*

Power your day with a long-lasting boost of energy

Energy when you need it. Always! Powered by 100 mg of caffeine from green coffee bean extract and green tea extract. Paired perfectly with chardonnay grape seed extract to support healthy circulation, so your body gets the caffeine it needs to keep you going.*

Directions - Mix 1 stick with 8–10 oz. of water. Shake it up. Take a sip. Get going!

#21406 RASPBERRY

#21405 PINK GRAPEFRUIT

14 STICKS

RETAIL PRICE: \$23.45

MEMBER PRICE: \$19.95

PV: 12.00



CORENERGY® ☆

Lasting energy and vitality*

Unique blend of cordyceps-derived extract, ginseng & green tea designed to support sustained energy and vitality throughout the day.* Cordyceps and ginseng are traditionally used as energizers. Polyphenols in green tea promote sustained vitality.*

#20732 | 90 VEGETARIAN CAPSULES/30 SERVINGS

RETAIL PRICE: \$38.85 | **MEMBER PRICE: \$33.00** | PV: 24.65

MIND, STRESS, MOOD

Think Fast. Stay Sharp.

MINDWORKS® ☆

Neural connections in our brains start declining as early as age 20, and by age 45, this decline occurs more rapidly. MindWorks® ingredients have been clinically shown to improve your mental sharpness and focus, delivering vital nutrients to promote and protect a healthy brain as you age.*

Designed for healthy circulation, which is critical for the delivery of oxygen and key nutrients to the brain.*

Powered by an exclusive, double-patented, water-based chardonnay seed extract and guarana extract

#22066
30 TABLETS/30 SERVINGS
RETAIL PRICE: \$60.45
MEMBER PRICE: \$51.40
PV: 38.37

Designed for
healthy circulation



3X

better short-term
memory and
focus responses^{†§}
Protects against age-
related mental decline^{*†‡}

Key ingredients slowed
brain shrinkage rate by

30%

over 2 years[‡]

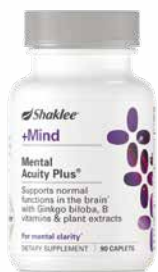
*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

STRESS RELIEF COMPLEX* ☆

Nondrowsy formula designed to help relieve tension & stress*

Promotes a calm, relaxed state using a blend of L-theanine, ashwagandha, beta-sitosterol, and L-tyrosine to help reduce feelings of stress without causing drowsiness.* Safe for everyday use.*

#20656 30 CAPLETS/30 SERVINGS
RETAIL PRICE: \$33.30
MEMBER PRICE: \$28.30 | PV: 21.15



MENTAL ACUITY PLUS®

For mental clarity*

Supports brain health & function with Ginkgo biloba, B vitamins & plant extracts.*

#20637 90 CAPLETS/30 SERVINGS
RETAIL PRICE: \$40.90
MEMBER PRICE: \$34.75 | PV: 25.95



MOODLIFT® COMPLEX*

For positive mental outlook and a sense of wellness*

Unique herbal blend contains St. John's wort, which research shows provides support for a positive mental outlook after four to six weeks of use, and inositol, which plays an active role in the proper transmission of nerve signals.*

#20625 120 CAPSULES/30 SERVINGS
RETAIL PRICE: \$36.70
MEMBER PRICE: \$31.15 | PV: 23.30

†Clinically tested key ingredients. §At six hours versus control.
#Based on a two-year study of 223 adults with mild cognitive impairment.

SLEEP

Fall Asleep Faster. Wake Up More Rested.

DREAM SERENE ☆

All-night Zzz's.

Helps you fall asleep, stay asleep, and alleviate occasional sleeplessness.* This patent-pending formula contains melatonin and a proprietary blend of valerian, lemon balm, and L-theanine to promote more restful sleep.*

Regulates the sleep-wake cycle*

Melatonin is clinically proven to help you fall asleep faster¹⁻⁴

Clinically tested herbal blend

The synergistic blend of valerian extract and lemon balm has been clinically tested to improve sleep quality⁵

Lessens normal stress response*

L-theanine may aid in decreasing the body's response to stress

Take one softgel 30 minutes before bedtime.

#21400 30 SOFTGELS/30 SERVINGS

RETAIL PRICE: \$25.00

MEMBER PRICE: \$21.25

PV: 15.50



1. Attenburrow, M.E., P.J. Cowen, and A.L. Sharpley, Low dose melatonin improves sleep in healthy middle-aged subjects. *Psychopharmacology (Berl)*, 1996. 126(2): p. 179-81.

2. Wurtman, R.J. and I. Zhdanova, Improvement of sleep quality by melatonin. *Lancet*, 1995. 346(8988): p. 1491.

3. Zhdanova, I.V., et al., Sleep-inducing effects of low doses of melatonin ingested in the evening. *Clin Pharmacol Ther*, 1995. 57(5): p. 552-8.

4. Dawson, D., S. Gibbon, and P. Singh, The hypothermic effect of melatonin on core body temperature: is more better? *J Pineal Res*, 1996. 20(4): p. 192-7.

5. Taavoni, S., N. Nazem Ekbatani, and H. Haghani, Valerian/lemon balm use for sleep disorders during menopause. *Complement Ther Clin Pract*, 2013. 19(4): p. 193-6.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

For a Healthy Heart and So Much More

Omega-3s are important components of the membranes surrounding each and every cell in your body. These essential fatty acids are key in supporting heart, immune, brain, eye, skin, and joint health.



OMEGAGUARD®
Highly purified and sustainably sourced

Our original omega-3 product. Promotes brain, eye, heart, and joint wellness with a full spectrum of omega-3 fatty acids from sustainable fish oil to ensure it's as good for the planet as it is for you.*

#22077
60 SOFTGELS/30 SERVINGS
RETAIL PRICE: \$20.55
MEMBER PRICE: \$17.45
PV: 13.00

#22078
180 SOFTGELS/90 SERVINGS
RETAIL PRICE: \$53.25
MEMBER PRICE: \$45.25
PV: 34.00



OMEGA-3 GELLYS™
Revolutionary new technology promotes superior absorption*

Delivers 3x more pure DHA + EPA than leading gummies to support brain, eye, joint, immune, and skin health.* And it has a delightful Strawberry Lemonade flavor!

#21403
30 GELLYS/30 OR 15 SERVINGS
RETAIL PRICE: \$\$23.45
MEMBER PRICE: \$19.95
PV: 11.50



VEGAN OMEGA-3 ☆
Plant-based omega-3s derived from algae

Provides pure, potent, natural, sustainable omega-3 fatty acids sourced from algae—not fish—to support brain, eye, heart, and joint wellness.*

#21395
60 SOFTGELS/30 SERVINGS
RETAIL PRICE: \$35.25
MEMBER PRICE: \$29.95
PV: 15.00



Do Your Heart Some Good



COQHEART® WITH Q-TROL®

Supports your heart and blood vessel health using an all-natural, proprietary blend of clinically tested coenzyme Q₁₀ plus resveratrol shown to help your mitochondria turn nutrients into energy to power your cells.*

- Delivers 100 mg of coenzyme Q₁₀ to help replenish levels in your blood and facilitate energy production in your cells*
- Protects arteries against the oxidation of low-density lipoproteins (LDLs), which may help promote blood vessel function in laboratory studies*

#22076 30 SOFTGELS/30 SERVINGS

RETAIL PRICE: \$38.70 | **MEMBER PRICE: \$32.90** | PV: 24.00



CHOLESTEROL REDUCTION COMPLEX** ☆

Helps reduce your LDL ("bad") cholesterol using naturally occurring plant sterols and stanols that compete with dietary cholesterol for absorption.*

#22079

120 TABLETS/60 SERVINGS
(30-DAY SUPPLY)

RETAIL PRICE: \$53.35

MEMBER PRICE: \$45.35

PV: 30.00



BLOOD PRESSURE

Unique formulation including potassium nitrate, magnesium, and quercetin to support circulation and arterial health, key components to help retain already healthy blood pressure.*

#22067

60 TABLETS/30 SERVINGS
RETAIL PRICE: \$53.35

MEMBER PRICE: \$45.35

PV: 33.47



**SMARTHEART™
BLOOD PRESSURE REGIMEN***

This regimen is designed to support optimal cardiovascular health and an already healthy blood pressure. Includes OmegaGuard®, Blood Pressure, and CoQHeart®.

#89338 | RETAIL PRICE: \$107.70
MEMBER PRICE: \$91.55 | PV: 67.40



**SMARTHEART™
CHOLESTEROL REGIMEN****

This regimen is designed to support optimal cardiovascular health while reducing cholesterol. Includes OmegaGuard®, Cholesterol Reduction Complex*, and CoQHeart®.

#89346 RETAIL PRICE: \$107.70
MEMBER PRICE: \$91.55 | PV: 64.10

*To lower cholesterol, the National Institutes of Health recommends eating less saturated fat and cholesterol, exercising, losing weight, eating more soluble fiber, and consuming 2,000 mg of plant sterols and stanols daily.

BONE & JOINT SUPPORT

Strong and Able



ADVANCED JOINT HEALTH COMPLEX* ☆

Contains a precise combination of glucosamine, a fast-acting form of boswellia, plus zinc, copper, manganese, and vitamin C. The ingredients in *Advanced Joint Health Complex** are clinically shown to improve joint comfort, all while helping to support healthy connective tissue and cartilage and promote flexibility.*

#20281 60 CAPLETS/30 SERVINGS

RETAIL PRICE: \$46.00 | **MEMBER PRICE: \$39.10** | PV: 29.00



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Strong bones need more than just calcium

OSTEOMATRIX® ☆

Specially formulated to build and maintain strong bones, minimize bone loss[‡], and support healthy nerves, using a unique combination of key nutrients—100% of your Daily Values of calcium and magnesium delivered, along with other minerals, vitamin D, and vitamin K.

- Highly concentrated and easily absorbed sources of elemental calcium
- Magnesium to help strengthen bones*
- Vitamin D to stimulate calcium absorption
- Includes vitamin K, zinc, copper, and manganese
- Small, easy-to-swallow coated caplets

#21217 120 CAPLETS/30 SERVINGS

RETAIL PRICE: \$17.25

MEMBER PRICE: \$14.65

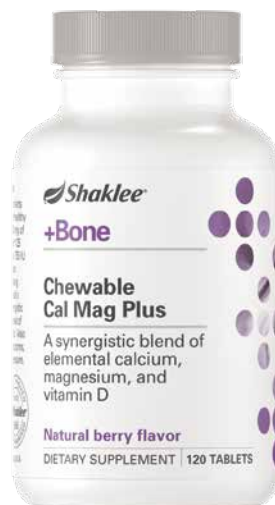
PV: 10.95

#21218 360 CAPLETS/90 SERVINGS

RETAIL PRICE: \$42.85

MEMBER PRICE: \$36.40

PV: 27.15



CHEWABLE CAL MAG PLUS ☆

Helps maintain healthy bones and teeth and support healthy nerves, filling your body's nutritional gaps with a synergistic blend of calcium (1,300mg) and magnesium (125mg), plus vitamin D (18.75 mg, or 750 IU) to help your body absorb the calcium.*[‡]

#21216 120 TABLETS/30 SERVINGS

RETAIL PRICE: \$19.95

MEMBER PRICE: \$16.95

PV: 12.65



WE'RE NOT AFRAID TO GET OUR HANDS DIRTY. SHAKLEE HAS PLANTED 1 MILLION TREES AND WE'RE COMMITTED TO PLANTING 10 MILLION MORE.

[‡]Adequate calcium and vitamin D throughout life, as part of a well-balanced diet and regular exercise, may reduce the risk of osteoporosis. Adequate calcium intake is important, but daily intake above 2,000 mg is not likely to provide additional benefits.

PAIN RELIEF & TURMERIC

Plant-Based Pain Relief



PAIN RELIEF COMPLEX* ☆

Natural relief for pain caused by overexertion*

Exclusive patented blend of boswellia and safflower extracts helps relieve discomfort from overexertion and promotes flexibility and comfortable movement.*

Key ingredients were shown in laboratory studies to inhibit activity of the COX enzyme pathway that contributes to muscle pain.

Gentle on the stomach. Contains no aspirin.

#20667 90 CAPLETS/30 SERVINGS

RETAIL PRICE: \$36.70

MEMBER PRICE: \$31.15

PV: 23.30



JOINT & MUSCLE PAIN CREAM

Temporary relief from joint and muscle pain caused by overexertion

Deep-penetrating, nongreasy formula contains natural plant extracts with pain-relieving, cooling menthol, providing relief from minor pain associated with backaches, post-workout soreness, and more.

#31051 3 OZ.

RETAIL PRICE: \$27.30

MEMBER PRICE: \$23.20

PV: 17.30



1 BOTTLE OF OUR BASIC H²O¹ = 5,824 BOTTLES OF WINDEX[®]. THAT'S LESS PLASTIC AND MORE GREEN.

1. Sterling Laboratories conducted performance comparisons on March 1, 2020. 26-oz. bottle of Windex[®]. All trademarks are the property of their respective owners.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Gold Standard Antioxidant Power

TURMERIC BOOST ☆

Extra-strength formula standardized to contain 95% curcuminoids. Add antioxidant power to your daily routine with 500 mg of turmeric extract per capsule plus 5 mg black pepper extract to enhance absorption.*

#21376 60 CAPSULES/60 SERVINGS
RETAIL PRICE: \$47.00 | **MEMBER PRICE: \$39.95** | PV: 27.25

20X

More Curcuminoids than
Turmeric Root



Other turmeric supplements on the market include turmeric root, which contains only 3–5% curcuminoids. Our formula uses turmeric extract standardized to contain 95% curcuminoids to give you a superior amount of turmeric's powerful antioxidants.

DIGESTIVE HEALTH

Get That Good Gut Feeling

HERB-LAX® ☆

For occasional irregularity*

A gentle, natural laxative that uses a unique combination of senna leaf and other herbs to help keep your digestive system healthy and regular.

#20141

240 TABLETS/60 SERVINGS

RETAIL PRICE: \$26.25

MEMBER PRICE: \$22.30

PV: 16.65



WANT FREE SHIPPING? BECOME A MEMBER AND GET FREE SHIPPING ON ORDERS OVER \$150 AND \$8 FLAT-RATE SHIPPING ON EVERYTHING ELSE.† [SHAKLEE.COM/MEMBER-BENEFITS](https://www.shaklee.com/member-benefits)

†Preferred Members receive Free Standard Shipping on all orders of \$150 or more OR enjoy \$8 flat-rate shipping on orders less than \$150—excluding 5- and 30-gallon supplies of Classic Basic-H®. Orders must be at least \$150 or more before shipping, handling, taxes, and discounts are applied in order to receive Free Standard Shipping.

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STOMACH SOOTHING COMPLEX*

Helps relieve and soothe an upset stomach by combining peppermint, ginger, fennel, and anise—four of nature’s best solutions for stomach discomfort.*

#20601
90 TABLETS/30 SERVINGS
RETAIL PRICE: \$11.50
MEMBER PRICE: \$9.75
PV: 7.30



EZ-GEST® ☆

Supports digestion with five digestive enzymes that help relieve discomfort you may feel after eating.

#20633
30 CAPSULES/30 SERVINGS
RETAIL PRICE: \$23.10
MEMBER PRICE: \$19.65
PV: 14.65



SHAKLEE FIBER PLAN® ☆

Dietary fiber promotes colon health, digestive health, and regularity by speeding up the rate at which food passes through the digestive tract.*

#20307
10.6 OZ. (300 GRAMS)
60 SERVINGS
RETAIL PRICE: \$42.00
MEMBER PRICE: \$35.70
PV: 23.99

CLEANSE, DETOX, PROBIOTICS

Feel Healthier in One Week. Guaranteed.[§]

7-DAY HEALTHY CLEANSE [☆]

Our Healthy Cleanse combines a carefully selected combination of Shaklee supplements with a supporting diet plan for those looking for digestive support, a jump-start to weight loss, or simply more energy. Includes an easy-to-follow step-by-step cleanse guide.

#21318 7 DAILY MORNING AND NIGHT PACKETS | RETAIL PRICE: \$48.45 | **MEMBER PRICE: \$41.20** | PV: 25.00



IMPROVES FOCUS & ENERGY**



ENHANCES MOOD & SLEEP QUALITY**



SUPPORTS DETOX & HEALTHY DIGESTION**



JUMP-STARTS WEIGHT LOSS & REDUCES CRAVINGS**



AM



OPTIFLORA® DI PROBIOTIC

ALFALFA COMPLEX

LIVER DTX® COMPLEX



PM



ALFALFA COMPLEX

LIVER DTX® COMPLEX

HERB-LAX®

- **Graze on vegetables and fruits all day**, ideally eating at least every 2 hours and drinking lots of water. Take **AM supplements with food**.
- **Eat your vegetables** raw or steam or sauté them with a little healthy fat like olive or avocado oil to get the most phytonutrients.
- Drink at least **6–10 glasses of water** each day.
- **Eat a large salad with full-fat dressing** or vegetable stir-fry with a starchy vegetable for your evening meal.
- Take your **PM packet before bedtime**.



†Preliminary Study Results showed an average weight loss of 6.8 pounds with a 1.62-inch decrease in waist circumference, plus increased focus, energy, and improved sleep quality. Based on a pilot study conducted by three Shaklee Distributors—a medical doctor and two nutritionists—under the supervision of Shaklee Medical Affairs. ‡Ingredients tested in laboratory studies. §Or your money back.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



10 Billion CFUs | No Refrigeration Required

OPTIFLORA® DI ☆

Clinically proven probiotic for digestive and immune health**

Delivers unique benefits via a proprietary formula with 10 billion CFUs with 4 bacterial strains, including the powerhouse *Bifidobacterium lactis* HN019™, clinically proven to support both digestive and immune health.*

At least 70% of our immune system is in our gut. Optiflora DI adds "good" bacteria to our gut, supporting immune health.*1

Helps maintain digestive health and regularity & reduce occasional gas, bloating, and constipation.*2

OPTIFLORA® DI #21320 30 CAPSULES/30 SERVINGS
RETAIL PRICE: \$36.40 | **MEMBER PRICE: \$30.90** | PV: 21.20

Everyday Support for Digestive Health*

Optiflora is a unique pre- and probiotic system that helps maintain a healthy intestine.* Once the probiotics are delivered to the digestive system, prebiotics deliver important nutrients that healthy intestinal bacteria need to grow and thrive.*

OPTIFLORA® PREBIOTIC COMPLEX ☆

Helps maintain a healthy digestive balance*
Provides nutrients to feed friendly bacteria*

OPTIFLORA® PEARL PROBIOTIC

Helps promote intestinal health and balance*

OPTIFLORA® TWO-PRODUCT SYSTEM
#80638, 30 SERVINGS | RETAIL PRICE: \$34.60
MEMBER PRICE: \$29.40 | PV: 21.95

OPTIFLORA® PREBIOTIC COMPLEX (POWDER)
#20638 30 SERVINGS | RETAIL PRICE: \$13.60
MEMBER PRICE: \$11.55 | PV: 8.65

OPTIFLORA® PEARL
#20639 30 CAPSULES/30 SERVINGS
RETAIL PRICE: \$23.10
MEMBER PRICE: \$19.65 | PV: 14.65



Protects liver cells from toxins*

LIVER DTX® COMPLEX ☆

Your liver is your first defense against toxins. Liver DTX contains milk thistle seed extract standardized to contain 80% silymarin, shown in laboratory studies to protect liver cells from toxic substances and oxidative stress. Plus, silymarin's antioxidant properties help maintain liver cell integrity. Also includes dandelion, turmeric, and artichoke to help maintain healthy bile flow and aid in the liver's natural detoxification process.**

#20616 90 CAPLETS/30 SERVINGS
RETAIL PRICE: \$45.15
MEMBER PRICE: \$38.40
PV: 28.65



**See clinical studies on *Bifidobacterium lactis* HN019 at shaklee.com

1. Gill HS, Rutherford KJ, Cross ML, Gopal PK. Enhancement of immunity in the elderly by dietary supplementation with the probiotic *Bifidobacterium lactis* HN019. *Am J Clin Nutr*. 2001 Dec;74(6):833-9.

2. Waller PA, Gopal PK, Leyer GJ, Ouwehand AC, Reifer C, Stewart ME, Miller LE. Dose-response effect of *Bifidobacterium lactis* HN019 on whole gut transit time and functional gastrointestinal symptoms in adults. *Scand J Gastroenterol*. 2011 Sep;46(9):1057-64.

Specialized Solutions



GLUCOSE REGULATION COMPLEX* ☆

Helps keep your blood sugar levels steady using a unique blend of scientifically supported ingredients that help your body use glucose more efficiently.*

#20749
60 CAPSULES/30 SERVINGS
RETAIL PRICE: \$34.50
MEMBER PRICE: \$29.35
PV: 21.90



SAW PALMETTO COMPLEX

Supports your prostate health and helps maintain proper urinary function with a unique and natural blend of saw palmetto berry extract, pumpkinseed oil, and enriched sources of beta-sitosterol.*

#20607
60 CAPSULES/60 SERVINGS
(30-DAY SUPPLY)
RETAIL PRICE: \$45.15
MEMBER PRICE: \$38.40
PV: 28.65



ALFALFA COMPLEX ☆

Abundant in vitamins, minerals, and chlorophyll. Alfalfa is a true superfood, thanks to its deep roots that access resources other plants can't. Ultra-pure and premium with no fungicides, bacteriocides, synthetic hormones, growth regulators, or harmful chemicals.

#20153
330 TABLETS/33 SERVINGS
RETAIL PRICE: \$19.95
MEMBER PRICE: \$16.95
PV: 12.65

#20160
700 TABLETS/70 SERVINGS
RETAIL PRICE: \$36.70
MEMBER PRICE: \$31.15
PV: 23.30



GLA COMPLEX

Helps you feel your best all month long with a unique formulation of the omega-6 fatty acid GLA (gamma-linolenic acid), sunflower seed oil, and vitamin E to promote your well-being throughout your cycle.*

#20608
 60 SOFTGELS/60 SERVINGS
 RETAIL PRICE: \$34.60
MEMBER PRICE: \$29.40
 PV: 21.95



MENOPAUSE BALANCE COMPLEX*

Helps you manage menopausal symptoms with plant-based hormonal support that may help reduce hot flashes and mood swings while promoting restful sleep as well as heart, bone, and breast health.*

#20645
 60 CAPSULES/30 SERVINGS
 RETAIL PRICE: \$31.45
MEMBER PRICE: \$26.70
 PV: 19.95



WE'VE BEEN DOING THE WHOLE BIODEGRADABLE THING SINCE WE WERE FOUNDED IN 1956. YEP, 1956.

BOOSTS

Boost Your Well-Being



CHEWABLE VITA-C® 250 MG

High-potency vitamin C supports healthy immune function.* Great for the whole family. Great-tasting natural lemon flavor.

#21377 60 TABLETS/60 SERVINGS
RETAIL PRICE: \$23.45
MEMBER PRICE: \$19.95 | PV: 14.43



SUSTAINED RELEASE VITA-C® 500 MG

Delivers 500 mg of high-potency vitamin C using a proprietary, plant-based sustained-release system that's clinically shown to raise blood levels of this powerful immune-supporting antioxidant for up to 12 hours.*

#20095
180 TABLETS/180 SERVINGS
RETAIL PRICE: \$26.25
MEMBER PRICE: \$22.30
PV: 16.65

One for kids,
two for adults

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Promotes bone, heart, metabolic, and immune system health*

VITA-D₃ ☆

Clinically proven to deliver high-potency vitamin D₃ into the bloodstream. Vitamin D plays a major role in protecting your health and is vital for overall well-being.

- Aids in calcium absorption for maintaining strong bones and teeth*
- Helps support healthy heart and immune function*
- Facilitates healthy cell development*

#21364 90 TABLETS/90 SERVINGS
 RETAIL PRICE: \$11.95 | **MEMBER PRICE: \$10.00** | PV: 6.00

B-COMPLEX ☆

Supports your body and energy needs with the perfect balance of all eight B vitamins, delivered using our patented Bioactivated Absorption System™ that makes it easier for your body to absorb them.

#20186
 120 TABLETS/60 SERVINGS
 RETAIL PRICE: \$26.25
MEMBER PRICE: \$22.30
 PV: 16.65

#20194
 240 TABLETS/120 SERVINGS
 RETAIL PRICE: \$49.35
MEMBER PRICE: \$41.95
 PV: 31.30



ZINC COMPLEX ☆

Supports healthy metabolism, energy production, thyroid function, and immunity.*

#20411 120 VEGETARIAN TABLETS/120 SERVINGS
 RETAIL PRICE: \$7.35
MEMBER PRICE: \$6.25 | PV: 4.65



SHAKLEE LOYALTY REWARDS
 NEVER RUN OUT OF YOUR MUST-HAVES AND EARN FREE PRODUCTS AND OTHER REWARDS WHILE YOU'RE AT IT.
[SHAKLEE.COM/LOYALTYREWARDS](https://www.shaklee.com/loyaltyrewards)

BOOSTS



SUSTAINED RELEASE VITALMAG® ☆

Delivers a proprietary blend including elemental magnesium from three different sources and added potassium for heart, muscle, bone health, and more.*

#21223 30 TABLETS/30 SERVINGS
RETAIL PRICE: \$12.30
MEMBER PRICE: \$10.45 | PV: 7.80



IRON PLUS C COMPLEX ☆

Supports oxygen-rich blood.*

Provides iron in a readily available form with vitamin C to help increase iron absorption. Each tablet provides 100% of the Daily Value of iron.

#20491 90 TABLETS/90 SERVINGS
RETAIL PRICE: \$10.50
MEMBER PRICE: \$8.90 | PV: 6.65



LECITHIN

Helps support neurotransmitters and metabolic regulation.* Provides 3.1 g of choline-rich lecithin.

#20182
180 SOFTGELS/30 SERVINGS
RETAIL PRICE: \$16.80
MEMBER PRICE: \$14.30 | PV: 10.65

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



GARLIC COMPLEX ☆

Unique formula combines garlic, spearmint, and rosemary. Studies have shown garlic may help retain normal cholesterol levels as part of a low-fat, low-cholesterol diet.*

#20084
240 TABLETS/120 SERVINGS
RETAIL PRICE: \$43.05
MEMBER PRICE: \$36.60
PV: 27.30



VITA-E® TABLETS ☆

- 268 mg of naturally sourced vitamin E
- 10 mcg of selenium to complement the activity of vitamin E
- A kosher-certified option

#21255 90 TABLETS/
90 SERVINGS
RETAIL PRICE: \$28.30
MEMBER PRICE: \$24.05
PV: 17.95



VITA-E COMPLEX® SOFTGELS

Triple antioxidant support to combat free radicals and support overall health.*

- 268 mg of naturally sourced vitamin E
- 65 mcg of selenium to complement the activity of vitamin E
- 38 mg of grape seed extract containing proanthocyanidins, compounds that provide enhanced support against free radicals*

#20112 90 SOFTGELS/90 SERVINGS
RETAIL PRICE: \$42.00
MEMBER PRICE: \$35.70 | PV: 26.65

PERFORMANCE® FITNESS PACK

Unleash Your Inner Athlete

Designed for lifestyle athletes, including those in spinning, strength, and cross-training classes or anyone looking to tone their body and live a more active lifestyle.



**ENERGIZE
ENERGY CHEWS**

Contains herbal extract and nutrients for a clean burst of energy and focus.*

#20158 CITRUS BURST
20 CHEWS/10 SERVINGS
RETAIL PRICE: \$24.25
MEMBER PRICE: \$20.60
PV: 12.00



**HYDRATE
LOW CALORIE
ELECTROLYTE
DRINK** ☆

Hydrates better than water.† Replenishes electrolytes your body needs without the extra sugar, calories, and artificial ingredients.

#21316 LEMON-LIME
20 STICK PACKS
#21317 ORANGE
20 STICK PACKS
RETAIL PRICE: \$24.25
MEMBER PRICE: \$20.60
PV: 12.00



**BUILD
ADVANCED
PHYSIQUE®
100% GRASS-FED
WHEY PROTEIN** 🍌

Recover, repair, and build lean muscle faster.* Fast absorbing and easy-to-digest protein.

#21314 VANILLA
20-SERVING CANISTER
#21313 CHOCOLATE
20-SERVING CANISTER
RETAIL PRICE: \$60.60
MEMBER PRICE: \$51.50
PV: 30.00



**RECOVER
PM RECOVERY
COMPLEX** ☆

Helps you reduce muscle soreness and optimize recovery using a clinically proven, ultra-pure, and polyphenol-rich tart cherry extract and pain relief blend used by athletes to recover better and faster.*

#21312 60 CAPSULES/
30 SERVINGS
RETAIL PRICE: \$36.40
MEMBER PRICE: \$30.90
PV: 18.00

†Clinical test used 2 sticks in 8 oz. of water

Want them all? Grab the Pack

#89451 PERFORMANCE® FITNESS PACK
RETAIL PRICE: \$169.75 | **MEMBER PRICE: \$144.20** | PV: 84.00



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

PERFORMANCE® ENDURANCE PACK

Train Harder. Recover Faster.

Designed for marathon runners, long-distance cyclists, soccer players, or any athlete involved in extended, high intensity aerobic activities.



ENERGIZE ENERGY CHEWS

Contains herbal extract and nutrients for a clean burst of energy and focus.*

#20158 CITRUS BURST
20 CHEWS/10 SERVINGS
RETAIL PRICE: \$24.25
MEMBER PRICE: \$20.60
PV: 12.00



HYDRATE ENDURANCE ELECTROLYTE DRINK ☆

Clinically proven to hydrate better than water. Proprietary Opti-Lyte® Blend helps maintain blood glucose levels to sustain energy and increase endurance.

#21308 LEMON-LIME
30-SERVING CANISTER
#21309 ORANGE
30-SERVING CANISTER
RETAIL PRICE: \$36.40
MEMBER PRICE: \$30.90
PV: 18.00



BUILD PHYSIQUE®+ BIO-BUILD® 12

High-octane fuel for rapid muscle recovery. Clinically proven to deliver more energy to muscles than either carbohydrates or protein alone.

#20495 BANANA
15-SERVING CANISTER
RETAIL PRICE: \$54.55
MEMBER PRICE: \$46.35
PV: 31.06



RECOVER PM RECOVERY COMPLEX ☆

Helps you reduce muscle soreness and optimize recovery using a clinically proven, ultra-pure, and polyphenol-rich tart cherry extract and pain relief blend used by athletes to recover better and faster.*

#21312 60 CAPSULES/
30 SERVINGS
RETAIL PRICE: \$36.40
MEMBER PRICE: \$30.90
PV: 18.00



Want them all? Grab the Pack

#89449 PERFORMANCE® ENDURANCE PACK
RETAIL PRICE: \$175.85 | **MEMBER PRICE: \$149.35** | PV: 91.06

HEALTHY WEIGHT

Begin Your Journey to a Leaner, Healthier You!

Shaklee 180® is clinically proven to help you lose the weight and keep it off.* Participants worldwide have **lost over 2 million pounds and 1 million inches.****

There are three simple steps to this sustainable regimen:

1. Enjoy proven Shaklee 180 products
2. Practice clean, healthy eating
3. Exercise regularly

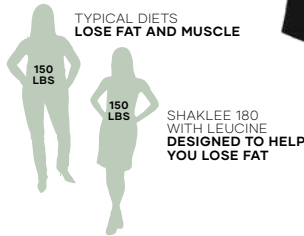


MARK LOST 100 LBS AND HAS KEPT IT OFF!†



Lose Fat, Not Muscle†

Leucine is the most effective branched chain amino acid for preserving muscle mass. In clinical studies, the Shaklee 180® Program is **clinically proven to help lose weight and keep it off and to help retain lean muscle.**^{1,2}



Clinically proven in Westcott Study to help lose weight, keep it off, and retain lean muscle.^{1,2}



1. Westcott W, Colligan A, Puhala K, Lannutti K, La Rosa Loud R, Vallier S. Journal of Exercise Physiology Online. 2017 Feb 1;20(1).
 2. Westcott W, Colligan A, Lannutti K, La Rosa Loud R, Vallier S. Effects of Resistance Exercise and Protein on Body Composition Following Weight Loss. Journal of Clinical Exercise and Physiology 2018;7(2):25-32.
 †Results and experiences from the Shaklee 180 Program are unique for each person, so results may vary. People following the weight loss portion of the Shaklee 180 Program can expect to lose 1-2 pounds a week.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

These customizable kits include meal replacements and snacks plus an online step-by-step program guide. Purchase a kit and save.



SHAKLEE 180® TURNAROUND® KIT

Everything you need for your first month includes:

3 canisters of Life Shake™

2 boxes of Shaklee 180
Meal-in-a-Bars

1 box of Shaklee 180
Snack Bars

1 box of Shaklee 180
Energizing Tea

1 Shaklee 180 Metabolic
Boost* supplement
(30 servings)

**All with your choice
of flavors.**

#89280

RETAIL PRICE: \$337.00

MEMBER PRICE: \$286.45

PV: 175.73



SHAKLEE 180® STARTER KIT

Begin your journey to a leaner, healthier you! This customizable two-meals-a-day kit contains all you need for your first 2 weeks of the Shaklee 180 Program.

**All with your choice
of flavors.**

#89426

RETAIL PRICE: \$212.10

MEMBER PRICE: \$180.30

PV: 119.93



SHAKLEE 180® SHAKE IT OFF BUNDLE

Exclusive add-on to the Prove It Challenge®/ Vitalizing Plan/Life Plan®—a combination that gives you everything you need to lose weight, burn fat, and build lean muscle.†

**All with your choice
of flavors.**

#89537

RETAIL PRICE: \$238.40

MEMBER PRICE: \$202.50

PV: 117.62



**GET HEALTHY, GET REWARDED.
EARN POINTS TO REDEEM FOR FREE
PRODUCTS WITH LOYALTY REWARDS.
SHAKLEE.COM/LOYALTYREWARDS**

Download the 180 Guide

US.SHAKLEE.COM/180PROGRAM



**Based on cumulative sales of Shaklee 180 shakes and the expected average weight loss.

†As part of the Shaklee 180 Program. Clinical study participants replaced two meals with Shaklee Life Shakes daily and followed a 45-minute exercise program twice weekly. See full details of Life Shake clinical studies at healthresource.shaklee.com.

‡The Westcott study consisted of six months of weight loss, including replacing two meals a day with Life Shake, following a 40-minute exercise program twice a week, and calorie targets, plus six months of maintenance, including one Life Shake per day, 40 minutes of exercise twice a week, and no calorie targets. See full details of Westcott clinical studies at healthresource.shaklee.com.



Life Shake™ is the Foundation of the Shaklee 180® Program.

For more information about the Life Shake, see pages 14-15.



SHAKLEE 180® MEAL-IN-A-BAR 7 BARS PER BOX

A complete meal in your pocket. Powered by Leucine® to help your body retain lean muscle. 18-20 grams of protein and 6-7 grams of fiber to help you feel fuller longer, along with vitamins, minerals, and other nutrients your body needs.

- #22000 PEANUT BUTTER & CHOCOLATE CHIP
- #22001 BLUEBERRY & ALMOND CRISP
- #22054 WHITE CHOCOLATE CINNAMON

RETAIL PRICE: \$32.05
MEMBER PRICE: \$27.20
 PV: 12.21



SHAKLEE 180® SNACK BAR 10 BARS PER BOX

A sweet, guilt-free treat. Just one delicious Snack Bar will go a long way in curbing hunger and keeping the munchies at bay. A good source of protein and fiber, to keep you feeling fuller longer.

- #22012 CRUNCHY PEANUT BUTTER
- #22051 TOFFEE & CHOCOLATE CRUNCH
- #22052 CHERRY & ALMOND
- #22053 CHOCOLATE & COCONUT
- #22061 BAR ASSORTMENT PACK

RETAIL PRICE: \$24.65
MEMBER PRICE: \$20.95
 PV: 9.39

All Shaklee 180 products are



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



SHAKLEE 180® ENERGIZING TEA ☆

28 STICKS PER BOX

A natural energy lift. A blend of green matcha, white, and red teas for a natural way to help enhance energy and alertness. No artificial flavors, sweeteners, colors, or preservatives added.

#22031 GREEN MATCHA | #22030 POMEGRANATE | #21385 ELDERBERRY

RETAIL PRICE: \$30.85 | **MEMBER PRICE: \$26.20** | PV: 14.66



SHAKLEE 180® SNACK CRISPS 

10 BAGS PER BOX

A satisfyingly savory snack. 100% guilt-free with 6 grams of protein per serving to help keep hunger away and cravings under control.

#22020 SEA SALT

RETAIL PRICE: \$25.40

MEMBER PRICE: \$21.60

PV: 10.00



SHAKLEE 180® METABOLIC BOOST* ☆

A boost powered by green tea to burn calories naturally.* A special blend of chromium, vanadium, and banaba leaf extract helps keep your metabolism working hard and going strong.*

#22040 90 TABLETS/
30 SERVINGS

RETAIL PRICE: \$61.75

MEMBER PRICE: \$52.45

PV: 39.15



SHAKLEE 180® ENERGIZING SMOOTHIE 

VANILLA WHEY PROTEIN

#21260 15 SERVINGS

RETAIL PRICE: \$59.25

MEMBER PRICE: \$50.35

PV: 33.8



LOW GLYCEMIC



NO ARTIFICIAL SWEETENERS, PRESERVATIVES, OR FLAVORS

KIDS

All-in-One Superior Kids' Nutrition

Me⁺ology^{kids}

You'll love knowing your child is nourished, and they'll love the Very Berry, Strawberry Lemonade, and Cheery Cherry flavors found in each pack! Easy for parents and fun for kids, this all-in-one supplement plan has 100% DV of 8 essential vitamins and minerals, 300 mg of vital omega-3s to support brain and eye health, and a powerful combination of immune-supporting nutrients to help kids grow up well.*

The Meology Kids supplement plan provides essential vitamins & minerals that are the building blocks of children's health

- ✦ Provides nutrients to support kids as they grow & develop*
- ✦ Provides nutrients needed for brain & eye health and immune support*
- ✦ Helps fill nutrient gaps for picky eaters



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Each all-in-one pack includes:

- Ⓢ 2 Super Vitamin gummies
- Ⓢ 1 Omega-3 Gelly
- Ⓢ 1 Super Immunity gummy
- Ⓢ \$1.47 Per Day/Per Kid

Kiddos should take one pack daily with food

#89580 MEOLGY™ KIDS
25 PACKS/25 SERVINGS
RETAIL PRICE: \$43.30
MEMBER PRICE: \$36.85
PV: 20.00

ONLY
\$35
on a monthly
subscription

100% DV
of 8 core nutrients

11 essential vitamins & minerals

3x more
DHA + EPA
than other
leading gummies

3 delicious
flavors

1
convenient
daily pack



CUSTOMIZE YOUR PACK AT [MEOLGYKIDS.COM](https://meologykids.com)



ADD YOUR NAME



PICK YOUR ICON



GRAB & GO

Keeps Kids Growing Strong*



SHAKLEEKIDS™ INCREDIVITES®

#21386 WITHOUT LACTOFERRIN ☆
120 CHEWABLE TABLETS/60 SERVINGS
RETAIL PRICE: \$36.00
MEMBER PRICE: \$30.60 | PV: 20.00



SHAKLEEKIDS™ SUPER IMMUNITY

#21390 90 GUMMIES/30 SERVINGS
RETAIL PRICE: \$32.35
MEMBER PRICE: \$27.50 | PV: 15.00

YOUTH®

Clinical Results Without Compromise

The key to beautiful, younger-looking skin is to accelerate skin cell renewal to a more youthful rate. With eight patents and patents pending, each YOUTH product is specifically formulated to address the multiple effects of aging.

Clinically developed by world-class skin experts, the Skin Age Index measures the effect YOUTH has on key signs of aging with factual clinical data—skin texture, facial wrinkles, pore size, even skin tone, dark spots, firmness, radiance, and sagging.

100%

of women were
clinically proven to have
younger-looking skin
in just 7 days.*

2/3

shifted their skin age
down into a
younger decade

Shown by our clinically
developed Skin Age Index

2500+

**Shaklee YOUTH redefines clean
beauty by achieving clinical results
without using 2,500+ chemicals and
questionable ingredients.**

*When used as part of the Advanced Anti-Aging Regimen.



**100% vegan,
gluten free, and
cruelty free**



Powerful Botanicals. Advanced Technology.

Designed In harmony with nature®, our patent-pending Youth Complex is harnessing the power of botanicals to address the multiple signs of aging

LOTUS JAPONICUS



Activates a key youth protein to regenerate cells to produce more collagen and elastin.

SCHISANDRA CHINENSIS



Helps provide more nutrients and energy to the skin.

MUSCADINE GRAPE



Protects and repairs cellular DNA in your skin while blocking collagen and elastin breakdown.

VITAL REPAIR+® COMPLEX



Vitamins A, B₅, C, and E plus grape seed extract provide antioxidant nutrients and essential vitamins to block skin-damaging free radicals and encourage healthy cell growth.

Cleanse & Hydrate

Start your healthy skin care by cleansing and hydrating your skin with clinically proven clean beauty products that bring you Clinical Results Without Compromise.



LUMINOUS GEL OIL CLEANSER

Gently polish, purify, and prep your skin with our 3-in-1, soap-free, pH-balanced cleanser. It is infused with our patented Vital Repair+® Complex and Muscadine Grape Extract plus our Exfoliating Green Algae Complex to provide instant radiance.

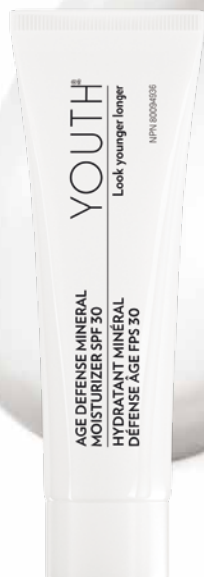
#32566 4.2 FL. OZ.
RETAIL PRICE: \$48.45
MEMBER PRICE: \$41.20
PV: 30.72



PERFECTING SKIN TONER

Exfoliate, hydrate, and nourish your skin. Remove dull cells and environmental pollutants, and restore a youthful, healthy glow thanks to the Rejuvenating Green Algae Complex, Vital Repair+ Complex, and Muscadine Grape Extract.

#32567 6 FL. OZ.
RETAIL PRICE: \$48.45
MEMBER PRICE: \$41.20
PV: 30.72



AGE DEFENSE MINERAL MOISTURIZER SPF 30

Protect your skin from the effects of the sun, environmental pollutants, and free radicals and moisturize to improve overall appearance of skin tone. Provides chemical free SPF 30 Broad Spectrum UVA/UVB protection with a naturally derived mineral titanium dioxide and features our Vital Repair+ Complex and Muscadine Grape Extract.

#32592 1.7 FL. OZ.
 RETAIL PRICE: \$48.45
MEMBER PRICE: \$41.20
 PV: 30.72



ADVANCED RENEWAL NIGHT CREAM

Hydrate, nourish, and support your skin's cell renewal process while you sleep thanks to Vital Repair+ Complex, Schisandra, and Lotus Japonicus. Wake up to younger-looking, smoother, and more luminous skin.

Available in a Light gel-like formula, or a Rich formula with added shea butter and jojoba.

1.7 FL. OZ.
 #32571 RICH FORMULA
 #32570 LIGHT FORMULA
 RETAIL PRICE: \$60.60
MEMBER PRICE: \$51.50
 PV: 38.42



MOISTURE LOCK DAY CREAM

with YOUTH Active Cellular Hydration Technology™

For smoother, plumper, softer, and more hydrated skin. Protects skin from moisture loss all day long. With Vital Repair+® Complex and Muscadine Grape Extract for anti-aging benefits. Formulated to ease makeup application.

USE IN THE MORNING BEFORE APPLYING SPF

#32584 1.76 OZ.
 RETAIL PRICE: \$60.60
MEMBER PRICE: \$51.50
 PV: 38.42

Power Serums



10x Acceleration of Skin Cell Renewal

YOUTH ACTIVATING SERUM

Your must-have product for skin regeneration. A potent anti-aging treatment with 10x the concentration of Youth Complex. Powered by Apple Cell, Lotus Japonicus, and encapsulated Vitamin A Retinol, it helps support collagen production and renew skin at the cellular level, making your skin act younger for superior radiance and rejuvenation.

#32568 1 FL. OZ.

RETAIL PRICE: \$97.00

MEMBER PRICE: \$82.45

PV: 61.50

212% Increase in Skin Hydration with One Use

MOISTURE ACTIVATING SERUM WITH YOUTH® ACTIVE CELLULAR HYDRATION TECHNOLOGY™

Clinically proven to replenish hydration levels by 212% and maintain increased hydration levels for 8 hours with one use. Fast-absorbing gel instantly quenches dry skin for up to 24 hours. Formulated with 10x the concentration of hyaluronic acid blend, delivers intense instant hydration and plumps skin. Helps restore your skin's natural moisture and build its moisture barrier to reduce water loss and the appearance of fine lines and redness.

#32583 1.0 FL. OZ.

RETAIL PRICE: \$97.00

MEMBER PRICE: \$82.45

PV: 61.50



Targeted Treatments

RESTORING EYE TREATMENT

Multitasking powerhouse delivers powerful anti-aging benefits and visible solutions to tired, dry, or puffy eyes. Contains a unique peptide blend shown in a clinical study to reduce the appearance of lines and wrinkles around the eyes as well as crow's feet in as few as 7 days.*

- Reduces the appearance of puffiness and dark circles.**
- Helps smooth the eye contour and visibly firms and hydrates.**
- Features a unique cooling tip that refreshes and energizes the eye area with a gentle massage at application.

#32579 0.5 FL. OZ.
RETAIL PRICE: \$60.60
MEMBER PRICE: \$51.50
PV: 38.42

Ophthalmologist tested
Dermatologist tested
Noncomedogenic



RADIANCE C+E

Restore radiance with powerful 20% vitamin C and vitamin E plus raspberry cell extract to plump, brighten, and visibly reduce the appearance of fine lines and wrinkles. Also proven to improve skin texture and clarity.

- In a clinical study, 100% of women showed a visible improvement in the appearance of dark spots after 4 weeks.
- Single-dose capsules are plant-based, vegan, and 100% biodegradable.
- Use after Perfecting Skin Toner and before YOUTH® Activating Serum for best results.

#32580 60 CAPSULES
RETAIL PRICE: \$97.00
MEMBER PRICE: \$82.45
PV: 61.50

*As measured in a 28-day clinical study, 36 subjects, twice daily use.

**As perceived by a significant majority of subjects in a 28-day clinical study, 36 subjects, twice daily use.



HYDRATING GEL MASK

Indulge your skin with deep, soothing moisture for refreshed, hydrated skin. Our refreshing gold gel is packed with hyaluronic acid, aloe leaf juice, and a multiherbal blend for instant and long-lasting moisture.

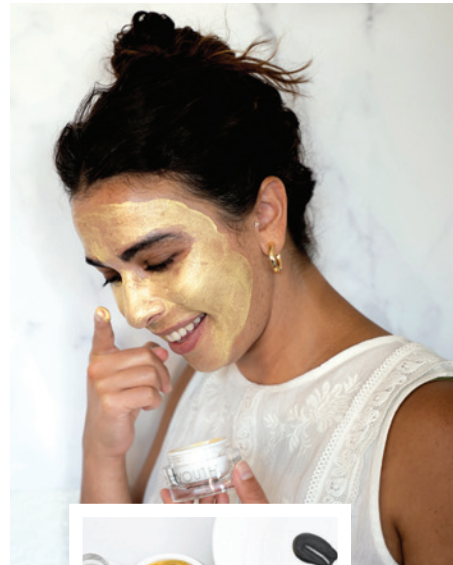
#32587 1.1 OZ.
RETAIL PRICE: \$30.30
MEMBER PRICE: \$25.75
PV: 17.64



PURIFYING CLAY MASK

Naturally detoxify and purify skin with this triple blend of mineral-rich clays, superfine charcoal powder, and volcanic ash from Jeju Island in the Pacific Ocean. This formula absorbs and removes pollutants, impurities, and excess sebum to help minimize the appearance of pores, and reveals smoother skin without stripping or drying.

#32585 1.1 OZ.
RETAIL PRICE: \$30.30
MEMBER PRICE: \$25.75
PV: 17.64



Evens | Corrects | Hydrates Nourishes | Protects

YOUTH ACTIVATING BB CREAM

Get flawless, glowing skin with this multitasking 5-in-1 Beauty Balm. Formulated with muscadine grape polyphenols to protect against damaging free radicals, plus vitamins C, E, and B5 to nourish. Green Algae helps improve firmness, and an ocean-derived polymer creates a pollution-protection shield.

- Naturally derived zinc oxide & titanium oxide provides chemical-free SPF 30 Broad Spectrum UVA/UVB sun protection
- 4 blendable shades designed to provide coverage for all skin tones

1 FL. OZ.
#32575 LIGHT | #32576 LIGHT MEDIUM | #32577 MEDIUM | #32578 DARK
RETAIL PRICE: \$42.40
MEMBER PRICE: \$36.00
PV: 26.90



Ophthalmologist Tested & Safe for Contact Lens Wearers

LASH REVITALIZING AND CONDITIONING MASCARA

This 2-in-1 lash conditioner and mascara lengthens, volumizes, and lifts to help create fuller-looking lashes. Unique Lash Protection Complex protects lashes and roots against environmental damage. Watercress and Indian cress extracts help strengthen lashes. Multipatented Vital Repair+ Complex protects roots and lashes, encouraging healthy lashes. Innovative 2-sided brush creates a natural, elegant look. Plus, natural waxes and mineral-derived pigments to create a smudge-free natural-looking black finish.

#32586
 RETAIL PRICE: \$47.25
MEMBER PRICE: \$40.15
 PV: 27.54

Design Your Best Skin Care Regimen Based on Your Skin's Needs.

STEP 1 + STEP 2
 FOUNDATION TO YOUR
 DAILY SKIN CARE ROUTINE



YOUTH LUMINOUS GEL OIL CLEANSER
 +
 PERFECTING SKIN TONER

then
 customize

STEP 3
 ADD A SERUM



● YOUTH ACTIVATING SERUM
 OR
 ■ YOUTH MOISTURE ACTIVATING SERUM

STEP 4
 ADD A DAY AND NIGHT CREAM



● ■ ADVANCED RENEWAL NIGHT CREAM
 (LIGHT OR RICH)
 OR
 ■ YOUTH MOISTURE LOCK DAY CREAM

For Younger-Looking Skin ●
ADVANCED ANTI-AGING REGIMEN
 #89453 60-DAY SUPPLY
 RETAIL PRICE: \$302.95
MEMBER PRICE: \$257.55
 PV: 192.08

For Intense Hydration ■
ADVANCED HYDRATION REGIMEN
 #89504 60-DAY SUPPLY
 RETAIL PRICE: \$302.85
MEMBER PRICE: \$257.40
 PV: 192.08

YOUTH® PERSONALIZED REGIMEN
 #89513 60-DAY SUPPLY
 RETAIL PRICE: \$302.95
MEMBER PRICE: \$257.55
 PV: 192.08

Classic Daily Essentials



THE SHAKLEE DIFFERENCE®

ProSanté Nourishing Scalp Treatment is an exclusive formula proven to reduce hair loss during combing and naturally thicken and strengthen hair when used as part of the ProSanté Product System.

PROSANTÉ®

- #31690 REVITALIZING SHAMPOO 10 FL. OZ. | RETAIL PRICE: \$16.65 | **MEMBER PRICE: \$14.15** | PV: 10.60
#31644 REPLENISHING CONDITIONER 8 FL. OZ. | RETAIL PRICE: \$16.65 | **MEMBER PRICE: \$14.15** | PV: 10.60
#31697 LONG-LASTING FINISHING SPRAY 8 FL. OZ. | RETAIL PRICE: \$16.65 | **MEMBER PRICE: \$14.15** | PV: 10.60
#31642 NOURISHING SCALP TREATMENT 2 FL. OZ. | RETAIL PRICE: \$36.70 | **MEMBER PRICE: \$31.15** | PV: 23.30



SPF 30 FOR BODY

#32565 4 FL. OZ.
RETAIL PRICE: \$19.65
MEMBER PRICE: \$16.70
PV: 12.43



HERBAL BLEND® MULTI-PURPOSE CREAM

#39078 4 FL. OZ.
RETAIL PRICE: \$9.40
MEMBER PRICE: \$7.95
PV: 5.95



MOISTURIZING SHOWER GEL

#32549 8 FL. OZ.
RETAIL PRICE: \$18.45
MEMBER PRICE: \$15.70
PV: 11.73



GENTLE ACTION CLEANSING BAR

#32068 4.5 OZ.
RETAIL PRICE: \$19.65
MEMBER PRICE: \$16.70
PV: 12.43



MEADOWBLEND® BAR

#39073 3.5 OZ.
RETAIL PRICE: \$8.35
MEMBER PRICE: \$7.10
PV: 5.30



ACNE CLARIFYING COMPLEX™

Treats and helps prevent acne
#39075 1 FL. OZ.
RETAIL PRICE: \$18.45
MEMBER PRICE: \$15.70
PV: 11.73

Free of parabens,
phthalates & more



HAND AND BODY LOTION
#32541 8 FL. OZ.
RETAIL PRICE: \$22.00
MEMBER PRICE: \$18.70
PV: 13.92



**ULTRA MOISTURIZING
SHEA BUTTER CREAM**
#32536 6 FL. OZ.
RETAIL PRICE: \$36.60
MEMBER PRICE: \$31.10
PV: 23.26



**DESERT WIND® ROLL-ON
ANTIPERSPIRANT**
#30356 2 FL. OZ.
RETAIL PRICE: \$7.35
MEMBER PRICE: \$6.25
PV: 4.65



ANTIPERSPIRANT CREAM
#39076 4 OZ.
RETAIL PRICE: \$14.70
MEMBER PRICE: \$12.50
PV: 9.30



WE WERE THE FIRST
COMPANY IN THE
WORLD TO OBTAIN
CLIMATE NEUTRAL
CERTIFICATION AND
TOTALLY OFFSET ITS
CO₂ EMISSIONS.

Safe and gentle for your baby



**SHAKLEEBABY™
GENTLE WASH**
#30110 8.5 FL. OZ.
RETAIL PRICE: \$23.25
MEMBER PRICE: \$19.75 | PV: 9.78



**SHAKLEEBABY™
SOOTHING LOTION**
#30111 8.5 FL. OZ.
RETAIL PRICE: \$23.25
MEMBER PRICE: \$19.75 | PV: 9.78



**SHAKLEEBABY™
MASSAGE OIL**
#30113 4 FL. OZ.
RETAIL PRICE: \$19.90
MEMBER PRICE: \$16.90 | PV: 8.35

HOME

Safe for You, Your Home, And Your Planet[®]

We believe that health isn't just about what you put in your body—it's about everything around you. Get Clean[®] brings you a full line of nontoxic cleaning choices that are Safe for You, Your Home, and Your Planet[®].

Get Clean[®]

Let's get every nook and cranny spick-and-span. And let's make sure we do it right—with products that are safe, especially around your little ones; powerful against even the most stubborn dirt; green for the planet; and smart on your wallet. In other words, let's Get Clean.

GET CLEAN[®] STARTER KIT

All you need to start cleaning your way to a healthier home.



You would have to spend
\$3,400 for ready-to-use
cleaners to get the same
amount of clean found in the
Get Clean Starter Kit.*

#50456 WITH FRESH LAUNDRY
CONCENTRATE HE COMPATIBLE
(LIQUID)
RETAIL PRICE: \$118.60
MEMBER PRICE: \$101.62
PV: 50.00

#50457 WITH FRESH
LAUNDRY FRAGRANCE FREE
CONCENTRATE HE COMPATIBLE
(LIQUID)
RETAIL PRICE: \$118.60
MEMBER PRICE: \$101.62
PV: 50.00

ALSO INCLUDED:
ORGANIZER CADDY (1)
SPRAY BOTTLES (3)
DROPPER PIPETTE (1)
¼-OZ. DISPENSER PUMP FOR
32-OZ. BOTTLE (1)
LAUNDRY MEASURING SCOOP (1)
DUAL MEASURING SPOON (1)

*Based on comparable number of uses from ready-to-use cleaners.



Always Safe

Sustainably sourced ingredients, nontoxic, with absolutely no harmful fumes, phosphates, phthalates, or bisphenol-A (BPA).

Always Works

These powerful, multifunctional products are all you need to start cleaning your way to a healthier home. Outperforms 16 leading brands.

Always Green

Super-concentrated formulas plus recyclable or reduced-waste packaging prevent 23 million pounds of packaging waste and 54 million pounds of greenhouse gas emissions.*

BASIC H²® BIODEGRADABLE SUPER CLEANING CONCENTRATE

Powerful all-purpose cleaning. Basic H² dominates grease, grime, and dirt in a thousand different ways. One 16-oz. bottle makes 48 gallons of powerful cleaner.

1 16-OZ. BOTTLE OF BASIC H²®
= **5,824** 26-OZ. BOTTLES OF WINDEX®

#00015 16 FL. OZ.
RETAIL PRICE: \$12.50
MEMBER PRICE: \$10.65
PV: 5.17

#00029 64 FL. OZ.
RETAIL PRICE: \$45.15
MEMBER PRICE: \$38.40
PV: 18.60

For a Clean That Reaches Beyond the Surface

GERM OFF+

One Wipe Goes a Long Way

Disinfects in just five minutes!
Safe for use around kids, pets, and food surfaces with no rinse required and no harsh chemical residue.

#00323 80 WIPES
RETAIL PRICE: \$12.40
MEMBER PRICE: \$10.50
PV: 5.15

BUY 3, GET 1 FREE
#89585 VALUE 4-PACK
RETAIL PRICE: \$37.20
MEMBER PRICE: \$31.48
PV: 13.52



MOISTURIZING HAND SANITIZER

Goodbye Germs. Hello Soft Hands.

Kills 99.999% of germs*

#32593 8 FL. OZ. | RETAIL PRICE: \$14.05 | **MEMBER PRICE: \$11.95** | PV: 4.00

GET CLEAN® WATER

365 days of cleaner, healthier water†

#89113 GET CLEAN® YEAR OF WATER STARTER PACK
RETAIL PRICE: \$128.40
MEMBER PRICE: \$109.15 | PV: 50.00

#89099 GET CLEAN® WATER STARTER PACK
RETAIL PRICE: \$69.70
MEMBER PRICE: \$59.20 | PV: 20.00



*Effective at eliminating 99.999% of many common harmful germs and bacteria in as little as 30 seconds.

†Annual usage defined as 320 gallons. Purchasing Get Clean Water Starter Pack with Water Filter Refill 3-Pack (#89113) saves 15% off the regular price of three single filters. Filters the amount of water contained in more than 2,400 16.9-fl.-oz. bottles of water.



SOFT FABRIC CONCENTRATE

Gets clothes supersoft

#00307 32 FL. OZ.
RETAIL PRICE: \$10.65
MEMBER PRICE: \$9.05
PV: 4.39



SOFT FABRIC DRYER SHEETS ☆

Naturally reduces static and softens

#00306 80 SHEETS
RETAIL PRICE: \$10.45
MEMBER PRICE: \$8.85
PV: 4.32



NATURE BRIGHT® LAUNDRY BOOSTER AND STAIN REMOVER ☆

Brightens your whites and colors

#00305 2 LB.
RETAIL PRICE: \$11.25
MEMBER PRICE: \$9.55
PV: 4.65



FRESH LAUNDRY CONCENTRATE ☆

Powerful two-for-one detergent and spot remover

#00066 HE COMPATIBLE REGULAR 32 FL. OZ. (LIQUID) | #00300 HE COMPATIBLE FRAGRANCE FREE 32 FL. OZ. (LIQUID) | RETAIL PRICE: \$15.70 | **MEMBER PRICE: \$13.30**
PV: 6.47 | #00114 HE COMPATIBLE REGULAR 64 FL. OZ. (LIQUID) RETAIL PRICE: \$30.45
MEMBER PRICE: \$25.90 | PV: 12.55



FRESH LAUNDRY CONCENTRATE ☆

Gets clothes supersoft

#00159 5.5 LB. FRESH LAUNDRY CONCENTRATE (POWDER)
#00161 5.5 LB. FRESH LAUNDRY CONCENTRATE FRAGRANCE FREE (POWDER) | RETAIL PRICE: \$22.00
MEMBER PRICE: \$18.70
PV: 9.04 | #00160 14 LB. FRESH LAUNDRY CONCENTRATE (POWDER) | RETAIL PRICE: \$48.75
MEMBER PRICE: \$41.45 | PV: 20.12



HAND WASH CONCENTRATE

Moisturizing wash

#00191 32 FL. OZ.
RETAIL PRICE: \$21.00
MEMBER PRICE: \$17.85
PV: 12.02



SCOUR OFF™ ☆

Heavy-duty paste for tough jobs

#00430 9 OZ.
RETAIL PRICE: \$18.15
MEMBER PRICE: \$15.45 | PV: 7.51



DISH WASHER AUTOMATIC POWDER CONCENTRATE ☆

Removes tough stains

#00295 2 LB.
RETAIL PRICE: \$11.50
MEMBER PRICE: \$9.75 | PV: 4.75



HAND DISH WASH LIQUID CONCENTRATE ☆

Mild on hands. Tough on grease.

#00255 16 FL. OZ.
RETAIL PRICE: \$8.35
MEMBER PRICE: \$7.10 | PV: 3.45

Membership Has Its Benefits

Join our wellness community for free with any \$150 purchase

AND ENJOY THESE ONGOING PROGRAM PERKS



15% Off Everything

Receive 15% of retail price on every product, every day



Free & Flat-Rate Shipping

Free shipping on orders over \$150 and \$8 flat-rate shipping on everything else[†]



Get Healthy. Get Rewarded.

Earn points for free products with qualifying Loyalty Orders

[SHAKLEE.COM/MEMBER-BENEFITS](https://shaklee.com/member-benefits)

As a Member You Unlock Access to Loyalty Rewards

With Loyalty Rewards, never run out of your must-haves and earn free products and other rewards while you're at it.

EARN POINTS

Earn up to an additional 15% back in points to redeem for free Shaklee products.

NEVER RUN OUT

Always have what you need with easy repeat orders.

ENJOY A BIRTHDAY GIFT

A gift will be automatically added to your next qualified Loyalty Order[‡] during your birthday month.

[SHAKLEE.COM/LOYALTYREWARDS](https://shaklee.com/loyaltyrewards)

[†]Members receive Free Standard Shipping on all orders of \$150 or more OR enjoy \$8 flat-rate shipping on orders less than \$150—excluding 5- and 30-gallon supplies of Classic Basic-H®. Orders must be at least \$150 or more before shipping, handling, taxes, and discounts are applied in order to receive Free Standard Shipping.

[‡]A qualifying order is a paid Loyalty Order of \$100 or more at your price tier (exclusive of shipping & handling and applicable taxes).

7-DAY HEALTHY CLEANSE

#21318 7 DAILY MORNING AND NIGHT PACKETS
 RETAIL PRICE: \$48.45
MEMBER PRICE: \$41.20 | PV: 25.00

Supplement Facts

Serving Size: 1 Cleanse Strip
 Servings Per Container: 7

	AMOUNT PER SERVING	%DV
Calories	25	
Total Carbohydrate	5 g	2%**
Dietary Fiber	2 g	7%**
Calcium	400 mg	31%
Phosphorus	200 mg	16%
Sodium	20 mg	<1%
Alfalfa Powder (<i>Medicago sativa</i>) (leaf)	3 g	†
Milk Thistle Extract (<i>Silybum marianum</i>) (seed)	300 mg	†
DTX® Enhanced Proprietary Blend	900 mg	†
Schisandra extract (<i>Schisandra chinensis</i>) (fruit), Dandelion extract (<i>Taraxacum officinale</i>) (root and leaf), Reishi mushroom extract (<i>Ganoderma lucidum</i>) (cap and stalk), Turmeric extract (<i>Curcuma longa</i>) (rhizome), Artichoke extract (<i>Cynara scolymus</i>) (leaf).		
Herb-Lax® Enhanced Proprietary Blend	850 mg	†
Senna leaf powder (<i>Cassia angustifolia</i>) (standardized to contribute 8 mg total sennosides), Licorice root powder (<i>Glycyrrhiza glabra</i>), Buckthorn bark powder (<i>Rhamnus frangula</i>), Alfalfa leaf powder (<i>Medicago sativa</i>), Fennel seed powder (<i>Foeniculum vulgare</i>), Anise seed powder (<i>Pimpinella anisum</i>), Rhubarb root powder (<i>Rheum palmatum</i>), Blue malva flower powder (<i>Malva sylvestris</i>), Culver's root powder (<i>Veronicastrum virginicum</i>).		
Digestive & Immune Enhanced Proprietary Blend	96 mg	†
<i>Bifidobacterium lactis</i> HN019™, <i>Lactobacillus acidophilus</i> La-14®, <i>Lactobacillus rhamnosus</i> GG™, <i>Lactobacillus plantarum</i> Lp-115®		

**Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MALTODEXTRIN, MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYPROPYL METHYLCELLULOSE, ACACIA GUM, CORN SYRUP SOLIDS, TRICALCIUM PHOSPHATE, KARAYA GUM, FRUCTOSE, SPEARMINT OIL.

ADVANCED JOINT HEALTH COMPLEX*

#20281 60 CAPLETS/30 SERVINGS
 RETAIL PRICE: \$46.00
MEMBER PRICE: \$39.10 | PV: 29.00

Supplement Facts

Serving Size: 2 Caplets
 Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Carbohydrate	2 g	1%**
Dietary Fiber	<1 g	2%**
Protein	<1 g	1%**
Vitamin C (as ascorbic acid)	60 mg	67%
Zinc (as zinc gluconate)	1.5 mg	14%
Copper (as copper gluconate)	0.2 mg	22%
Manganese (as manganese gluconate)	0.2 mg	9%
Glucosamine Hydrochloride	1,500 mg	†
Boswellia AKBA Standardized Extract (<i>Boswellia serrata</i>) (resin)	100 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYLATED SOY LECITHIN, CARAMEL COLOR.

ALFALFA COMPLEX

#20153 330 TABLETS/33 SERVINGS
 RETAIL PRICE: \$19.95
MEMBER PRICE: \$16.95 | PV: 12.65
 #20160 700 TABLETS/70 SERVINGS
 RETAIL PRICE: \$36.70
MEMBER PRICE: \$31.15 | PV: 23.30

Supplement Facts

Serving Size: 10 Tablets
 Servings Per Container: 33 (70)

	AMOUNT PER SERVING	% DAILY VALUE
Calories	15	
Total Carbohydrate	2 g	<1%**
Dietary Fiber	<1 g	4%**
Calcium (as dicalcium phosphate)	300 mg	23%
Phosphorus (as dicalcium phosphate)	200 mg	16%
Sodium	20 mg	<1%
Alfalfa Powder (<i>Medicago sativa</i>) (leaf)	3 g	†

**Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, TRICALCIUM PHOSPHATE, FRUCTOSE, SPEARMINT OIL (*MENTHA SPICATA*) (LEAF).

Kosher Products

shaklee.com/kosher

Clinical Research Study Archive

healthresource.shaklee.com/clinical-research-study-archive/

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

B-COMPLEX ☆

#20186 120 TABLETS/60 SERVINGS

RETAIL PRICE: \$26.25

MEMBER PRICE: \$22.30 | PV: 16.65

#20194 240 TABLETS/120 SERVINGS

RETAIL PRICE: \$49.35

MEMBER PRICE: \$41.95 | PV: 31.30

Supplement Facts gf

Serving Size: 2 Tablets

Servings Per Container: 60 (120)

	AMOUNT PER SERVING	% DAILY VALUE
Calories	5	
Total Carbohydrate	1 g	<1%**
Thiamin (as thiamine mononitrate)	20.25 mg	1,688%
Riboflavin	22.95 mg	1,765%
Niacin (as niacinamide)	270 mg	1,688%
Vitamin B ₆ (as pyridoxine hydrochloride)	27 mg	1,588%
Folate	668 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as cyanocobalamin)	81 mcg	3,375%
Biotin (as d-biotin)	300 mcg	1,000%
Pantothenic Acid (as d-calcium pantothenate)	135 mg	2,700%

**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, TORULA YEAST, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYLATED SOY LECITHIN.

CAROTOMAX®

#20652 30 SOFTGELS/30 SERVINGS

RETAIL PRICE: \$23.10

MEMBER PRICE: \$19.65 | PV: 14.65

#20653 90 SOFTGELS/90 SERVINGS

RETAIL PRICE: \$65.10

MEMBER PRICE: \$55.35 | PV: 41.30

Supplement Facts gf

Serving Size: 1 Softgel

Servings Per Container: 30 (90)

	AMOUNT PER SERVING	% DAILY VALUE
Vitamin A (100% as beta-carotene)	1,500 mcg	167%
Lycopene	5 mg	†
Lutein	5 mg	†
Zeaxanthin	200 mcg	†
Alpha-Carotene	1.5 mg	†
Astaxanthin	400 mcg	†

†Daily Value not established.

OTHER INGREDIENTS: SOYBEAN OIL, BEESWAX, PALM OIL, SOY LECITHIN IN A SOFT GELATIN CAPSULE (GELATIN, GLYCERIN, WATER, ANNATTO COLOR).

BLOOD PRESSURE

#22067 60 TABLETS/30 SERVINGS

RETAIL PRICE: \$53.35

MEMBER PRICE: \$45.35 | PV: 33.47

Supplement Facts gf

Serving Size: 2 Tablets

Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Total Carbohydrate	1g	<1%**
Vitamin C (as ascorbic acid)	100 mg	111%
Magnesium (as magnesium oxide)	200 mg	48%
Potassium (as potassium nitrate)	320 mg	7%
Blood Pressure Support Blend:	1,300 mg	†
Potassium Nitrate, Quercetin (<i>Sophora japonica L.</i>) (aerial parts), Beet Powder (<i>Beta vulgaris</i>) (root), Grape Extract (<i>Vitis vinifera</i>) (seed), Spinach Powder (<i>Spinacia oleracea</i>) (leaf)		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYLATED SOY LECITHIN.

CHEWABLE CAL MAG PLUS ☆

#21216 120 TABLETS/30 SERVINGS

RETAIL PRICE: \$19.95

MEMBER PRICE: \$16.95 | PV: 12.65

Supplement Facts gf

Serving Size: 5 Tablets

Servings Per Container: 24

	PER 1 TABLET		PER 5 TABLETS	
	AMOUNT	%DV	AMOUNT	%DV
Calories	0		10	
Total Carbohydrate	<1 g	<1%**	3 g	1%**
Total Sugars	0 g	†	<1 g	†
Includes <1 g Added Sugars		0%**		1%**
Vitamin D ₃ (as cholecalciferol)	3.75 mcg (150 IU)	19%**	18.75 mcg (750 IU)	94%**
Calcium (as calcium carbonate and calcium citrate)	260 mg	20%	1,300 mg	100%
Magnesium (as magnesium oxide)	25 mg	6%	125 mg	30%
Zinc (as zinc gluconate)	0.38 mg	3%	1.9 mg	17%
Copper (as copper gluconate)	0.05 mg	6%	0.25 mg	28%
Manganese (as manganese gluconate)	0.05 mg	2%	0.25 mg	11%

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: DEXTROSE, SORBITOL, MANNITOL, NATURAL BERRY AND OTHER FLAVORS, CARRAGEENAN, ACACIA GUM, CITRIC ACID, XYLITOL, MALIC ACID.

CHEWABLE VITA-C®

#21377 60 TABLETS/60 OR 30 SERVINGS

RETAIL PRICE: \$23.45

MEMBER PRICE: \$19.95 | PV: 14.90

Supplement Facts

Serving Size: 1 or 2 Tablets

Servings Per Container: 60 or 30

	CHILDREN (4-12)		ADULTS (13+)	
	1 TABLET	% DV**	2 TABLETS	% DV**
Calories	5		10	
Total Carbohydrate	1 g	<1%**	2 g	<1%**
Total Sugars	0 g	†	<1 g	†
Includes <1 g Added Sugars		0%**		1%**
Vitamin C (as ascorbic acid and sodium ascorbate)	250 mg	278%	500 mg	556%

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: SORBITOL, FRUCTOSE, NATURAL FLAVORS, COLORED WITH TURMERIC.

CHOLESTEROL REDUCTION COMPLEX**

#22079 120 TABLETS/60 SERVINGS (30-DAY SUPPLY)

RETAIL PRICE: \$53.35

MEMBER PRICE: \$45.35 | PV: 30.00

Supplement Facts

Serving Size: 2 Tablets twice daily

Servings Per Container: 60

	AMOUNT PER SERVING	%DV
Calories	10	
Total Carbohydrate	2 g	1%**
Dietary Fiber	<1 g	3%**
Sodium	10 mg	<1%
Plant Sterols/Stanol	1,000 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

INGREDIENTS: PLANT STEROLS/STANOLS, MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, STEARIC ACID, HYDROXYPROPYL METHYLCELLULOSE, MODIFIED FOOD STARCH, HYDROXYPROPYL CELLULOSE, HYDROXYLATED SOY LECITHIN.

CITRIBOOST®

#20635 137 GRAMS/30 SERVINGS

RETAIL PRICE: \$36.70

MEMBER PRICE: \$31.15 | PV: 23.30

Supplement Facts

Serving Size: 1 Scoop (4.6 g)

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Carbohydrate	2 g	<1%**
Vitamin A (as vitamin A palmitate)	1,500 mcg	167%
Vitamin C (as ascorbic acid)	60 mg	67%
Vitamin D (as cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha-tocopheryl acetate)	20.1 mg	134%
Thiamin (as thiamine mononitrate)	1.5 mg	125%
Riboflavin	1.7 mg	131%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	118%
Folate	668 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	250%
Biotin (as d-biotin)	300 mcg	1,000%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%
Calcium (as tricalcium phosphate)	500 mg	38%
Phosphorus (as tricalcium phosphate)	250 mg	20%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide)	200 mg	48%
Zinc (as zinc oxide)	7.5 mg	68%
Selenium (as selenium yeast)	35 mcg	64%
Copper (as copper gluconate)	1 mg	111%
Manganese (as manganese sulfate)	1 mg	43%
Chromium (as chromium nicotinate)	60 mcg	171%
Molybdenum (as molybdenum yeast)	37.5 mcg	83%
Sodium (as sodium citrate)	170 mg	7%
Potassium (as potassium citrate)	99 mg	2%
Prebiotic & Probiotic Proprietary Blend (Inulin, <i>Lactobacillus acidophilus</i>)	520 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, NATURAL FLAVOR, SILICON DIOXIDE. CONTAINS MILK.

†To lower cholesterol, the National Institutes of Health recommends eating less saturated fat and cholesterol, exercising, losing weight, eating more soluble fiber, and consuming 2,000 mg of plant sterols and stanols daily.

COLLAGEN-9™

#21401 8.2 OZ. (231.2 GRAMS)/20 SERVINGS

RETAIL PRICE: \$34.70

MEMBER PRICE: \$29.50 | PV: 16.50

Supplement Facts



Serving Size: 2 Scoops (11.6 g)

Servings Per Container: 20

	AMOUNT PER SERVING	% DAILY VALUE**
Calories	45	
Protein	10 g	
Vitamin C (as ascorbic acid)	90 mg	100%
Biotin	30 mcg	100%
Collagen (as bovine collagen types I & III)	10 g	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: PEA PROTEIN (*PISUM SATIVUM*).

COREENERGY® ☆

#20732 90 VEGETARIAN CAPSULES/30 SERVINGS

RETAIL PRICE: \$38.85

MEMBER PRICE: \$33.00 | PV: 24.65

Supplement Facts



Serving Size: 3 Capsules

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	5	
Total Carbohydrate	1 g	<1%**
Cordyceps 4:1 Extract (<i>Paecliomycetes hepialii</i>) (fungus)	750 mg	†
Ginseng Root Extract (<i>Panax ginseng</i>) (standardized to contain 10% ginsenosides)	200 mg	†
Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (standardized to contain 50% polyphenols)	200 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE IN A VEGETARIAN CAPSULE (HYDROXYPROPYL METHYLCELLULOSE, WATER).

COGHEART® WITH Q-TROL®

#22076 30 SOFTGELS/30 SERVINGS

RETAIL PRICE: \$38.70

MEMBER PRICE: \$32.90 | PV: 24.00

Supplement Facts



Serving Size: 1 Softgel

Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Coenzyme Q ₁₀	100 mg	†
Mixed Tocopherols	5 mg	†
Trans-resveratrol (<i>Polygonum cuspidatum</i>) (root)	2 mg	†

†Daily Value not established.

OTHER INGREDIENTS: OLIVE OIL, YELLOW BEESWAX IN A GELATIN CAPSULE (GELATIN, GLYCERIN, WATER, AND ANNATTO COLOR), **CONTAINS SOY.**

DEFEND & RESIST COMPLEX ☆

#20613 90 TABLETS/15 SERVINGS

RETAIL PRICE: \$20.95

MEMBER PRICE: \$17.80 | PV: 13.30

Supplement Facts



Serving Size: 6 Tablets

Servings Per Container: 15

	AMOUNT PER SERVING	% DAILY VALUE
Calories	15	
Total Carbohydrate	4 g	1%**
Total Sugars	3 g	†
Includes 3 g Added Sugars		6%**
Zinc (as zinc gluconate)	15 mg	136%
Echinacea Extract (<i>Echinacea purpurea</i>) (herb and root)	168 mg	†
Larch Tree Extract (<i>Larix sp.</i>) (heartwood)	300 mg	†
Defend & Resist Proprietary Blend	480 mg	†
Elderberry Extract and Juice Concentrate (<i>Sambucus nigra</i>) (fruit), Stevia (<i>Stevia rebaudiana</i>) (leaf)		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MALTOSE, MICROCRYSTALLINE CELLULOSE.

DREAM SERENE™ ☆

#21400 30 SOFTGELS/30 SERVINGS

RETAIL PRICE: \$25.00

MEMBER PRICE: \$21.25 | PV: 15.50

Supplement Facts

gf

Serving Size: 1 Softgel

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Melatonin	2 mg	†
Sleep Proprietary Blend	250 mg	†
Valerian extract (root), Lemon balm extract (leaf), L-theanine		

†Daily Value not established.

OTHER INGREDIENTS: MEDIUM CHAIN TRIGLYCERIDES, SILICON DIOXIDE, SUNFLOWER LECITHIN, IN A SOFT VEGETARIAN CAPSULE (MODIFIED CORN STARCH, GLYCERIN, CARRAGEENAN, SORBITOL, WATER, TITANIUM DIOXIDE, SODIUM COPPER CHLOROPHYLLIN).

EZ-GEST® ☆

#20633 30 CAPSULES/30 SERVINGS

RETAIL PRICE: \$23.10

MEMBER PRICE: \$19.65 | PV: 14.65

Supplement Facts

gf

Serving Size: 1 Capsule

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Lactase Enzyme (3,000 ALU)	48 mg	†
Alpha-Galactosidase Enzyme (380 GALU)	50 mg	†
Protease Enzymes (12,500 HUT) (pH4.5, pH6, peptidase)	28 mg	†
Amylase Enzyme (2,000 DU)	22 mg	†
Lipase Enzyme (150 LU)	11.5 mg	†

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, ENZYMES (DERIVED FROM *ASPERGILLUS ORYZAE*, *ASPERGILLUS NIGER*, AND *RHIZOPUS ORYZAE*), IN A VEGETARIAN CAPSULE (HYDROXYPROPYL METHYLCELLULOSE, WATER). **CONTAINS SOY.**



ENERGIZING SOY PROTEIN ☆

#20665 NATURAL VANILLA

#20670 CREAMY COCOA

30 OZ. (850 GRAMS)/30 SERVINGS

RETAIL PRICE: \$43.50

MEMBER PRICE: \$36.95 | PV: 27.60

Supplement Facts

gf

Serving Size: 3 Tablespoons (28 g)

Servings Per Container: 30

	NATURAL VANILLA		CREAMY COCOA	
	AMOUNT	%DV	AMOUNT	%DV
Calories	110		110	
Total Fat	1 g	1%**	1 g	1%**
Total Carbohydrate	10 g	4%**	10 g	4%**
Total Sugars	9 g	†	8 g	†
Includes Added Sugars	9 g	18%**	8 g	16%**
Protein (as soy protein isolate)	14 g	28%	14 g	28%
Thiamin (as thiamine mononitrate)	2 mg	167%	2 mg	167%
Riboflavin	2 mg	154%	2 mg	154%
Niacin (as niacinamide)	10 mg	63%	10 mg	63%
Vitamin B ₆ (as pyridoxine hydrochloride)	0.5 mg	29%	0.5 mg	29%
Pantothenic Acid (as calcium pantothenate)	2 mg	40%	2 mg	40%
Calcium (as tricalcium phosphate and calcium carbonate)	500 mg	38%	500 mg	38%
Iron	3 mg	17%	3 mg	17%
Phosphorus (as tricalcium phosphate)	250 mg	20%	250 mg	20%
Sodium	170 mg	7%	160 mg	7%

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

NATURAL VANILLA OTHER INGREDIENTS: SOY LECITHIN, NATURAL VANILLA FLAVOR, GUAR GUM.

CREAMY COCOA OTHER INGREDIENTS: COCOA PROCESSED WITH ALKALI, NATURAL COCOA FLAVOR, SOY LECITHIN, GUAR GUM, POTASSIUM CHLORIDE.

GARLIC COMPLEX ☆

#20084 240 TABLETS/120 SERVINGS

RETAIL PRICE: \$43.05

MEMBER PRICE: \$36.60 | PV: 27.30

Supplement Facts

gf

Serving Size: 2 Tablets

Servings Per Container: 120

	AMOUNT PER SERVING	% DAILY VALUE
Calories	5	
Total Carbohydrate	1 g	<1%**
Garlic Powder (<i>Allium sativum</i>) (clove)	1 g	†
Spearmint Oil (<i>Mentha spicata</i>) (leaf)	3 mg	†
Rosemary Extract (<i>Rosmarinus officinalis</i>) (herb)	50 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYLATED SOY LECITHIN, SHAKLEEGUARD® (ASCORBYL PALMITATE, MIXED TOCOPHEROLS CONCENTRATE, ROSEMARY EXTRACT) TO MAINTAIN QUALITY.

GLA COMPLEX

#20608 60 SOFTGELS/60 SERVINGS

RETAIL PRICE: \$34.60

MEMBER PRICE: \$29.40 | PV: 21.95

Supplement Facts

gf

Serving Size: 1 Softgel

Servings Per Container: 60

	AMOUNT PER SERVING	% DAILY VALUE
Total Fat	0.5 g	<1%**
Vitamin E (as d-alpha-tocopherol concentrate)	10.1 mg	67%
Gamma-Linolenic Acid from borage seed oil (<i>Borago officinalis</i>)	90 mg	†
Linoleic Acid from sunflower seed oil (<i>Helianthus annuus</i>) and borage seed oil (<i>Borago officinalis</i>)	216 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: SHAKLEEGUARD® (ASCORBYL PALMITATE, MIXED TOCOPHEROLS CONCENTRATE (SOY), ROSEMARY EXTRACT) TO MAINTAIN QUALITY, IN A SOFT GELATIN CAPSULE (GELATIN, GLYCERIN, WATER).

HERB-LAX® ☆

#20141 240 TABLETS/60 SERVINGS

RETAIL PRICE: \$26.25

MEMBER PRICE: \$22.30 | PV: 16.65

Supplement Facts

gf

Serving Size: 4 Tablets

Servings Per Container: 15 (60)

	AMOUNT PER SERVING	%DV
Calories	10	
Total Carbohydrate	2 g	<1%**
Dietary Fiber	1 g	4%**
Calcium	20 mg	2%
Iron	0.36 mg	2%
Sodium	10 mg	<1%

Herb-Lax® Enhanced Proprietary Blend 1.7 g †
Senna leaf powder (*Cassia angustifolia*) (standardized to contribute 16 mg total sennosides), Licorice root powder (*Glycyrrhiza glabra*), Buckthorn bark powder (*Rhamnus frangula*), Alfalfa leaf powder (*Medicago sativa*), Fennel seed powder (*Foeniculum vulgare*), Anise seed powder (*Pimpinella anisum*), Rhubarb root powder (*Rheum palmatum*), Blue malva flower powder (*Malva sylvestris*), Culver's root powder (*Veronicastrum virginicum*).

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELOSE SODIUM, CORN SYRUP SOLIDS, KARAYA GUM.

GLUCOSE REGULATION COMPLEX® ☆

#20749 60 CAPSULES/30 SERVINGS

RETAIL PRICE: \$34.50

MEMBER PRICE: \$29.35 | PV: 21.90

Supplement Facts

gf

Serving Size: 2 Capsules

Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Total Carbohydrate	<1 g	<1%**
Magnesium (as magnesium oxide)	200 mg	48%
Zinc (as zinc gluconate)	5 mg	45%
Chromium (as chromium polynicotinate)	400 mcg	1,143%
Taurine	500 mg	†
Vanadium (as vanadium amino acid chelate)	100 mcg	†
Alpha-Lipoic Acid	10 mg	†
Banaba Leaf Extract (<i>Lagerstroemia speciosa</i>) (standardized to contain 18% corosolic acid)	1.8 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN IN A VEGETARIAN CAPSULE (HYDROXYPROPYL METHYLCELLULOSE, WATER).

IMMUNITY FORMULA I®

#20241 60 CAPSULES/60 SERVINGS

RETAIL PRICE: \$23.10

MEMBER PRICE: \$19.65 | PV: 14.65

Supplement Facts

gf

Serving Size: 1 Capsule

Servings Per Container: 60

	AMOUNT PER SERVING	% DV
Vitamin A (100% as beta-carotene)	1,875 mcg	208%
Vitamin C (as calcium ascorbate)	120 mg	133%
Vitamin E (as d-alpha-tocopherol concentrate)	60 IU	268%
Vitamin B ₆ (as pyridoxine hydrochloride)	4 mg	235%
Folate 668 mcg DFE (400 mcg folic acid)		167%
Vitamin B ₁₂ (as cyanocobalamin)	12 mcg	500%
Zinc (as zinc oxide)	9.7 mg	88%
Selenium (as sodium selenate)	46 mcg	84%
Copper (as copper oxide)	1.3 mg	144%

OTHER INGREDIENTS: SOYBEAN OIL, BEESWAX, NATURAL MIXED CAROTENOIDS CONCENTRATE WITH MIXED TOCOPHEROLS, SOY LECITHIN, SHAKLEEGUARD® (ASCORBYL PALMITATE, MIXED TOCOPHEROLS CONCENTRATE, ROSEMARY EXTRACT) TO MAINTAIN QUALITY, IN A GELATIN CAPSULE (GELATIN, GLYCERIN, WATER, CAROB, CARAMEL, TITANIUM DIOXIDE).



**INSTANT PROTEIN®
SOY MIX** ☆
#20661 22 OZ. (630 GRAMS)
30 SERVINGS
RETAIL PRICE: \$43.50
MEMBER PRICE: \$36.95 | PV: 27.60

Nutrition Facts (gf)

30 servings per container

Serving size **3 Tablespoons (21 g)**

Amount Per Serving
Calories **80**

% Daily Value**

Total Fat 1.5 g	2%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 190 mg	8%
Total Carbohydrate <1 g	0%
Dietary Fiber 0 g	0%
Total Sugars 0 g	
Includes 0 g Added Sugars	0%
Protein 16 g	32%
Vitamin D 0 mcg	0%
Calcium 150 mg	10%
Iron 2.7 mg	15%
Potassium 0 mg	0%
Phosphorus 150 mg	10%

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SOY PROTEIN ISOLATE, SOYBEAN OIL, TRICALCIUM PHOSPHATE, SOY LECITHIN, MIXED TOCOPHEROLS CONCENTRATE.

IRON PLUS C COMPLEX ☆
#20491 90 TABLETS/90 SERVINGS
RETAIL PRICE: \$10.50
MEMBER PRICE: \$8.90 | PV: 6.65

Supplement Facts (gf)

Serving Size: 1 Tablet

Servings Per Container: 90

	AMOUNT PER SERVING	% DAILY VALUE
Vitamin C (as ascorbic acid)	60 mg	67%
Calcium (as dicalcium and tricalcium phosphate)	130 mg	10%
Iron (as ferrous fumarate)	18 mg	100%
Phosphorus (as dicalcium and tricalcium phosphate)	100 mg	8%

OTHER INGREDIENTS: MALTODEXTRIN, CROSCARMELOSE SODIUM, BEET POWDER, ACACIA GUM, SPINACH POWDER.

JOINT & MUSCLE PAIN CREAM

#31051 3 OZ.
RETAIL PRICE: \$27.30
MEMBER PRICE: \$23.20 | PV: 17.30

Drug Facts

ACTIVE INGREDIENT	PURPOSE
Menthol (5%)	Topical Analgesic Provides penetrating temporary relief for minor pain in muscles and joints from: backache, arthritis, bruises, sprains

LECITHIN

#20182 180 SOFTGELS/30 SERVINGS
RETAIL PRICE: \$16.80
MEMBER PRICE: \$14.30 | PV: 10.65

Supplement Facts (gf)

Serving Size: 6 Softgels

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	35	
Total Fat	3 g	4%**
Total Carbohydrate	<1 g	<1%**
Protein	1 g	
Phosphorus	60 mg	5%
Lecithin	3.1 g	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: SOYBEAN OIL IN A SOFT GELATIN CAPSULE (GELATIN, GLYCERIN, WATER), **CONTAINS SOY.**

LIFE SHAKE™
WITH PLANT PROTEIN ☆

CANISTER/14 SERVINGS
 FRENCH VANILLA #21333
 RICH CHOCOLATE #21335
 RETAIL PRICE: \$57.05
MEMBER PRICE: \$48.50 | PV: 27.00

POUCH/28 SERVINGS
 FRENCH VANILLA #21334
 RICH CHOCOLATE #21336
 RETAIL PRICE: \$102.95
MEMBER PRICE: \$87.50 | PV: 50.00

LIFE SHAKE™
WITH SOY PROTEIN ☆

CANISTER/14 SERVINGS
 FRENCH VANILLA #21321
 RICH CHOCOLATE #21324
 STRAWBERRY #21327
 CAFÉ LATTE #21329
 RETAIL PRICE: \$57.05
MEMBER PRICE: \$48.50
 PV: FRENCH VANILLA 30.00
 RICH CHOCOLATE 30.50
 STRAWBERRY 31.50
 CAFÉ LATTE 32.00

POUCH/28 SERVINGS
 FRENCH VANILLA #21322
 RICH CHOCOLATE #21325
 STRAWBERRY #21328
 CAFÉ LATTE #21330
 RETAIL PRICE: \$102.95
MEMBER PRICE: \$87.50
 PV: FRENCH VANILLA 56.00
 RICH CHOCOLATE 56.00
 STRAWBERRY 57.00
 CAFÉ LATTE 57.00

Nutrition Facts



	Plant Protein French Vanilla	Soy Protein French Vanilla
Servings per container:	14 (28)	14 (28)
Serving size: 2 scoops	(43 g)	(42 g)
Amount Per Serving		
Calories	160	150
	%DV**	%DV**
Total Fat	4 g 5%	3 g 4%
Saturated Fat	1 g 5%	0.5 g 3%
Trans Fat	0 g	0 g
Polysaturated Fat	1 g	0.5 g
Monounsaturated Fat	1.5 g	1.5 g
Cholesterol	0 mg 0%	0 mg 0%
Sodium	400 mg 17%	420 mg 18%
Total Carbohydrate	16 g 6%	14 g 5%
Dietary Fiber	6 g 21%	6 g 21%
Total Sugars	5 g	5 g
Incl. Added Sugars	5 g 10%	5 g 10%
Protein	20 g 40%	20 g 40%
Vitamin D	3.5 mcg (140 IU) 20%	3.5 mcg (140 IU) 20%
Calcium	120 mg 10%	120 mg 10%
Iron	4.5 mg 25%	2.7 mg 15%
Potassium	120 mg 2%	150 mg 4%
Vitamin A	90 mcg 10%	90 mcg 10%
Vitamin C	21 mg 25%	21 mg 25%
Vitamin E	5.2 mg 35%	5.2 mg 35%
Thiamin	0.42 mg 35%	0.42 mg 35%
Riboflavin	0.45 mg 35%	0.45 mg 35%
Niacin	5.6 mg 35%	5.6 mg 35%
Vitamin B ₆	0.6 mg 35%	0.6 mg 35%
Folate	138 mcg DFE 35% (83 mcg folic acid)	138 mcg DFE 35% (83 mcg folic acid)
Vitamin B ₁₂	0.83 mcg 35%	0.83 mcg 35%
Biotin	10.5 mcg 35%	10.5 mcg 35%
Pantothenic Acid	1.8 mg 35%	1.8 mg 35%
Phosphorus	240 mg 20%	230 mg 20%
Magnesium	90 mg 20%	90 mg 20%
Zinc	4 mg 35%	4 mg 35%
Selenium	28 mcg 50%	13 mcg 25%
Copper	0.2 mg 20%	0.3 mg 35%
Manganese	0.3 mg 15%	0.3 mg 15%
Chromium	8 mcg 25%	8 mcg 25%
Molybdenum	25 mcg 60%	25 mcg 60%
Chloride	200 mg 8%	270 mg 10%

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

LIFE-STRIP®

WITH IRON #21294

30 LIFE-STRIPS®

RETAIL PRICE: \$205.95

MEMBER PRICE: \$175.05

PV: 114.23

OTHER INGREDIENTS: GELATIN, MCT OIL (MEDIUM-CHAIN TRIGLYCERIDES FROM PALM AND COCONUT OILS), MICROCRYSTALLINE CELLULOSE, GLYCERIN, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYPROPYL CELLULOSE, YELLOW BEESWAX, CROSCARMELLOSE SODIUM, SOY LECITHIN, SEA KELP, RED GRAPE JUICE EXTRACT, GUAR GUM, ORANGE OIL, CITRUS BIOFLAVONOIDS (GRAPEFRUIT, LEMON, ORANGE), RIBOFLAVIN COLOR, ACEROLA EXTRACT, ALFALFA POWDER, CHOLINE BITARTRATE, HESPERIDIN COMPLEX, INOSITOL, MIXED TOCOPHEROLS, RICE BRAN POWDER, ROSE HIPS POWDER, HYDROXYLATED SOY LECITHIN, SODIUM COPPER CHLOROPHYLLIN.

WITHOUT IRON #21293

30 LIFE-STRIPS®

RETAIL PRICE: \$205.95

MEMBER PRICE: \$175.05

PV: 114.23

OTHER INGREDIENTS: GELATIN, MCT OIL (MEDIUM-CHAIN TRIGLYCERIDES FROM PALM AND COCONUT OILS), MICROCRYSTALLINE CELLULOSE, GLYCERIN, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYPROPYL CELLULOSE, YELLOW BEESWAX, CROSCARMELLOSE SODIUM, SOY LECITHIN, SEA KELP, RED GRAPE JUICE EXTRACT, GUAR GUM, ORANGE OIL, CITRUS BIOFLAVONOIDS (GRAPEFRUIT, LEMON, ORANGE), RIBOFLAVIN COLOR, ACEROLA EXTRACT, ALFALFA POWDER, CHOLINE BITARTRATE, HESPERIDIN COMPLEX, INOSITOL, MIXED TOCOPHEROLS, RICE BRAN POWDER, ROSE HIPS POWDER, HYDROXYLATED SOY LECITHIN, SODIUM COPPER CHLOROPHYLLIN.

Supplement Facts ^{gf}

Serving Size: 1 Life-Strip®

	With Iron	Without Iron
AMOUNT PER SERVING/% DAILY VALUE		
Calories	35	35
Total Fat	2 g/3%**	2 g/3%**
Total Carbohydrate	2 g/1%**	2 g/1%**
Protein	1 g/2%**	1 g/2%**
Vitamin A (75% as beta-carotene from <i>Blakeslea trispora</i> and 25% as vitamin A acetate)	1,875 mcg/208%	1,875 mcg/208%
Vitamin C (as calcium ascorbate and ascorbic acid)	500 mg/566%	500 mg/566%
Vitamin D ₃ (as cholecalciferol)	31.25 mcg/156% (1,250 IU)	31.25 mcg/156% (1,250 IU)
Vitamin E (as d-alpha-tocopherol and d-alpha-tocopheryl acid succinate)	134 mg/893%	134 mg/893%
Vitamin K (as phytonadione)	120 mcg/100%	120 mcg/100%
Thiamin (as thiamine mononitrate)	9.75 mg/813%	9.75 mg/813%
Riboflavin	11 mg/846%	11 mg/846%
Niacin (as niacinamide)	130 mg/813%	130 mg/813%
Vitamin B ₆ (as pyridoxine hydrochloride)	14 mg/824%	14 mg/824%
Folate	668 mcg DFE/167% (400 mcg folic acid)	668 mcg DFE/167% (400 mcg folic acid)
Vitamin B ₁₂ (as cyanocobalamin)	54 mcg/2,250%	54 mcg/2,250%
Biotin (as d-biotin)	300 mcg/1,000%	300 mcg/1,000%
Pantothenic Acid (as d-calcium-pantothenate)	65 mg/1,300%	65 mg/1,300%
Calcium (as calcium carbonate, calcium ascorbate, tricalcium phosphate, dicalcium phosphate and calcium silicate)	500 mg/38%	500 mg/38%
Iron (as ferrous fumarate)	18 mg/100%	0 mg/0%
Phosphorus (as tricalcium phosphate)	28 mg/2%	28 mg/2%
Iodine (as potassium iodide)	150 mcg/100%	150 mcg/100%
Magnesium (as magnesium oxide)	200 mg/48%	200 mg/48%
Zinc (as zinc oxide)	22.5 mg/205%	22.5 mg/205%
Selenium (as trace mineral protein hydrolysate)	70 mcg/127%	70 mcg/127%
Copper (as copper gluconate)	1 mg/111%	1 mg/111%
Manganese (as manganese gluconate)	2.3 mg/100%	2.3 mg/100%
Chromium (as trace mineral protein hydrolysate)	120 mcg/343%	120 mcg/343%
Molybdenum (as trace mineral protein hydrolysate)	75 mcg/167%	75 mcg/167%
Sodium	10 mg/<1%	10 mg/<1%
Total Omega-3 Fatty Acids (from ultra-pure marine lipid concentrate)	1,063 mg/†	1,063 mg/†
Our Full Spectrum Includes:		
EPA (eicosapentaenoic acid)	713 mg/†	713 mg/†
DHA (docosahexaenoic acid)	287 mg/†	287 mg/†
And five other naturally found fatty acids, including: docosapentaenoic, stearidonic, eicosatetraenoic, heneicosapentaenoic, and alpha-linolenic acids.	63 mg/†	63 mg/†
Rejuvetrol® Plus Blend Concentrate	716 mg/†	716 mg/†
Muscadine Grape Extract (<i>Vitis rotundifolia</i>) (fruit pomace), Trans-Resveratrol (<i>Polygonum cuspidatum</i>) (root) standardized to a minimum of 98% purity, Red Wine Extract (<i>Vitis vinifera</i>) (fruit pomace), Pomegranate Extract (<i>Punica granatum</i>) (fruit), Chebulic Myrobalan Extract (<i>Terminalia chebula</i>) (fruit), Black Currant Extract (<i>Ribes nigrum</i>) (fruit), Purple Carrot Extract (<i>Daucus carota sativus</i>) (root)		
Lycopene (from tomato extract)	5 mg/†	5 mg/†
Lutein (from marigold flower extract)	5 mg/†	5 mg/†
Zeaxanthin (from marigold flower extract)	250 mcg/†	250 mcg/†
Coenzyme Q ₁₀ (as ubiquinone)	30 mg/†	30 mg/†
N-acetylcysteine	50 mg/†	50 mg/†
Nickel (as trace mineral protein hydrolysate)	5 mcg/†	5 mcg/†
Tin (as trace mineral protein hydrolysate)	10 mcg/†	10 mcg/†
Vanadium (as trace mineral protein hydrolysate)	20 mcg/†	20 mcg/†
Boron (as trace mineral protein hydrolysate)	1 mg/†	1 mg/†
Silicon (as silicon dioxide)	11 mg/†	11 mg/†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.



LIQUI-LEA®

#20070 8 FL. OZ./47 SERVINGS
 RETAIL PRICE: \$19.95
 MEMBER PRICE: \$16.95 | PV: 12.65

Supplement Facts

(gf)

Serving Size: 1 Teaspoon (5 mL)

Servings Per Container: 47

	AMOUNT PER SERVING	% DAILY VALUE
Calories	15	
Total Carbohydrate	4 g	1%**
Vitamin A (as vitamin A palmitate)	1,500 mcg	167%
Vitamin D (as cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as d-alpha-tocopheryl acetate)	10.1 mg	67%
Thiamin (as thiamine hydrochloride)	2.1 mg	175%
Riboflavin (as riboflavin sodium phosphate)	1.8 mg	138%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	118%
Vitamin B ₁₂ (as cyanocobalamin)	9 mcg	375%
Biotin (as d-biotin)	300 mcg	1,000%
Pantothenic Acid (as d-panthenol)	5 mg	100%
Iron (as ferric ammonium citrate)	18 mg	100%

**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: SORBITOL, NATURAL FLAVOR, GLYCERIN, WATER, SESAME OIL, HYDROXYLATED SOY LECITHIN, CITRIC ACID, GUAR GUM.

LIVER DTX® COMPLEX



#20616 90 CAPLETS/30 SERVINGS
 RETAIL PRICE: \$45.15
 MEMBER PRICE: \$38.40 | PV: 28.65

Supplement Facts

(gf)

Serving Size: 3 Caplets

Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Calories	5	
Total Carbohydrate	1 g	<1%**
Sodium	5 mg	<1%
Milk Thistle Extract (<i>Silybum marianum</i>) (seed)	300 mg	†
DTX® Enhanced Proprietary Blend	900 mg	†
Schisandra Extract (<i>Schisandra chinensis</i>) (fruit)		
Dandelion Extract (<i>Taraxacum officinale</i>) (root and leaf)		
Reishi Mushroom Extract (<i>Ganoderma lucidum</i>) (cap and stalk)		
Turmeric Extract (<i>Curcuma longa</i>) (rhizome)		
Artichoke Extract (<i>Cynara scolymus</i>) (leaf)		

**Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN, MICROCRYSTALLINE CELLULOSE, ACACIA GUM, CROSCARMELLOSE SODIUM.



MEAL SHAKES

#20321 FRENCH VANILLA
 #20322 BAVARIAN COCOA
 19.2 OZ. (544 GRAMS)/
 16 SERVINGS
 RETAIL PRICE: \$29.20
 MEMBER PRICE: \$24.80 | PV: 16.67

Nutrition Facts

(gf)

Servings Per Container: 16

Serving size

1/4 Cup (34 g)

	Amount in Mix Alone	1/4 Cup Mix + Low-Fat Milk
	120	220
	% DV**	% DV**
Total Fat	0.5 g 1%	3 g 4%
Saturated Fat	0 g 0%	1.5 g 8%
Trans Fat	0 g	0 g
Cholesterol	<5 mg 1%	15 mg 5%
Sodium	80 mg 3%	190 mg 8%
Total Carbohydrate	23 g 8%	35 g 13%
Dietary Fiber	3 g 11%	3 g 11%
Soluble Fiber	3 g	3 g
Total Sugars (Vanilla)	16 g	29 g
Incl. Added Sugars	10 g 20%	10 g 20%
Total Sugars (Cocoa)	18 g	31 g
Incl. Added Sugars	11 g 22%	11 g 22%
Protein	7 g 14%	15 g 30%
Vitamin D	1 mcg (40 IU) 5%	4 mcg 20%
Calcium	200 mg 15%	500 mg 40%
Iron	6.3 mg 35%	6.3 mg 35%
Potassium (Vanilla)	230 mg 4%	600 mg 15%
Potassium (Cocoa)	280 mg 6%	640 mg 15%
Vitamin A	380 mcg 40%	520 mcg 60%
Vitamin C	18 mg 20%	18 mg 20%
Vitamin E	7 mg 45%	7 mg 45%
Thiamin	0.5 mg 40%	0.5 mg 40%
Riboflavin	0.2 mg 15%	0.6 mg 45%
Niacin	7 mg 45%	7 mg 45%
Vitamin B ₆	0.6 mg 35%	0.7 mg 40%
Folate	225 mcg DFE 60% (135 mcg folic acid)	225 mcg DFE 60% (135 mcg folic acid)
Vitamin B ₁₂	1.2 mcg 50%	2.4 mcg 100%
Biotin	105 mcg 350%	105 mcg 350%
Pantothenic Acid	3 mg 60%	3 mg 60%
Phosphorus	150 mg 10%	380 mg 30%
Iodine	53 mcg 35%	53 mcg 35%
Magnesium	100 mg 25%	126 mg 30%
Zinc	4.5 mg 40%	5.5 mg 50%
Selenium	25 mcg 45%	32 mcg 60%
Copper	0.7 mg 80%	0.7 mg 80%
Manganese	0.7 mg 30%	0.7 mg 30%
Chromium	42 mcg 120%	42 mcg 120%
Molybdenum	26 mcg 60%	26 mcg 60%
Chloride	120 mg 6%	120 mg 6%

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Continued at right

FRENCH VANILLA INGREDIENTS: NONFAT DRY MILK, FRUCTOSE, MALTODEXTRIN, SOLUBLE CORN FIBER, CALCIUM SODIUM CASEINATE, NATURAL FLAVOR, MAGNESIUM OXIDE, SUNFLOWER LECITHIN, XANTHAN GUM, ASCORBIC ACID, SELENIUM YEAST, CHROMIUM YEAST, FERROUS FUMARATE, D-ALPHA-TOCOPHERYL ACETATE, MOLYBDENUM YEAST, NIACINAMIDE, VITAMIN A PALMITATE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE, MANGANESE SULFATE, VITAMIN B₁₂, PYRIDOXINE HYDROCHLORIDE, VITAMIN D, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN, RIBOFLAVIN, POTASSIUM IODIDE.

BAVARIAN COCOA IN ADDITION INCLUDES: LOWFAT COCOA PROCESSED WITH ALKALI.

MENOPAUSE BALANCE COMPLEX*

#20645 60 CAPSULES/30 SERVINGS

RETAIL PRICE: \$31.45

MEMBER PRICE: \$26.70 | PV: 19.95

Supplement Facts



Serving Size: 2 Capsules
Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Fat	0.5 g	1%**
Total Carbohydrate	<1 g	<1%**
Black Cohosh Extract <i>(Cimicifuga racemosa)</i> (root) (standardized to contain 2.5% total triterpene glycosides as 27-deoxyactein)	80 mg	†
Soy Isoflavones	30 mg	†
Flaxseed Extract (<i>Linum usitatissimum</i>) (seed)	333 mg	†
Flaxseed Oil	600 mg	†
PhytoFem® Proprietary Blend Dong Quai Extract (<i>Angelica sinensis</i>) (root), Red Clover Extract (<i>Trifolium pratense</i>) (herb), Licorice Extract (<i>Glycyrrhiza glabra</i>) (root)	100 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: SOY LECITHIN, BEESWAX, SHAKLEEGUARD® (ASCORBYL PALMITATE, MIXED TOCOPHEROLS CONCENTRATE, ROSEMARY EXTRACT) TO MAINTAIN QUALITY, IN A GELATIN CAPSULE (GELATIN, GLYCERIN, WATER, ANNATTO COLOR).

MENTAL ACUIITY PLUS**

#20637 90 CAPLETS/30 SERVINGS

RETAIL PRICE: \$40.90

MEMBER PRICE: \$34.75 | PV: 25.95

Supplement Facts



Serving Size: 3 Caplets
Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	5	
Total Carbohydrate	1 g	<1%**
Vitamin B ₆ (as pyridoxine hydrochloride)	4 mg	235%
Folate (as folic acid)	668 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as cyanocobalamin)	300 mcg	12,500%
Ginkgo Biloba Leaf Extract (standardized to 24% flavone glycosides, 6% terpene lactones)	120 mg	†
Acuity Enhanced Proprietary Blend Hawthorn extract (<i>Crataegus oxyacantha</i>) (leaf and flower) Gotu Kola extract (<i>Centella asiatica</i>) (leaf and stem) Bilberry extract (<i>Vaccinium myrtillus</i>) (fruit) Rosemary extract (<i>Rosmarinus officinalis</i>) (leaf)	325 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, MALTODEXTRIN, CROSCARMELLOSE SODIUM.

MINDWORKS® ☆

#22066 | 30 TABLETS/30 SERVINGS

RETAIL PRICE: \$60.45

MEMBER PRICE: \$51.40 | PV: 38.37

Supplement Facts



Serving Size: 1 Tablet
Servings Per Container: 30

	AMOUNT PER SERVING	% DV
Total Carbohydrate	<1 g	<1%**
Vitamin B ₆ (as pyridoxine hydrochloride)	20 mg	1,176%
Folate	1,336 mcg DFE (800 mcg folic acid)	334%
Vitamin B ₁₂ (as cyanocobalamin)	500 mcg	20,833%
Calcium (as dicalcium phosphate)	75 mg	6%
MindWorks® Smart™ Proprietary Blend: Chardonnay Grape Extract (<i>Vitis vinifera</i>) (seed), Guarana Extract (<i>Paullinia cupana</i>) (seed), Blueberry Powder (<i>Vaccinium angustifolium</i>) (fruit), and Green Coffee Extract (<i>Coffea arabica</i>) (seed).	230 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYLATED SOY LECITHIN.

MEOLOGY™ KIDS

25 PACKS/25 SERVINGS

RETAIL PRICE: \$43.30

MEMBER PRICE: \$36.85 | PV: 20.00

Supplement Facts



Serving Size: 1 Pack

Servings Per Container: 25

	AMOUNT PER SERVING	% DAILY VALUE
Calories	30	
Total Fat	0.5 g	< 1%**
Total Carbohydrate	6 g	2%**
Total Sugars	3 g	†
Includes 3 g Added Sugars		6%**
Vitamin A (as vitamin A palmitate)	900 mcg	100%
Vitamin C (as ascorbic acid)	90 mg	100%
Vitamin D (as cholecalciferol)	20 mcg (800 IU)	100%
Vitamin E (as dl-alpha-tocopherol acetate)	15 mg	100%
Vitamin B ₆ (as pyridoxine hydrochloride)	1.7 mg	100%
Folate	260 mcg DFE (156 mcg folic acid)	65%
Vitamin B ₁₂ (as cyanocobalamin)	2.4 mcg	100%
Biotin (as d-biotin)	30 mcg	100%
Pantothenic Acid (as d-calcium pantothenate)	5.2 mg	104%
Choline (as choline bitartrate)	40 mcg	< 1%
Iodine (as potassium iodide)	42 mcg	28%
Zinc (as zinc citrate)	4.3 mg	39%
Sodium	20 mg	< 1%
Total Omega-3 Fatty Acids	335 mg	†
DHA (docosahexaenoic acid)	250 mg	†
EPA (eicosapentaenoic acid)	50 mg	†
Elderberry Extract (<i>Sambucus nigra</i>) (fruit)	23 mg	†
Inositol	40 mcg	†

**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: CANE SUGAR, TAPIOCA SYRUP, PURIFIED WATER, FISH OIL CONCENTRATE, XYLITOL, PECTIN, SORBITOL, GELATIN, CITRIC ACID, NATURAL FLAVORS, TRISODIUM CITRATE, SODIUM CITRATE, BLACK CARROT POWDER FOR COLOR, ORGANIC SUNFLOWER OIL, ORGANIC FRUIT POWDER (ORANGE, LEMON, STRAWBERRY, RASPBERRY, BLUEBERRY, TART CHERRY, POMEGRANATE, CRANBERRY), AND BETA-CAROTENE FOR COLOR.

MOODLIFT® COMPLEX*

#20625 120 CAPSULES/30 SERVINGS

RETAIL PRICE: \$36.70

MEMBER PRICE: \$31.15 | PV: 23.30

Supplement Facts



Serving Size: 4 Capsules

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Carbohydrate	2 g	<1%**
Inositol	1 g	†
St. John's Wort Extract (<i>Hypericum perforatum</i>) (herb) (standardized to contain 0.3% total hypericin)	900 mg	†
MoodLift® Enhanced Proprietary Blend <i>Eleutherococcus senticosus</i> (root) Green Oat Extract (<i>Avena sativa</i>) (herb)	200 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MALTODEXTRIN IN A HARD GELATIN CAPSULE (GELATIN, WATER).

NUTRIFERON® ☆

#20962 60 CAPLETS/30 SERVINGS

RETAIL PRICE: \$47.25

MEMBER PRICE: \$40.15 | PV: 30.00

Supplement Facts



Serving Size: 2 Caplets

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	5	
Total Carbohydrate	1 g	<1%**
Zinc (as zinc oxide)	10 mg	91%
Copper (as copper carbonate)	0.4 mg	44%
MACH® Patented Blend of Interferon-Boosting Plant Extracts Pumpkinseed Extract (<i>Cucurbita moschata</i>) Safflower Flower Extract (<i>Carthamus tinctorius</i>) Asian Plantain Seed Extract (<i>Plantago asiatica</i>) Japanese Honeysuckle Flower Extract (<i>Lonicera japonica</i>)	500 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, DICALCIUM PHOSPHATE, SILICON DIOXIDE, CROSCARMELLOSE SODIUM, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYLATED SOY LECITHIN, CARNAUBA WAX, CAMEL COLOR.

OMEGA-3 GELLYS™

#21403 30 GELLYS/30 OR 15 SERVINGS
 RETAIL PRICE: \$23.45
MEMBER PRICE: \$19.95 | PV: 11.50

Supplement Facts



Serving Size: 1 or 2 Gellys

Servings Per Container: 30 or 15

	KIDS (4-18)		ADULTS (18+)	
	1 GELLY	% DV**	2 GELLYS	% DV**
Calories	5		10	
Total Fat	0.5 g	<1%**	1 g	1%**
Total Omega-3 Fatty Acids	335 mg	†	670 mg	†
DHA (Docosahexaenoic Acid)	250 mg	†	500 mg	†
EPA (Eicosapentaenoic Acid)	50 mg	†	100 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: FISH OIL CONCENTRATE, XYLITOL, PURIFIED WATER, SORBITOL, GELATIN, NATURAL FLAVORS, TRISODIUM CITRATE, CITRIC ACID, BETA-CAROTENE FOR COLOR.

OMEGAGUARD®

#22077 60 SOFTGELS/30 SERVINGS
 RETAIL PRICE: \$20.55
MEMBER PRICE: \$17.45 | PV: 13.00
 #22078 180 SOFTGELS/90 SERVINGS
 RETAIL PRICE: \$53.25
MEMBER PRICE: \$45.25 | PV: 34.00

Supplement Facts



Serving Size: 2 Softgels

Servings Per Container: 30 (90)

	AMOUNT PER SERVING	%DV
Calories	10	
Total Fat	1 g	2%**
Saturated Fat	0 g	0%**
Trans Fat	0 g	
Cholesterol	0 mg	0%
Total Fish Oil	1,200 mg	†
Total Omega-3 Fatty Acids (as ethyl esters)	667 mg	†
Our Full Spectrum Includes:		
EPA (eicosapentaenoic acid)	363 mg	†
DHA (docosahexaenoic acid) and five other naturally found fatty acids: docosapentaenoic, stearidonic, eicosatetraenoic, heneicosapentaenoic, and alpha-linolenic acids	240 mg	†
	64 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

INGREDIENTS: ULTRA-PURE MARINE LIPID CONCENTRATE, MIXED TOCOPHEROLS CONCENTRATE IN A SOFT GELATIN CAPSULE (GELATIN, GLYCERIN, WATER).
CONTAINS FISH OIL.

OPTIFLORA® DI ☆

#21320 30 CAPSULES/30 SERVINGS
 RETAIL PRICE: \$36.40
MEMBER PRICE: \$30.90 | PV: 21.20

Supplement Facts



Serving Size: 1 Capsule

Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Digestive & Immune Enhanced Proprietary Blend	96 mg (10 billion CFU)	†
<i>Bifidobacterium lactis</i> HN019™		
<i>Lactobacillus acidophilus</i> La-14®		
<i>Lactobacillus rhamnosus</i> GG™		
<i>Lactobacillus plantarum</i> Lp-115®		

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE IN A VEGETARIAN CAPSULE (HYDROXYPROPYL METHYLCELLULOSE, WATER).

OPTIFLORA® PEARL PROBIOTIC

#20639 30 CAPSULES/30 SERVINGS
 RETAIL PRICE: \$23.10
MEMBER PRICE: \$19.65 | PV: 14.65

Supplement Facts



Serving Size: 1 Capsule

Servings Per Container: 30

	AMOUNT PER SERVING	%DV
<i>Bifidobacterium longum</i>	10 mg (250 million CFU)	†
<i>Lactobacillus acidophilus</i>	7 mg (250 million CFU)	†

†Daily Value not established.

OTHER INGREDIENTS: PALM OIL, GELATIN, GLYCERIN, SOY LECITHIN, PECTIN.

OPTIFLORA® PREBIOTIC COMPLEX ☆

#20638 4.3 OZ. (120 GRAMS)/30 SERVINGS
 RETAIL PRICE: \$13.60
MEMBER PRICE: \$11.55 | PV: 8.65

Supplement Facts



Serving Size: 1 Teaspoon (4 g)

Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Calories	15	
Total Carbohydrate	4 g	1%**
Dietary Fiber	3 g	11%**
Optiflora Proprietary Prebiotic Blend of Inulin and Fructooligosaccharides (FOS)	3 g	†
Mixed Tocopherols (soy)	32 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: FRUCTOSE, MALTODEXTRIN, NATURAL FLAVORS.

ORGANIC GREENS BOOSTER ☆

#21306 2.6 OZ. (75 GRAMS)

RETAIL PRICE: \$30.30

MEMBER PRICE: \$25.75 | PV: 14.70

Supplement Facts



Serving Size: 1 Scoop (2.5 g)

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Carbohydrate	1 g	<1%**
Dietary Fiber	<1 g	3%**
Protein	<1 g	
Vitamin A (100% as beta-carotene)	45 mcg	5%
Vitamin K	60 mcg	50%
Calcium	40 mg	3%
Iron	0.6 mg	3%
Magnesium	8 mg	2%
Sodium	24 mg	1%
Potassium	80 mg	2%
Lutein	220 mcg	†
Zeaxanthin	10 mcg	†
Organic Greens Booster Powder Blend	2,500 mg	†
Organic Kale (<i>Brassica oleracea</i> L. var. <i>acephala</i>) (leaf), Organic Spinach (<i>Spinacia oleracea</i> L.) (leaf), Organic Broccoli (<i>Brassica oleracea</i> L. var. <i>italica</i>) (sprout).		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OSTEOMATRIX® ☆

#21217 120 CAPLETS/24 SERVINGS

RETAIL PRICE: \$17.25

MEMBER PRICE: \$14.65 | PV: 10.95

#21218 360 CAPLETS/72 SERVINGS

RETAIL PRICE: \$42.85

MEMBER PRICE: \$36.40 | PV: 27.15

Supplement Facts



Serving Size: 4 Caplets

Servings Per Container: 24 (72)

	PER 1 CAPLET AMOUNT		PER SERVING (5 CAPLETS) AMOUNT	
		% DV**		% DV**
Total Carbohydrate	<1 g	<1%**	<1 g	<1%**
Vitamin D ₃ (as cholecalciferol)	3.75 mcg (150 IU)	19%	18.75 mcg (750 IU)	94%
Vitamin K (as phytonadione)	10 mcg	8%	50 mcg	42%
Calcium (as calcium carbonate, calcium citrate, and calcium citrate malate)	260 mg	20%	1,300 mg	100%
Magnesium (as magnesium oxide, magnesium citrate, and magnesium gluconate)	100 mg	24%	500 mg	119%
Zinc (as zinc gluconate)	0.38 mg	3%	1.9 mg	17%
Copper (as copper gluconate)	0.05 mg	6%	0.25 mg	28%
Manganese (as manganese gluconate)	0.05 mg	2%	0.25 mg	11%
Sodium	0 mg	0%	15 mg	<1%

** Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYPROPYL METHYLCELLULOSE, MODIFIED FOOD STARCH, HYDROXYLATED SOY LECITHIN.

PAIN RELIEF COMPLEX* ☆

#20667 90 CAPLETS/30 SERVINGS

RETAIL PRICE: \$36.70

MEMBER PRICE: \$31.15 | PV: 23.30

Supplement Facts



Serving Size: 3 Caplets


Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Carbohydrate	1 g	<1%**
Calcium (as dicalcium phosphate)	120 mg	9%
Phosphorus (as dicalcium phosphate)	30 mg	2%
Sodium	15 mg	<1%
Boswellia Extract (<i>Boswellia serrata</i>) (resin) (standardized to 40% total Boswellic acids)	1,000 mg	†
Safflower Extract (<i>Carthamus tinctorius</i>) (flower)	150 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CALCIUM SILICATE, CROSCARMELLOSE SODIUM.

PERFORMANCE® ADVANCED PHYSIQUE®
100% GRASS-FED WHEY PROTEIN 

#21314 VANILLA | #21313 CHOCOLATE
 20-SERVING CANISTER
 RETAIL PRICE: \$60.60
MEMBER PRICE: \$51.50 | PV: 30.00

PERFORMANCE®
ENDURANCE ELECTROLYTE DRINK 

#21308 LEMON-LIME | #21309 ORANGE
 30-SERVING CANISTER
 RETAIL PRICE: \$36.40
MEMBER PRICE: \$30.90 | PV: 18.00

Supplement Facts 

Serving Size:	2 scoops (28 g)	3 scoops (42 g)
Servings Per Container:	20	13
AMOUNT PER SERVING	2 SCOOPS	3 SCOOPS
	% DV	% DV
Calories	110	170
Total Fat	2 g	3 g
Saturated Fat	1 g	1.5 g
Cholesterol	60 mg	90 mg
Total Carbohydrate	3 g	5 g
Total Sugars	1 g	2 g
Includes 0 g Added Sugars	0%**	0%**
Protein	20 g	30 g
Calcium	80 mg	120 mg
Iron (Vanilla)	0.2 mg	0.3 mg
Iron (Chocolate)	0.6 mg	0.9 mg
Phosphorus	80 mg	120 mg
Sodium	110 mg	165 mg
Potassium	120 mg	180 mg
Leucine	3 g	4.5 g

** Percent Daily Values (DV) are based on a 2,000 calorie diet.
 † Daily Value not established.

OTHER INGREDIENTS (VANILLA): NON-GMO GRASS-FED WHEY PROTEINS (CONCENTRATE AND ISOLATE), LUCINE, NATURAL VANILLA FLAVORS, REBAUDIOSIDE A (STEVIA LEAF EXTRACT). **CONTAINS MILK.**

CHOCOLATE IN ADDITION INCLUDES: COCOA PROCESSED WITH ALKALI, CHOCOLATE FLAVOR.

Nutrition Facts 

30 servings per container				
Serving size	2 scoops (28 g)			
Calories	Lemon-Lime	100	Orange	100
		% DV**		% DV**
Total Fat	0 g	0%	0 g	0%
Sodium	130 mg	6%	130 mg	6%
Total Carbohydrate	25 g	9%	25 g	9%
Total Sugars	11 g		11 g	
Incl. Added Sugars	11 g	22%	11 g	22%
Protein	0 g		0 g	
Calcium	40 mg	4%	40 mg	4%
Potassium	50 mg	2%	50 mg	2%
Phosphorus	20 mg	2%	20 mg	2%
Magnesium	5 mg	2%	5 mg	2%
Chloride	45 mg	2%	45 mg	2%

Not a significant source of fat, saturated fat, *trans* fat, cholesterol, dietary fiber, protein, vitamin D, and iron.

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

LEMON-LIME OTHER INGREDIENTS: MALTODEXTRIN, FRUCTOSE, GLUCOSE, OPTI-LYTE® (SODIUM CITRATE, TRICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM CARBONATE), CITRIC ACID, NATURAL FLAVOR, COLORED WITH TURMERIC OLEORESIN.

ORANGE OTHER INGREDIENTS: MALTODEXTRIN, FRUCTOSE, GLUCOSE, CITRIC ACID, NATURAL FLAVOR, OPTI-LYTE® (SODIUM CITRATE, TRICALCIUM PHOSPHATE, POTASSIUM CHLORIDE, MAGNESIUM CARBONATE), COLORED WITH ANNATTO EXTRACT.

PERFORMANCE™ ENERGY CHEWS

#20158 CITRUS BURST 20 CHEWS/10 SERVINGS

RETAIL PRICE: \$24.25

MEMBER PRICE: \$20.60 | PV: 12.00

Supplement Facts



Serving Size: 2 Chews

Servings Per Container: 10

VALUE	AMOUNT PER SERVING	% DAILY
Calories	45	
Total Fat	0.5 g	<1%**
Total Carbohydrate	9 g	3%**
Total Sugars	6 g	†
Includes 6 g Added Sugars		12%**
Vitamin C (as ascorbic acid)	6 mg	7%
Vitamin D ₃ (as cholecalciferol)	2.5 mcg (100 IU)	13%
Thiamin (as thiamine hydrochloride)	0.15 mg	13%
Riboflavin	0.17 mg	13%
Niacin (as niacinamide)	2 mg	13%
Vitamin B ₆ (as pyridoxine hydrochloride)	0.2 mg	12%
Folate	67 mcg DFE (40 mcg folic acid)	17%
Vitamin B ₁₂ (as cyanocobalamin)	0.6 mcg	25%
Biotin (as d-biotin)	30 mcg	100%
Pantothenic Acid (as d-panthenol)	1 mg	20%
Sodium	10 mg	<1%
Caffeine	120 mg	†
N-Acetyl-L-Tyrosine	100 mg	†
L-Theanine	100 mg	†

** Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

OTHER INGREDIENTS: ORGANIC CANE SUGAR, ORGANIC BROWN RICE SYRUP, ORGANIC RICE SYRUP SOLIDS, NATURAL FLAVORS, CARNAUBA WAX, SOY LECITHIN, PALM OIL, ORGANIC CORN STARCH, CITRIC ACID, ORGANIC GREEN TEA EXTRACT (*CAMELLIA SINENSIS*) (LEAF), COLORED WITH TURMERIC OLEORESIN.

PERFORMANCE®

LOW CALORIE ELECTROLYTE DRINK ☆

#21316 LEMON-LIME | #21317 ORANGE

20 STICK PACKS

RETAIL PRICE: \$24.25

MEMBER PRICE: \$20.60 | PV: 12.00

Nutrition Facts



20 servings per container

Serving size

1 stick (3.3 g)

Calories

Per 1 stick

10

Per 2 sticks

20

	% DV**	% DV**
Total Fat	0 g 0%	0 g 0%
Sodium	150 mg 7%	300 mg 13%
Total Carbohydrate	2 g 1%	4 g 1%
Total Sugars	2 g	4 g
Incl. Added Sugars	1 g 2%	3 g 6%
Protein	0 g	0 g
Potassium	90 mg 2%	185 mg 4%
Chloride	170 mg 8%	340 mg 15%

Not a significant source of fat, saturated fat, *trans* fat, cholesterol, dietary fiber, protein, vitamin D, calcium, and iron.

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

LEMON-LIME OTHER INGREDIENTS: ELECTROLYTE BLEND (COCONUT WATER POWDER, SODIUM CITRATE, SODIUM CHLORIDE, POTASSIUM CHLORIDE), ORGANIC CANE SUGAR, CITRIC ACID, NATURAL FLAVORS, MONK FRUIT (*SIRAITIA GROSSENOBRII*) EXTRACT. **CONTAINS COCONUT.**

ORANGE OTHER INGREDIENTS: ELECTROLYTE BLEND (COCONUT WATER POWDER, SODIUM CITRATE, SODIUM CHLORIDE, POTASSIUM CHLORIDE), ORGANIC CANE SUGAR, CITRIC ACID, NATURAL FLAVOR, MONK FRUIT (*SIRAITIA GROSSENOBRII*) EXTRACT. **CONTAINS COCONUT.**

PERFORMANCE® PHYSIQUE®+BIO-BUILD® 

#20495 BANANA 15-SERVING CANISTER

RETAIL PRICE: \$54.55

MEMBER PRICE: \$46.35 | PV: 31.06

Nutrition Facts 

15 servings per container

Serving size **3 scoops (57 g)**

Amount Per Serving

Calories **210**

% Daily Value**

Total Fat 0.5 g **1%**

Saturated Fat 0 g **0%**

Trans Fat 0 g

Cholesterol <5 mg **2%**

Sodium 80 mg **3%**

Total Carbohydrate 38 g **14%**

Dietary Fiber 0 g **0%**

Total Sugars 21 g

Includes 21 g Added Sugars **42%**

Protein 14 g **28%**

Vitamin D 0 mcg 0%

Calcium 150 mg 10%

Iron 0 mg 0%

Potassium 50 mg 2%

Vitamin A 225 mcg 25%

Vitamin C 60 mg 70%

Vitamin E 5 mg 35%

Thiamin 1.35 mg 110%

Riboflavin 1.36 mg 100%

Niacin 20 mg 130%

Vitamin B6 2 mg 120%

Folate 668 mcg DFE
(400 mcg folic acid) 170%

Vitamin B12 5.4 mcg 230%

Biotin 300 mcg 1,000%

Pantothenic Acid 9 mg 180%

Phosphorus 100 mg 8%

Magnesium 80 mg 20%

Zinc 3.8 mg 35%

Selenium 18 mcg 35%

Copper 0.5 mg 60%

Manganese 0.5 mg 20%

Chromium 30 mcg 90%

Molybdenum 19 mcg 40%

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BIO-BUILD® (DEXTRROSE, MALTODEXTRIN, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE), NATURAL FLAVORS, SUNFLOWER LECITHIN, MAGNESIUM OXIDE, ASCORBIC ACID, XANTHAN GUM, NIACINAMIDE, SELENIUM YEAST, D-ALPHA-TOCOPHERYL ACETATE, CALCIUM PANTOTHENATE, MOLYBDENUM YEAST, VITAMIN B₁₂, ZINC OXIDE, VITAMIN A PALMITATE, COPPER GLUCONATE, VITAMIN B₆, MANGANESE SULFATE, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN, CHROMIUM NICOTINATE, COLORED WITH TURMERIC OLEORESIN. **CONTAINS MILK.**

PERFORMANCE™ PM RECOVERY COMPLEX 

#21312 60 CAPSULES/30 SERVINGS

RETAIL PRICE: \$36.40

MEMBER PRICE: \$30.90 | PV: 18.00

Supplement Facts 

Serving Size: 2 Capsules

Servings Per Container: 30

AMOUNT PER SERVING % DAILY VALUE

Total Carbohydrate <1 g <1%**

Proprietary Recovery Complex Blend 745 mg †
Tart Cherry Extract (*Prunus cerasus*) (fruit), Boswellia Extract (*Boswellia serrata*) (resin), Safflower Extract (*Carthamus tinctorius*) (flower)

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE IN A VEGETARIAN CAPSULE (HYDROXYPROPYL METHYLCELLULOSE, WATER).

SAW PALMETTO COMPLEX

#20607 60 CAPSULES/60 SERVINGS (30-DAY SUPPLY)

RETAIL PRICE: \$45.15

MEMBER PRICE: \$38.40 | PV: 28.65

Supplement Facts 

Serving Size: 1 Capsule

Take 1 capsule twice daily.

Servings Per Container: 60

AMOUNT PER SERVING % DAILY VALUE

Saw Palmetto Extract 160 mg †
(*Serenoa repens*) (berry)
(standardized to contain 85%–95% fatty acids and sterols)

Beta-Sitosterol 15 mg †
(from soybean phytosterols)

†Daily Value not established.

OTHER INGREDIENTS: PUMPKINSEED OIL, SOYBEAN OIL, BEESWAX, SOY LECITHIN, SHAKLEEGUARD® (ASCORBYL PALMITATE, MIXED TOCOPHEROLS CONCENTRATE, ROSEMARY EXTRACT) TO MAINTAIN QUALITY, IN A GELATIN CAPSULE (GELATIN, GLYCERIN, WATER, COLORED WITH CARAMEL, TITANIUM DIOXIDE, ANNATTO, AND TURMERIC).

SHAKLEE 180® ENERGIZING SMOOTHIE— VANILLA WHEY PROTEIN

#21260 15 SERVINGS

RETAIL PRICE: \$59.25

MEMBER PRICE: \$50.35 | PV: 33.8

Nutrition Facts

15 servings per container

Serving size

2 Scoops (47 g)

Calories

Mix Alone
180

2 Scoops Mix +
1 Cup Nonfat Milk
270

% DV**

% DV**

	Mix Alone		2 Scoops Mix + 1 Cup Nonfat Milk	
Total Fat	2.5 g	3%	3 g	4%
Saturated Fat	0.5 g	3%	1 g	5%
Trans Fat	0 g		0 g	
Polyunsaturated Fat	0.5 g		0.5 g	
Monounsaturated Fat	1.5 g		1.5 g	
Cholesterol	5 mg	2%	10 mg	3%
Sodium	200 mg	9%	300 mg	13%
Total Carbohydrate	24 g	9%	36 g	13%
Dietary Fiber	5 g	18%	5 g	18%
Total Sugars	16 g		29 g	
Incl. Added Sugars	16 g	32%	16 g	32%
Protein	16 g	32%	24 g	48%
Vitamin D	3.5 mcg	20%	3.5 mcg	20%
Calcium	350 mg	25%	650 mg	50%
Iron	1.8 mg	10%	1.87 mg	10%
Potassium	400 mg	8%	780 mg	15%
Vitamin A	150 mcg	15%	155 mcg	15%
Vitamin C	21 mg	25%	21 mg	25%
Vitamin E	7 mg	45%	7 mg	45%
Thiamin	0.53 mg	45%	0.64 mg	50%
Riboflavin	0.6 mg	45%	1.05 mg	80%
Niacin	7 mg	45%	7.2 mg	45%
Vitamin B6	0.7 mg	40%	0.79 mg	45%
Folate	234 mcg DFE 60% (140 mcg folic acid)		246 mcg DFE 60% (145 mcg folic acid)	
Vitamin B12	2.1 mcg	90%	3.3 mcg	140%
Biotin	105 mcg	350%	105 mcg	350%
Pantothenic Acid	3.5 mg	70%	4.4 mg	90%
Phosphorus	300 mg	25%	550 mg	45%
Magnesium	140 mg	35%	170 mg	40%
Zinc	5.3 mg	50%	6.3 mg	60%
Selenium	25 mcg	45%	32 mcg	60%
Copper	0.7 mg	80%	0.73 mg	80%
Manganese	0.7 mg	30%	0.71 mg	30%
Chromium	96 mcg	270%	96 mcg	270%
Molybdenum	26 mcg	60%	26 mcg	60%
Chloride	200 mg	8%	200 mg	8%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: SHAKLEE 180 PROPRIETARY PROTEIN BLEND (WHEY PROTEIN ISOLATE, MILK PROTEIN ISOLATE, LEUCINE, RICE PROTEIN CONCENTRATE), FRUCTOSE, DEXTROSE, SOLUBLE CORN FIBER, HIGH OLEIC SUNFLOWER OIL POWDER, NATURAL FLAVOR, DICALCIUM PHOSPHATE, SODIUM CITRATE, POTASSIUM CHLORIDE, SUNFLOWER LECITHIN, GUAR GUM, CANOLA OIL, MAGNESIUM OXIDE, ASCORBIC ACID, SELENIUM YEAST, D-ALPHA TOCOPHERYL ACETATE, MOLYBDENUM YEAST, FERROUS FUMARATE, NIACINAMIDE, ZINC OXIDE, COPPER GLUCONATE, CALCIUM PANTOTHENATE, VITAMIN A PALMITATE, VITAMIN B12, MANGANESE SULFATE, VITAMIN D3 (CHOLECALCIFEROL), CHROMIUM NICOTINATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, THIAMINE MONONITRATE, MIXED TOCOPHEROLS CONCENTRATE, FOLIC ACID, BIOTIN.

SHAKLEE 180® ENERGIZING TEA

#21385 ELDERBERRY

3.3 OZ. (92.4 GRAMS)/28 STICKS

#22031 GREEN MATCHA

1.7 OZ. (47.6 GRAMS)/28 STICKS

#22030 POMEGRANATE

3.4 OZ. (95.2 GRAMS)/28 STICKS

RETAIL PRICE: \$30.85

MEMBER PRICE: \$26.20 | PV: 14.66

Nutrition Facts

	Elderberry	Green Matcha	Pomegranate
Servings per container:	28	28	28
Serving Size: 1 Stick	3.3 g	1.7 g	3.4 g
Amount Per Serving			
Calories	15	5	15
	%DV**	%DV**	%DV**
Total Fat	0 g 0%	0 g 0%	0 g 0%
Sodium	0 mg 0%	0 mg 0%	0 mg 0%
Total Carbohydrate	3 g 1%	< 1 g 0%	3 g 1%
Total Sugars	2 g	0 g	2 g
Incl. Added Sugars	2 g 4%	0 g 0%	2 g 4%
Protein	< 1 g 2%	< 1 g 2%	< 1 g 2%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron, and potassium.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.




ELDERBERRY INGREDIENTS: PROPRIETARY ELDERTEA BLEND: [TAURINE, ELDERBERRY JUICE POWDER (*SAMBUCUS NIGRA*), GREEN TEA EXTRACT (*CAMELLIA SINENSIS*), ROOIBOS RED TEA EXTRACT (*ASPALATHUS LINEARIS*), ELDERBERRY EXTRACT (*SAMBUCUS NIGRA*), WHITE TEA EXTRACT (*CAMELLIA SINENSIS*), MATCHA GREEN TEA POWDER (*CAMELLIA SINENSIS*)], DEXTROSE, NATURAL ELDERBERRY FLAVOR BLEND (CANE SUGAR, NATURAL ELDERBERRY FLAVOR, MALIC ACID, REBAUDIOSIDE M).

GREEN MATCHA INGREDIENTS: TAURINE, MALTODEXTRIN, T-LIFT® PROPRIETARY TEA BLEND [ROOIBOS RED TEA EXTRACT (*ASPALATHUS LINEARIS*), WHITE TEA EXTRACT (*CAMELLIA SINENSIS*)], MATCHA GREEN TEA POWDER (*CAMELLIA SINENSIS*)], GREEN TEA EXTRACT (*CAMELLIA SINENSIS*), NATURAL FLAVORS.

POMEGRANATE INGREDIENTS: DEXTROSE, TAURINE, NATURAL POMEGRANATE FLAVOR BLEND (NATURAL FLAVORS, ELDERBERRY EXTRACT, POMEGRANATE EXTRACT), FRUCTOSE, T-LIFT® PROPRIETARY TEA BLEND [ROOIBOS RED TEA EXTRACT (*ASPALATHUS LINEARIS*), WHITE TEA EXTRACT (*CAMELLIA SINENSIS*)], MATCHA GREEN TEA POWDER (*CAMELLIA SINENSIS*)], GREEN TEA EXTRACT (*CAMELLIA SINENSIS*), SILICON DIOXIDE, MALIC ACID, REBAUDIANA A (STEVIA EXTRACT) (LEAF).

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

SHAKLEE 180® MEAL-IN-A-BAR

#22000 PEANUT BUTTER & CHOCOLATE CHIP
 490 GRAMS/7 BARS PER BOX 
 #22001 BLUEBERRY & ALMOND CRISP
 490 GRAMS/7 BARS PER BOX 
 #22054 WHITE CHOCOLATE CINNAMON
 504 GRAMS/7 BARS PER BOX 
 RETAIL PRICE: \$32.05
MEMBER PRICE: \$27.20 | PV: 12.21

Nutrition Facts 

	Peanut Butter & Chocolate Chip	Blueberry & Almond Crisp	White Chocolate Cinnamon
Servings per container:	7	7	7
Serving Size: 1 Bar	70 g	70 g	72 g

Amount Per Serving

	270	260	270
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	%DV**		%DV**		%DV**	
Total Fat	7 g	9%	6 g	8%	5 g	6%
Saturated Fat	2.5 g	13%	0.5 g	3%	1.5 g	8%
Trans Fat	0 g		0 g		0 g	
Cholesterol	0 mg	0%	0 mg	0%	0 mg	0%
Sodium	400 mg	17%	400 mg	17%	400 mg	17%
Total Carbohydrate	32 g	12%	32 g	12%	37 g	13%
Dietary Fiber	6 g	21%	6 g	21%	7 g	25%
Total Sugars	19 g		19 g		14 g	
Incl. Added Sugars	19 g	38%	19 g	38%	14 g	28%
Protein	20 g	40%	20 g	40%	18 g	36%

Vitamin D	4.4 mcg (175 IU)	20%	4.4 mcg (175 IU)	20%	4.4 mcg (175 IU)	20%
Calcium	350 mg	25%	400 mg	30%	350 mg	25%
Iron	4.5 mg	25%	4.5 mg	25%	4.5 mg	25%
Potassium	150 mg	4%	160 mg	4%	110 mg	2%
Vitamin A	300 mcg	35%	300 mcg	35%	300 mcg	35%
Vitamin C	21 mg	25%	21 mg	25%	21 mg	25%
Vitamin E	7 mg	45%	7 mg	45%	7 mg	45%
Thiamin	0.6 mg	50%	0.6 mg	50%	0.6 mg	50%
Riboflavin	1 mg	80%	1 mg	80%	1 mg	80%
Niacin	7 mg	45%	7 mg	45%	7 mg	45%
Vitamin B6	0.8 mg	45%	0.8 mg	45%	0.8 mg	45%
Folate	267 mcg DFE (160 mcg Folic Acid)	70%	267 mcg DFE (160 mcg Folic Acid)	70%	267 mcg DFE (160 mcg Folic Acid)	70%
Vitamin B12	3 mcg	130%	3 mcg	130%	3 mcg	130%
Biotin	105 mcg	350%	105 mcg	350%	105 mcg	350%
Pantothenic Acid	4.5 mg	90%	4.5 mg	90%	4.5 mg	90%
Phosphorus	350 mg	30%	350 mg	30%	350 mg	30%
Iodine	53 mcg	35%	53 mcg	35%	0 mcg	35%
Magnesium	160 mg	40%	160 mg	40%	160 mg	40%
Zinc	5.3 mg	50%	5.3 mg	50%	5.3 mg	50%
Selenium	32 mcg	60%	32 mcg	60%	32 mcg	60%
Copper	0.7 mg	80%	0.7 mg	80%	0.7 mg	80%
Manganese	0.7 mg	30%	0.7 mg	30%	0.7 mg	30%
Chromium	96 mcg	270%	96 mcg	270%	96 mcg	270%
Molybdenum	26 mcg	60%	26 mcg	60%	26 mcg	60%
Chloride	230 mg	10%	230 mg	10%	0 mg	0%

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

PEANUT BUTTER & CHOCOLATE CHIP INGREDIENTS: SOY PROTEIN CRISP (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), FRUCTOSE SYRUP, SEMI-SWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN), HONEY SOLUBLE CORN FIBER, SHAKLEE 180 PROPRIETARY PROTEIN BLEND (SOY PROTEIN ISOLATE, L-LEUCINE, RICE PROTEIN CONCENTRATE), BROWN RICE SYRUP, ROASTED PEANUTS, PEANUT BUTTER, GLYCERIN, PEANUT FLOUR, GLUTEN-FREE ROLLED OATS, GUAR GUM, DICALCIUM PHOSPHATE, SUNFLOWER LECITHIN, SALT, MAGNESIUM OXIDE, ASCORBIC ACID, COPPER GLUCONATE, NIACINAMIDE, VITAMIN E ACETATE, FERROUS FUMARATE, BIOTIN, ZINC OXIDE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, RIBOFLAVIN, VITAMIN B₆, THIAMINE MONONITRATE, VITAMIN D₃, MANGANESE SULFATE, CHROMIUM NICOTINATE, POTASSIUM IODIDE, SODIUM SELENITE, VITAMIN B₁₂, FOLIC ACID, MOLYBDENUM AMINO ACID CHELATE. **CONTAINS PEANUTS AND SOY. MAY CONTAIN MILK.**

BLUEBERRY & ALMOND CRISP INGREDIENTS: SOY PROTEIN CRISP (SOY PROTEIN ISOLATE, RICE FLOUR, SALT), FRUCTOSE, SHAKLEE 180 PROPRIETARY PROTEIN BLEND (SOY PROTEIN ISOLATE, L-LEUCINE, RICE PROTEIN CONCENTRATE), ALMOND BUTTER, SOLUBLE CORN FIBER, DICED ALMONDS, ORGANIC BROWN RICE SYRUP, GLYCERIN, HONEY, DRIED BLUEBERRIES (APPLE JUICE INFUSED), DICALCIUM PHOSPHATE, HIGH OLEIC SUNFLOWER OIL, DRIED CHERRIES (APPLE JUICE INFUSED), NATURAL FLAVORS, SUNFLOWER LECITHIN, SALT, MAGNESIUM OXIDE, ASCORBIC ACID, COPPER GLUCONATE, NIACINAMIDE, VITAMIN E ACETATE, FERROUS FUMARATE, BIOTIN, ZINC OXIDE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, RIBOFLAVIN, VITAMIN B₆, THIAMINE MONONITRATE, VITAMIN D₃, MANGANESE SULFATE, CHROMIUM NICOTINATE, POTASSIUM IODIDE, SODIUM SELENITE, VITAMIN B₁₂, FOLIC ACID, MOLYBDENUM AMINO ACID CHELATE. **CONTAINS SOY AND ALMONDS.**

WHITE CHOCOLATE CINNAMON INGREDIENTS: SHAKLEE 180 PROTEIN CRUNCH BLEND (SOY CRISPS (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), L-LEUCINE, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, BROWN RICE PROTEIN CONCENTRATE), ORGANIC BROWN RICE SYRUP, WHITE CHOCOLATE CHIPS (SUGAR, COCOA BUTTER, WHOLE MILK POWDER, SKIM MILK POWDER, BUTTER OIL, SOY LECITHIN, NATURAL VANILLA EXTRACT), RAISINS, GLUTEN-FREE ROLLED OATS, SOLUBLE CORN FIBER, ALMONDS, GLYCERIN, HIGH OLEIC SUNFLOWER OIL, DICALCIUM PHOSPHATE, GROUND CINNAMON, INULIN, MILLED FLAXSEED, NATURAL FLAVOR, WHITE CHIA SEEDS, SEA SALT, MAGNESIUM OXIDE, MIXED TOCOPHEROLS, ASCORBIC ACID, COPPER GLUCONATE, NIACINAMIDE, VITAMIN E ACETATE, FERROUS FUMARATE, BIOTIN, ZINC OXIDE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, RIBOFLAVIN, VITAMIN B₆, THIAMINE MONONITRATE, VITAMIN D₃, MANGANESE SULFATE, CHROMIUM NICOTINATE, SODIUM SELENITE, VITAMIN B₁₂, FOLIC ACID, MOLYBDENUM AMINO ACID CHELATE. **CONTAINS MILK, SOY, AND ALMONDS.**

SHAKLEE 180® METABOLIC BOOST* 

#22040 90 TABLETS/30 SERVINGS
 RETAIL PRICE: \$61.75
MEMBER PRICE: \$52.45 | PV: 39.15

Supplement Facts 

Serving Size: 3 Tablets
 Servings Per Container: 30

	AMOUNT PER SERVING	%DV
Total Carbohydrate	<1 g	<1%**
Calcium (as dicalcium phosphate)	180 mg	14%
Chromium (as chromium nicotinate)	400 mcg	1,143%
Vanadium (as vanadium amino acid chelate)	100 mcg	†
Banaba Extract	1.8 mg	†
<i>(Lagerstroemia speciosa) (leaf)</i>		
Shaklee 180 Proprietary Thermogenic Blend:	500 mg	†
Green tea Extract (<i>Camellia sinensis</i>) (leaf),		
Evodia Extract (<i>Evodia rutaecarpa</i>) (fruit),		
Purple corn Extract (<i>Zea mays</i>) (seed)		

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
 †Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, CROSCARMELOSE SODIUM, CELLULOSE GUM, DEXTRIN, DEXTROSE, SOY LECITHIN, SODIUM CITRATE.

Continued at right

SHAKLEE 180® SNACK BAR

#22012 CRUNCHY PEANUT BUTTER

310 GRAMS/10 BARS ☆

#22051 TOFFEE & CHOCOLATE

CRUNCH

370 GRAMS/10 BARS 🍫

#22052 CHERRY & ALMOND

360 GRAMS/10 BARS ☆

#22053 CHOCOLATE & COCONUT

370 GRAMS/10 BARS 🍫

#22061 BAR ASSORTMENT PACK

350 GRAMS/10 BARS

RETAIL PRICE: \$24.65

MEMBER PRICE: \$20.95 | PV: 9.39

CHOCOLATE & COCONUT BAR INGREDIENTS:

SHAKLEE 180 PROTEIN CRUNCH BLEND [SOY NUGGETS (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), SOY PROTEIN ISOLATE, L-LEUCINE, SOY PROTEIN CONCENTRATE, BROWN RICE PROTEIN CONCENTRATE], ORGANIC BROWN RICE SYRUP, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, DEXTROSE, SOY LECITHIN), SOLUBLE CORN FIBER, SLICED ALMONDS, GLYCERIN, ORGANIC CANE SUGAR, SHREDDED TOASTED COCONUT (COCONUT, SUGAR, DEXTROSE, SALT), DEHYDRATED COCONUT, COCOA PROCESSED WITH ALKALI, NATURAL FLAVOR, SUNFLOWER OIL, MILLED GOLDEN FLAXSEED, SEA SALT, WHITE CHIA SEEDS, SUNFLOWER LECITHIN. **MAY CONTAIN MILK.**

TOFFEE & CHOCOLATE CRUNCH BAR INGREDIENTS:

SHAKLEE 180 PROTEIN CRUNCH BLEND [SOY NUGGETS (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), L-LEUCINE, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, BROWN RICE PROTEIN CONCENTRATE], ORGANIC BROWN RICE SYRUP, ENGLISH TOFFEE BITS (BUTTER, SUGAR, NATURAL FLAVOR), SOLUBLE CORN FIBER, SEMISWEET CHOCOLATE CHIPS (SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, SOY LECITHIN), GLUTEN-FREE ROLLED OATS, ALMONDS, GLYCERIN, SUNFLOWER OIL, SUNFLOWER SEEDS, CHICORY ROOT EXTRACT, MILLED GOLDEN FLAXSEED, WHITE CHIA SEEDS, SEA SALT, NATURAL FLAVOR, MIXED TOCOPHEROLS. **CONTAINS MILK, SOY, AND ALMONDS.**

CRUNCHY PEANUT BUTTER BAR INGREDIENTS:

SOY PROTEIN CRISP (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), FRUCTOSE, PEANUT FLOUR, PEANUT BUTTER, HONEY, BROWN RICE SYRUP, FRUCTOSE SYRUP, GLYCERIN, INULIN, L-LEUCINE, GUAR GUM, NATURAL FLAVOR, MEDIUM-CHAIN TRIGLYCERIDES, SALT, NIACINAMIDE, CALCIUM PANTOTHENATE, VITAMIN B6, RIBOFLAVIN, THIAMINE MONONITRATE, FOLIC ACID, BIOTIN, VITAMIN B12.

CHERRY & ALMOND BAR INGREDIENTS:

SHAKLEE 180 PROTEIN CRUNCH BLEND [SOY NUGGETS (SOY PROTEIN ISOLATE, TAPIOCA FLOUR, SALT), L-LEUCINE, SOY PROTEIN ISOLATE, SOY PROTEIN CONCENTRATE, BROWN RICE PROTEIN CONCENTRATE], ORGANIC BROWN RICE SYRUP, DRY ROASTED ALMONDS, RAISINS, GLUTEN-FREE ROLLED OATS, ROASTED SPLIT PEANUTS, SOLUBLE CORN FIBER, CHICORY ROOT EXTRACT, GLYCERIN, DRIED CHERRIES (APPLE JUICE INFUSED), PEANUT OIL, SUNFLOWER SEEDS, DRIED CRANBERRIES (APPLE JUICE INFUSED), MILLED GOLDEN FLAXSEED, NATURAL FLAVORS, WHITE CHIA SEEDS, SEA SALT, CITRIC ACID, MIXED TOCOPHEROLS.

Nutrition Facts

(gf)

	Chocolate & Coconut Bar	Toffee & Chocolate Crunch Bar	Crunchy Peanut Butter Bar	Cherry & Almond Bar
Servings per container	10	10	10	10
Serving size 1 Bar	(37 g)	(37 g)	(31 g)	(36 g)

Amount Per Serving

	150		140		130		140	
	%DV**		%DV**		%DV**		%DV**	
Total Fat	4.5 g	6%	4.5 g	6%	3 g	4%	4 g	5%
Saturated Fat	2 g	10%	1.5 g	8%	0.5 g	3%	0.5 g	3%
Trans Fat	0 g		0 g		0 g		0 g	
Cholesterol	0 mg	0%	5 mg	2%	0 mg	0%	0 mg	0%
Sodium	180 mg	8%	180 mg	8%	190 mg	8%	180 mg	8%
Total Carbohydrate	18 g	7%	18 g	7%	15 g	5%	18 g	7%
Dietary Fiber	3 g	11%	3 g	11%	3 g	11%	3 g	11%
Sugars	7 g		6 g		10 g		6 g	
Includes Added Sugars	7 g	14%	6 g	12%	10 g	20%	6 g	12%
Protein	9 g	18%	9 g	18%	10 g	20%	9 g	18%
Vitamin D	0 mcg	0%	0 mcg	0%	0 mcg	0%	0 mcg	0%
Calcium	60 mg	4%	66 mg	6%	40 mg	4%	60 mg	4%
Iron	1.65 mg	10%	1.62 mg	10%	1 mg	6%	1.4 mg	8%
Potassium	80 mg	2%	50 mg	2%	100 mg	2%	90 mg	2%
Thiamin					0.35 mg	30%		
Riboflavin					0.43 mg	35%		
Niacin					4.7 mg	30%		
Vitamin B6					0.5 mg	30%		
Folate					167 mcg DFE	40%		
					(100 mcg folic acid)			
Vitamin B12					1.5 mcg	60%		
Biotin					30 mcg	100%		
Pantothenic Acid					2.5 mg	50%		

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

SHAKLEE 180® SNACK CRISPS
 #22020 SEA SALT 10 BAGS/10 SERVINGS
 RETAIL PRICE: \$25.40
 MEMBER PRICE: \$21.60 | PV: 10.00

SHAKLEE FIBER PLAN® POWDER ☆
 #20307 10.6 OZ. (300 GRAMS)/60 SERVINGS
 RETAIL PRICE: \$42.00
 MEMBER PRICE: \$35.70 | PV: 23.99

Nutrition Facts

(gf)

10 servings per container

Serving size 1 bag (25 g)

Calories 100

Total Fat 3 g 4% DV**

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 200 mg 9%

Total Carbohydrate 13 g 5%

Dietary Fiber 2 g 7%

Total Sugars 0 g

Incl. Added Sugars 0 g 0%

Protein 6 g 12%

Vitamin D 0 mcg 0%

Calcium 20 mg 2%

Iron 1.1 mg 6%

Potassium 250 mg 6%

**The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: POTATO STARCH, DEFATTED SOY FLOUR, SOY PROTEIN CONCENTRATE, HIGH-OLEIC SUNFLOWER OIL, CANOLA OIL, AND SEA SALT.

Supplement Facts

(gf)

Serving Size: 2 Teaspoons (5 g)

Servings Per Container: 60

	AMOUNT PER SERVING	% DAILY VALUE
Calories	20	
Total Fat	0 g	0%**
Total Carbohydrate	5 g	2%**
Dietary Fiber	4 g	14%**
Protein	0 g	
Vitamin A	0 mcg	0%
Vitamin C (as ascorbic acid)	48 mg	53%
Calcium	0 mg	0%
Iron	0.5 mg	3%
Sodium	15 mg	1%

**Percent Daily Values are based on a 2,000 calorie diet.

OTHER INGREDIENTS: PSYLLIUM HUSK, PECTIN, GUAR GUM, LOCUST BEAN GUM, MALTODEXTRIN.



SHAKLEEKIDS™ INCREDIVITES® ☆

#21386 WITHOUT LACTOFERRIN
120 CHEWABLE TABLETS/60 SERVINGS
RETAIL PRICE: \$36.00
MEMBER PRICE: \$30.60 | PV: 20.00

Supplement Facts

Serving Size: 2 Tablets
Servings Per Container: 60

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Carbohydrate	2 g	<1%**
Sugar Alcohol	1 g	†
Vitamin A (50% as beta-carotene and 50% as vitamin A acetate)	750 mcg	83%
Vitamin C (as ascorbic acid)	60 mg	67%
Vitamin D ₃ (as cholecalciferol)	15 mcg (600 IU)	75%
Vitamin E (as d-alpha-tocopheryl acetate)	20.1 mg	134%
Vitamin K (as phytonadione)	20 mcg	17%
Thiamin (as thiamine mononitrate)	1.5 mg	125%
Riboflavin	1.7 mg	131%
Niacin (as niacinamide)	15 mg	94%
Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	118%
Folate (as pyridoxine hydrochloride)	668 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	250%
Biotin (as d-biotin)	300 mcg	1,000%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%
Calcium (as calcium carbonate)	200 mg	15%
Iron (as ferrous fumarate)	6 mg	33%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide)	40 mg	10%
Zinc (as zinc oxide)	5 mg	45%
Copper (as copper oxide)	0.5 mg	56%

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: SORBITOL, XYLITOL, ISOMALTULOSE, MICROCRYSTALLINE CELLULOSE, NATURAL FLAVORS, COLORED WITH VEGETABLE JUICE, ACACIA GUM, CITRIC ACID, MALTODEXTRIN, SODIUM CITRATE, STEVIA EXTRACT (STEVIA REBAUDIANA) LEAF, MALIC ACID, CHOLINE BITARTRATE, INOSITOL, ALFALFA POWDER, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, ROSE HIPS POWDER, RICE BRAN POWDER, MIXED TOCOPHEROLS, ACEROLA EXTRACT, SEA KELP.

SHAKLEEKIDS™ SUPER IMMUNITY GUMMIES

#21390 90 GUMMIES/30 SERVINGS
RETAIL PRICE: \$32.35
MEMBER PRICE: \$27.50 | PV: 15.00

Supplement Facts

Serving Size: 3 Gummies
Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Carbohydrate	5 g	2%**
Vitamin C (as ascorbic acid)	210 mg	233%
Vitamin D (as cholecalciferol)	15 mcg (600 IU)	75%
Zinc (as zinc citrate)	5 mg	45%
Sodium	15 mg	<1%
Elderberry 64:1 Extract (<i>Sambucus nigra</i>) (fruit)	70 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

OTHER INGREDIENTS: NON-GMO ISOMALTO-OLIGOSACCHARIDES, WATER, ORGANIC ERYTHRITOL, XYLITOL, PECTIN, NATURAL FLAVORS, SODIUM CITRATE, ORGANIC SUNFLOWER OIL, ORGANIC STEVIA LEAF EXTRACT, ORGANIC FRUIT POWDER BLEND (ORANGE, LEMON, STRAWBERRY, RASPBERRY, BLUEBERRY, TART CHERRY, POMEGRANATE, CRANBERRY).

STOMACH SOOTHING COMPLEX*

#20601 90 TABLETS/30 SERVINGS

RETAIL PRICE: \$11.50

MEMBER PRICE: \$9.75 | PV: 7.30

Supplement Facts



Serving Size: 3 Tablets

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	5	
Total Carbohydrate	1 g	<1%**
Peppermint Ginger Proprietary Blend	750 mg	†
Peppermint powder (<i>Mentha piperita</i>) (leaf)		
Anise powder (<i>Pimpinella anisum</i>) (seed)		
Fennel powder (<i>Foeniculum vulgare</i>) (seed)		
Ginger powder (<i>Zingiber officinale</i>) (root)		
Peppermint Oil	15 mg	†
(<i>Mentha piperita</i>) (leaf)		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, MALTODEXTRIN, FRUCTOSE, CELLULOSE, CORN SYRUP SOLIDS, CROSCARMELLOSE SODIUM, HYDROXYPROPYL CELLULOSE.

STRESS RELIEF COMPLEX* ☆

#20656 30 CAPLETS/30 SERVINGS

RETAIL PRICE: \$33.30

MEMBER PRICE: \$28.30 | PV: 21.15

Supplement Facts



Serving Size: 1 Caplet

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
L-Theanine	100 mg	†
Ashwagandha Root Extract	100 mg	†
(<i>Withania somnifera</i>)		
Beta-Sitosterol	60 mg	†
(from soybean phytosterols)		
L-Tyrosine	100 mg	†

†Daily Value not established.

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MAGNESIUM STEARATE, CROSCARMELLOSE SODIUM.



SUSTAINED ENERGY BOOST*

#21405 PINK GRAPEFRUIT/14 STICKS

#21406 RASPBERRY/14 STICKS

RETAIL PRICE: \$23.45

MEMBER PRICE: \$19.95 | PV: 12.00

Supplement Facts

gf

Serving Size: 1 Stick

Servings Per Container: 14

	PINK GRAPEFRUIT AMOUNT		RASPBERRY AMOUNT	
	PER SERVING	% DV**	PER SERVING	% DV**
Calories	10		10	
Total Carbohydrate	3 g	1%**	3 g	1%**
Total Sugars	2 g	†	2 g	†
Includes 2 g Added Sugars		4%**		4%**
Energy Blend	293 mg	†	293 mg	†
Green Coffee Bean Extract, Chardonnay Grape Extract (seed), Green Tea Extract (leaf), Rhodiola Rosea Extract (root), and Ginseng Root Extract (Panax ginseng).				
Caffeine	100 mg	†	100 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: CANE SUGAR, CITRIC ACID, NATURAL FLAVOR, FRUIT AND VEGETABLE POWDER FOR COLOR, REBAUDIOSIDE M.

SUSTAINED RELEASE VITALMAG® ☆

#21223 30 TABLETS/30 SERVINGS

RETAIL PRICE: \$12.30

MEMBER PRICE: \$10.45 | PV: 7.80

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Magnesium (as magnesium oxide, magnesium citrate, and magnesium gluconate)	200 mg	48%
Potassium (as potassium chloride)	99 mg	2%
Boron (as trace mineral protein hydrolysate)	0.7 mg	†

†Daily Value not established.

OTHER INGREDIENTS: HYDROXYPROPYL METHYLCELLULOSE, MICROCRYSTALLINE CELLULOSE, MODIFIED FOOD STARCH, HYDROXYLATED SOY LECITHIN, CARNAUBA WAX.

TRIPLE DEFENSE BOOST ☆

#21388 3.4 OZ. (95.2 GRAMS)/28 STICKS

RETAIL PRICE: \$47.00

MEMBER PRICE: \$39.95 | PV: 27.25

Supplement Facts

Serving Size: 1 Stick (3.4 g)

Servings Per Container: 28

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Carbohydrate	2 g	<1%**
Total Sugars	1 g	†
Includes 1 g Added Sugars		2%**
Vitamin C (as ascorbic acid)	1,000 mg	1,111 %
Vitamin D ₃ (as cholecalciferol)	50 mcg (2,000 IU)	250 %
Zinc (as zinc gluconate)	2 mg	18%

Immune-Boosting Proprietary Blend 365 mg †
Beta-1,3/1,6-D-Glucan (*Saccharomyces cerevisiae*), Reishi Mushroom Extract (*Ganoderma lucidum*) (cap and stalk), Ginseng Root Extract (*Panax ginseng*).

Immune-Defending Proprietary Blend 190 mg †
Elderberry Extract (*Sambucus nigra*) (fruit), Echinacea Extract (*Echinacea purpurea*) (herb and root), Quercetin, Hesperidin Complex (*Citrus x limon* (L.) Osbeck, *Citrus sinensis* (L.) Osbeck) (fruit).

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: NATURAL CANE SUGAR, NATURAL FLAVORS, FRUIT AND VEGETABLE JUICE POWDER FOR COLOR, REBAUDIOSIDE M.

SUSTAINED RELEASE VITA-C® ☆

#20095 180 TABLETS/180 SERVINGS

RETAIL PRICE: \$26.25

MEMBER PRICE: \$22.30 | PV: 16.65

Supplement Facts

Serving Size: 1 Tablet

	AMOUNT PER SERVING	% DAILY VALUE
Total Carbohydrate	<1 g	<1%**
Vitamin C (as ascorbic acid)	500 mg	556%
Proprietary Rose Hips and Bioflavonoid Blend	50 mg	†
Rose Hips (<i>Rosa canina</i> L.) (fruit), Grapefruit Bioflavonoid (<i>Citrus paradisi</i> Macfad) (fruit), Hesperidin Complex (<i>Citrus x limon</i> (L.) Osbeck, <i>Citrus sinensis</i> (L.) Osbeck) (fruit), Lemon Bioflavonoid (<i>Citrus x limon</i> (L.) Osbeck) (fruit), Orange Bioflavonoid (<i>Citrus sinensis</i> (L.) Osbeck) (fruit)		

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, GRAPEFRUIT OIL.

TURMERIC BOOST ☆

#21376 60 CAPSULES/60 SERVINGS
 RETAIL PRICE: \$47.00
MEMBER PRICE: \$39.95 | PV: 27.25

Supplement Facts 

Serving Size: 1 Capsule
 Servings Per Container: 60

	AMOUNT PER SERVING	% DAILY VALUE
Turmeric Extract (<i>Curcuma longa</i>) (root) (standardized to contain 95% curcuminoids)	500 mg	†
Black Pepper Extract (<i>Piper nigrum</i>) (fruit) (standardized to contain 95% piperine)	5 mg	†

†Daily Value not established.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE IN A VEGETARIAN CAPSULE (HYDROXYPROPYL METHYLCELLULOSE, WATER).

VITA-D₃® ☆

#21364 90 TABLETS/90 SERVINGS
 RETAIL PRICE: \$11.95
MEMBER PRICE: \$10.00 | PV: 6.00

Supplement Facts 

Serving Size: 1 Tablet
 Servings Per Container: 90

	AMOUNT PER SERVING	% DAILY VALUE
Vitamin D ₃ (as cholecalciferol)	50 mcg 2,000 IU	250%

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, HYDROXYLATED SOY LECITHIN.

VEGAN OMEGA-3 ☆

#21395 60 SOFTGELS/30 SERVINGS
 RETAIL PRICE: \$35.25
MEMBER PRICE: \$29.95 | PV: 15.00

Supplement Facts 

Serving Size: 2 Softgels
 Servings Per Container: 30

	AMOUNT PER SERVING	% DV**
Calories	10	
Total Fat	1 g	1%**
DHA [Docosahexaenoic Acid (Algal)]	400 mg	†
EPA [Eicosapentaenoic Acid (Algal)]	100 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

OTHER INGREDIENTS: ALGAL OIL CONCENTRATE, SUNFLOWER OIL, ROSEMARY EXTRACT, MIXED TOCOPHEROLS, AND ASCORBYL PALMITATE IN A SOFTGEL CAPSULE (MODIFIED TAPIOCA STARCH, GLYCERIN, WATER, MALTITOL).

VITA-E COMPLEX®

#20112 90 SOFTGELS/90 SERVINGS
 RETAIL PRICE: \$42.00
MEMBER PRICE: \$35.70 | PV: 26.65

Supplement Facts

Serving Size: 1 Softgel
 Servings Per Container: 90

	AMOUNT PER SERVING	% DAILY VALUE
Vitamin E (as d-alpha-tocopherol concentrate and mixed tocopherols concentrate)	268 mg	1,787%
Selenium (as selenium protein hydrolysate)	65 mcg	118%
Grape Seed Extract (<i>Vitis vinifera</i>) (seed/skin)	38 mg	†

†Daily Value not established.

OTHER INGREDIENTS: SOYBEAN OIL, BEESWAX, SOY LECITHIN IN A SOFT GELATIN CAPSULE (GELATIN, GLYCERIN, WATER, AND COLORS FROM ANNATTO AND CARAMEL).

VITA-E® ☆

#21255 90 TABLETS/90 SERVINGS
 RETAIL PRICE: \$28.30
MEMBER PRICE: \$24.05 | PV: 17.95

Supplement Facts

Serving Size: 1 Tablet
 Servings Per Container: 90

	AMOUNT PER SERVING	% DAILY VALUE
Total Carbohydrate	<1 g	<1%**
Vitamin E (as d-alpha-tocopheryl acid succinate)	268 mg	1,787%
Selenium (as selenium protein hydrolysate)	10 mcg	18%

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

OTHER INGREDIENTS: DICALCIUM PHOSPHATE, MICROCRYSTALLINE CELLULOSE, CALCIUM SILICATE, MIXED TOCOPHEROLS CONCENTRATE, CROSCARMELLOSE SODIUM, HYDROXYPROPYL METHYLCELLULOSE, HYDROXYLATED SOY LECITHIN, COLORED WITH BEET POWDER.

VITA-LEA® ☆

2 MONTH SUPPLY

120 TABLETS,
60 SERVINGS
MEN #20286
WOMEN #20288
RETAIL PRICE: \$27.90
MEMBER PRICE: \$23.70
PV: 17.70

120 TABLETS,
60 SERVINGS
GOLD #20290
GOLD W/O K #20291
RETAIL PRICE: \$31.45
MEMBER PRICE: \$26.70
PV: 19.95

4 MONTH SUPPLY

240 TABLETS,
120 SERVINGS
MEN #20287
WOMEN #20289
RETAIL PRICE: \$49.60
MEMBER PRICE: \$42.15
PV: 31.45

Supplement Facts

Serving Size: 2 Tablets

AMOUNT PER SERVING	Men		Women		Gold		
	% DV	% DV	% DV	% DV	% DV	% DV	
Total Carbohydrate	<1 g	1%**	<1 g	<1%**	1%**	<1 g	<1%**
Vitamin A (70% as beta-carotene from <i>Blakeslea trispora</i> and 30% as vitamin A acetate)	1,500 mcg	167%	1,500 mcg	167%	115%	1,500 mcg	167%
Vitamin C (as ascorbic acid)	120 mg	133%	120 mg	133%	100%	120 mg	133%
Vitamin D ₃ (as cholecalciferol)	25 mcg (1,000 IU)	125%	25 mcg (1,000 IU)	125%	166%	25 mcg (1,000 IU)	125%
Vitamin E (as d-alpha-tocopheryl acid succinate and mixed tocopherols)	40 mg	267%	40 mg	267%	212%	40 mg	267%
Vitamin K (as phytonadione)	120 mcg	100%	120 mcg	100%	133%	120 mcg	100%
Thiamin (as thiamine mononitrate)	1.5 mg	125%	1.5 mg	125%	107%	2.25 mg	188%
Riboflavin	1.7 mg	131%	1.7 mg	131%	106%	2.55 mg	196%
Niacin (as niacinamide)	20 mg	125%	20 mg	125%	111%	30 mg	188%
Vitamin B ₆ (as pyridoxine hydrochloride)	2 mg	118%	2 mg	118%	100%	4 mg	235%
Folate	668 mcg DFE (400 mcg folic acid)	167%	1,336 mcg DFE (800 mcg folic acid)	334%	223%	668 mcg DFE (400 mcg folic acid)	167%
Vitamin B ₁₂ (as cyanocobalamin)	6 mcg	250%	6 mcg	250%	214%	24 mcg	1,000%
Biotin (as d-biotin)	300 mcg	1,000%	300 mcg	1,000%	857%	300 mcg	1,000%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%	10 mg	200%	143%	15 mg	300%
Calcium (as dicalcium phosphate)	450 mg	35%	450 mg	35%	35%	450 mg	35%
Iron (as ferrous fumarate)	0 mg	0%	18 mg	100%	67%	0 mg	0%
Phosphorus (as dicalcium phosphate)	350 mg	28%	350 mg	28%	28%	350 mg	28%
Iodine (as potassium iodide and sea kelp)	150 mcg	100%	290 mcg	193%	100%	150 mcg	100%
Magnesium (as magnesium oxide)	225 mg	54%	200 mg	48%	50%	225 mg	54%
Zinc (as zinc gluconate)	15 mg	136%	15 mg	136%	115%	22.5 mg	205%
Selenium (as trace mineral protein hydrolysate)	70 mcg	127%	70 mcg	127%	100%	70 mcg	127%
Copper (as copper gluconate)	1 mg	111%	1 mg	111%	77%	1 mg	111%
Manganese (as manganese gluconate)	2.6 mg	113%	2.6 mg	113%	100%	2.3 mg	100%
Chromium (as trace mineral protein hydrolysate)	120 mcg	343%	120 mcg	343%	267%	120 mcg	343%
Molybdenum (as trace mineral protein hydrolysate)	75 mcg	167%	75 mcg	167%	150%	75 mcg	167%
Sodium	5 mg	<1%	5 mg	<1%	<1%	5 mg	<1%
N-acetylcysteine	0 mg	0%	0 mg	0%	0%	50 mg	†
Nickel (as trace mineral protein hydrolysate)	15 mcg	†	15 mcg	†	†	5 mcg	†
Tin (as trace mineral protein hydrolysate)	10 mcg	†	10 mcg	†	†	10 mcg	†
Vanadium (as trace mineral protein hydrolysate)	20 mcg	†	0 mcg	†	†	20 mcg	†
Boron (as trace mineral protein hydrolysate)	1 mg	†	0 mg	†	†	1 mg	†
Silicon (as silicon dioxide)	2 mg	†	11 mg	†	†	2 mg	†

**Percent Daily Values are based on a 2,000 calorie diet. †Daily value not established.

MEN OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, SPIRULINA, HYDROXYLATED SOY LECITHIN, INOSITOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT.

WOMEN OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, SPIRULINA, HYDROXYLATED SOY LECITHIN, INOSITOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT.

GOLD OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL METHYLCELLULOSE, CROSCARMELLOSE SODIUM, SPIRULINA, HYDROXYLATED SOY LECITHIN, INOSITOL, CHOLINE BITARTRATE, ALFALFA POWDER, GRAPEFRUIT BIOFLAVONOID, HESPERIDIN COMPLEX, LEMON BIOFLAVONOID, ORANGE BIOFLAVONOID, RICE BRAN POWDER, ROSE HIPS POWDER, ACEROLA EXTRACT, RIBOFLAVIN COLOR.

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

VITALIZED IMMUNITY™ ☆

#22073 15 TABLETS/15 SERVINGS

RETAIL PRICE: \$26.85

MEMBER PRICE: \$22.80 | PV: 16.50**Supplement Facts**

Serving Size: 1 Tablet

Servings Per Container: 15

AMOUNT PER SERVING % DAILY VALUE

Calories	15	
Total Carbohydrate	4 g	1%**
Total Sugars	3 g	†
Includes 3 g Added Sugars		6%
Vitamin A (as beta-carotene)	375 mcg	42%
Vitamin C (as ascorbic acid)	1,000 mg	1,111%
Vitamin E (as d-alpha-tocopheryl acetate)	20.1 mg	134%
Riboflavin (as riboflavin)	2.8 mg	215%
Magnesium (as magnesium sulfate & magnesium oxide)	40 mg	10%
Zinc (as zinc sulfate)	8 mg	73%
Selenium (as selenium rice chelate)	15 mcg	27%
Manganese (as manganese gluconate)	3 mcg	130%
Sodium (as sodium bicarbonate & sodium carbonate)	230 mg	10%
Potassium (as potassium bicarbonate)	99 mg	2%
Proprietary Herbal Extract Blend:	70 mg	†
Japanese honeysuckle (<i>Lonicera japonica</i> Thunb.) (flower), Schizonopeta [<i>Schizonopeta tenuifolia</i> (Benth.) Briq.] (aerial parts), Forsythia [<i>Forsythia suspensa</i> (Thunb.) Vahl] (fruit), Ginger (<i>Zingiber officinale</i> Roscoe) (dried rhizome), Chaste tree (<i>Vitex agnus-castus</i> L.) (fruit), Dyer's woad (<i>Isatis indigotica</i> Fortune) (root), Echinacea [<i>Echinacea purpurea</i> (L.) Moench] (aerial parts).		
Glutamine (as L-glutamine)	25 mg	†
Lysine (as L-lysine hydrochloride)	25 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: CANE SUGAR, CITRIC ACID, MALTODEXTRIN, NATURAL FLAVORS, MONK FRUIT EXTRACT, NATURAL ORANGE FRUIT JUICE POWDER, SESAME OIL, COLORED WITH VEGETABLE JUICE.

VITALIZER™

MEN #20282
 30 VITA-STRIPS®
 RETAIL PRICE: \$96.00
MEMBER PRICE: \$81.60
 PV: 55.56

OTHER INGREDIENTS: (TABLETS)
 MICROCRYSTALLINE CELLULOSE,
 HYDROXYPROPYL METHYLCELLULOSE,
 CROSCARMELLOSE SODIUM, CITRUS
 BIOFLAVONOIDS (GRAPEFRUIT,
 LEMON, ORANGE), SPIRULINA,
 ORANGE OIL, HYDROXYLATED SOY
 LECITHIN, HESPERIDIN COMPLEX,
 ROSE HIPS POWDER, INOSITOL,
 CHOLINE BITARTRATE, ALFALFA
 POWDER, RICE BRAN POWDER,
 ACEROLA EXTRACT, (CAPSULES)
 GELATIN, GLYCERIN, YELLOW
 BEESWAX, PALM OIL, ANNATTO
 COLOR, SOYBEAN OIL, MEDIUM CHAIN
 TRIGLYCERIDES, SAFFLOWER OIL, SOY
 LECITHIN, PECTIN.

WOMEN #20283
 30 VITA-STRIPS®
 RETAIL PRICE: \$96.00
MEMBER PRICE: \$81.60
 PV: 55.56

OTHER INGREDIENTS: (TABLETS)
 MICROCRYSTALLINE CELLULOSE,
 HYDROXYPROPYL METHYLCELLULOSE,
 CROSCARMELLOSE SODIUM,
 SPIRULINA, ORANGE OIL, CITRUS
 BIOFLAVONOIDS (GRAPEFRUIT,
 LEMON, ORANGE), HYDROXYLATED
 SOY LECITHIN, HESPERIDIN COMPLEX,
 ROSE HIPS POWDER, INOSITOL,
 CHOLINE BITARTRATE, ALFALFA
 POWDER, RICE BRAN POWDER,
 ACEROLA EXTRACT, (CAPSULES)
 GELATIN, GLYCERIN, YELLOW
 BEESWAX, PALM OIL, ANNATTO
 COLOR, SAFFLOWER OIL, SOYBEAN
 OIL, MEDIUM CHAIN TRIGLYCERIDES,
 SOY LECITHIN, PECTIN.

GOLD #20284
 30 VITA-STRIPS®
 GOLD (WITHOUT K)
 #20285
 30 VITA-STRIPS®
 RETAIL PRICE: \$103.00
MEMBER PRICE: \$87.55
 PV: 59.58

OTHER INGREDIENTS: (TABLETS)
 MICROCRYSTALLINE CELLULOSE,
 HYDROXYPROPYL METHYLCELLULOSE,
 CROSCARMELLOSE SODIUM,
 SPIRULINA, CITRUS BIOFLAVONOIDS
 (GRAPEFRUIT, LEMON, ORANGE),
 ORANGE OIL, HYDROXYLATED SOY
 LECITHIN, HESPERIDIN COMPLEX,
 ROSE HIPS POWDER, INOSITOL,
 CHOLINE BITARTRATE, ALFALFA
 POWDER, RICE BRAN POWDER,
 ACEROLA EXTRACT, COLORED WITH
 RIBOFLAVIN; (CAPSULES) GELATIN,
 GLYCERIN, YELLOW BEESWAX, PALM
 OIL, ANNATTO COLOR, SOYBEAN
 OIL, MEDIUM CHAIN TRIGLYCERIDES,
 SAFFLOWER OIL, SOY LECITHIN,
 PECTIN.

Supplement Facts

Serving Size: 1 Vita-Strip®

AMOUNT PER STRIP	Men		Women		Gold	
		% DV		% DV	PRENATAL % DV	% DV
Calories	20		20			
Total Fat	1 g	1%**	1 g	1%**	1%**	1 g
Total Carbohydrate	2 g	1%**	2 g	1%**	1%**	2 g
Protein	<1 g	1%**	<1 g	1%**	1%**	<1 g
Vitamin A (75% as beta-carotene from <i>Blakeslea trispora</i> and <i>Dunaliella salina</i> and 25% as vitamin A acetate)	1,875 mcg	208%	1,875 mcg	208%	144%	1,875 mcg
Vitamin C (as calcium ascorbate and ascorbic acid)	500 mg	556%	500 mg	556%	417%	500 mg
Vitamin D ₃ (as cholecalciferol)	25 mcg (1,000 IU)	125%	25 mcg (1,000 IU)	125%	167%	30 mcg (1,200 IU)
Vitamin E (as d-alpha-tocopherol concentrate, d-alpha-tocopheryl acid succinate, mixed tocopherols, and mixed tocotrienols)	134 mg	893%	134 mg	893%	705%	134 mg
Vitamin K (as phytonadione)	120 mcg	100%	120 mcg	100%	133%	120 mcg
Thiamin (as thiamine mononitrate)	9 mg	750%	9 mg	750%	643%	9.75 mg
Riboflavin	10.2 mg	785%	10.2 mg	785%	638%	11 mg
Niacin (as niacinamide)	120 mg	750%	120 mg	750%	667%	130 mg
Vitamin B ₆ (as pyridoxine hydrochloride)	12 mg	706%	12 mg	706%	600%	14 mg
Folate	668 mcg DFE (400 mcg folic acid)	167%	1,336 mcg DFE (800 mcg folic acid)	334%	223%	668 mcg DFE (400 mcg folic acid)
Vitamin B ₁₂ (as cyanocobalamin)	36 mcg	1,500%	36 mcg	1,500%	1,286%	54 mcg
Biotin (as d-biotin)	300 mcg	1,000%	300 mcg	1,000%	857%	300 mcg
Pantothenic Acid (as d-calcium pantothenate)	60 mg	1,200%	60 mg	1,200%	857%	65 mg
Calcium (as dicalcium phosphate and calcium ascorbate)	500 mg	38%	500 mg	38%	38%	500 mg
Iron (as ferrous fumarate)	0 mg	0%	18 mg	100%	67%	0 mg
Phosphorus (as dicalcium phosphate)	350 mg	28%	350 mg	28%	28%	350 mg
Iodine (as potassium iodide and sea kelp)	150 mcg	100%	290 mcg	193%	100%	150 mcg
Magnesium (as magnesium oxide)	225 mg	54%	200 mg	48%	50%	225 mg
Zinc (as zinc gluconate)	15 mg	136%	15 mg	136%	115%	22.5 mg
Selenium (as trace mineral protein hydrolysate)	70 mcg	127%	70 mcg	127%	100%	70 mcg
Copper (as copper gluconate)	1 mg	111%	1 mg	111%	77%	1 mg
Manganese (as manganese gluconate)	2.6 mg	113%	2.6 mg	113%	100%	2.3 mg
Chromium (as trace mineral protein hydrolysate)	120 mcg	343%	120 mcg	343%	267%	120 mcg
Molybdenum (as trace mineral protein hydrolysate)	75 mcg	167%	75 mcg	167%	150%	75 mcg
Sodium	10 mg	<1%	10 mg	<1%	<1%	10 mg
Total Omega-3 fatty acids (from ultra-pure marine lipid concentrate)	500 mg	†	500 mg	†	†	500 mg
Our full spectrum includes:						
EPA (eicosapentaenoic acid)	280 mg	†	280 mg	†	†	280 mg
DHA (docosahexaenoic acid)	180 mg	†	180 mg	†	†	180 mg
And five other naturally found fatty acids, including docosapentaenoic, stearidonic, eicosatetraenoic, heneicosapentaenoic, and alpha-linolenic acids.	40 mg	†	40 mg	†	†	40 mg
<i>Bifidobacterium longum</i> (probiotic)	4.9 mg (250 million CFU)	†	4.9 mg (250 million CFU)	†	†	4.9 mg (250 million CFU)
<i>Lactobacillus acidophilus</i> (probiotic)	3.7 mg (250 million CFU)	†	3.7 mg (250 million CFU)	†	†	3.7 mg (250 million CFU)
Lycopene (from tomato extract)	5 mg	†	2.5 mg	†	†	5 mg
Lutein (from marigold flower extract)	5 mg	†	5 mg	†	†	5 mg
Zeaxanthin (from marigold flower extract)	200 mcg	†	200 mcg	†	†	200 mcg
Mixed tocopherols (gamma-, beta-, and delta-tocopherols)	35 mg	†	35 mg	†	†	35 mg
Cranberry extract (<i>Vaccinium macrocarpon</i>) (fruit)	0 mg	†	50 mg	†	†	0 mg
Coenzyme Q ₁₀ (as ubiquinone)	0 mg	†	0 mg	†	†	30 mg
N-acetylcysteine	0 mg	†	0 mg	†	†	50 mg
Nickel (as trace mineral protein hydrolysate)	15 mcg	†	15 mcg	†	†	5 mcg
Tin (as trace mineral protein hydrolysate)	10 mcg	†	10 mcg	†	†	10 mcg
Vanadium (as trace mineral protein hydrolysate)	20 mcg	†	0 mcg	†	†	20 mcg
Boron (as trace mineral protein hydrolysate)	1 mg	†	0 mg	†	†	1 mg
Silicon (as silicon dioxide)	2 mg	†	11 mg	†	†	2 mg

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily value not established.

VIVIX® LIQUID DIETARY SUPPLEMENT

#21500 5.1 FL. OZ./30 SERVINGS
 (REFRIGERATION REQUIRED)
 RETAIL PRICE: \$103.00
MEMBER PRICE: \$87.55 | PV: 54.65

Supplement Facts

Serving Size: 1 Teaspoon (5 mL)

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	15	
Total Carbohydrate	4 g	1%**
Rejuvetrol® Plus Blend	1,340 mg	†
Muscadine Grape Extract (<i>Vitis rotundifolia</i>) (fruit pomace), Trans-Resveratrol (<i>Polygonum cuspidatum</i>) (root) standardized to a minimum of 98% purity, Red Wine Extract (<i>Vitis vinifera</i>) (fruit pomace), Pomegranate Extract (<i>Punica granatum</i>) (fruit), Chebulic Myrobalan Extract (<i>Terminalia chebula</i>) (fruit), Purple Carrot Extract (<i>Daucus carota sativus</i>) (root), Black Currant Extract (<i>Ribes nigrum</i>) (fruit)		

**Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

OTHER INGREDIENTS: SORBITOL, NATURAL FLAVORS, WATER, GLYCERIN, CITRIC ACID, RED GRAPE JUICE EXTRACT FOR COLOR, CELLULOSE GUM, REBAUDIANA A (STEVIA EXTRACT) (LEAF).

VIVIX® LIQUID GELS SUPPLEMENT

#21501 60 LIQUID GELS/30 SERVINGS
 RETAIL PRICE: \$103.00
MEMBER PRICE: \$87.55 | PV: 54.65

Supplement Facts

Serving Size: 2 liquid gels

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	10	
Total Fat	0.5 g	<1%**
Total Carbohydrate	<1 g	<1%**
Rejuvetrol® Plus Blend Concentrate	716 mg	†
Muscadine Grape Extract (<i>Vitis rotundifolia</i>) (fruit pomace), Trans-Resveratrol (<i>Polygonum cuspidatum</i>) (root) standardized to a minimum of 98% purity, Red Wine Extract (<i>Vitis vinifera</i>) (fruit pomace), Pomegranate Extract (<i>Punica granatum</i>) (fruit), Chebulic Myrobalan Extract (<i>Terminalia chebula</i>) (fruit), Black Currant Extract (<i>Ribes nigrum</i>) (fruit), Purple Carrot Extract (<i>Daucus carota sativus</i>) (root)		

**Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

OTHER INGREDIENTS: MCT OIL (MEDIUM-CHAIN TRIGLYCERIDES FROM PALM AND COCONUT OILS), GELATIN, GLYCERIN, YELLOW BEESWAX, SOY LECITHIN, RED GRAPE JUICE EXTRACT.

Vivix Liquid Gels formula is concentrated.

VIVIX® LIQUID DIETARY SUPPLEMENT ☆

#22911 5.1 FL. OZ./30 SERVINGS
 (REFRIGERATION REQUIRED)
 RETAIL PRICE: \$103.00
MEMBER PRICE: \$87.55 | PV: 54.65

Supplement Facts

Serving Size: 1 Teaspoon (5 mL)

Servings Per Container: 30

	AMOUNT PER SERVING	% DAILY VALUE
Calories	15	
Total Carbohydrate	4 g	1%**
Kosher Polyphenol Blend	1,290 mg	†
European Elderberry extract (<i>Sambucus nigra</i>) (fruit), Pomegranate juice concentrate (<i>Punica granatum</i>) (fruit), European Elderberry juice powder (fruit), and Pomegranate extract (fruit)		
Trans-Resveratrol	100 mg	†
(<i>Polygonum cuspidatum</i>) (root) standardized to a minimum of 98% purity		

**Percent Daily Values are based on a 2,000 calorie diet.
 †Daily Value not established.

OTHER INGREDIENTS: SORBITOL, WATER, GLYCERIN, NATURAL FLAVORS, AND SILICON DIOXIDE.

ZINC COMPLEX ☆

#20411 120 TABLETS/120 SERVINGS
 RETAIL PRICE: \$7.35 | **MEMBER PRICE: \$6.25** | PV: 4.65

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 120

	AMOUNT PER SERVING	% DAILY VALUE
Calcium (as dicalcium phosphate)	120 mg	9%
Zinc (as zinc gluconate)	15 mg	136%

OTHER INGREDIENTS: CROSCARMELOSE SODIUM.



*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

Health Directory

Shaklee Healthy Nutrition products offer a wide range of health benefits, from antioxidant protection to weight management. To help you determine which products are right for you, refer to the Health Directory below. This quick and easy guide features over 20 health categories and an array of solutions specific to your needs. Find what you need quickly and be on your way to health and wellness.

	7-Day Healthy Cleanse	Advanced Joint Health Complex*	Advanced Physique® Whey Protein	Alfalfa Complex	B-Complex	Blood Pressure	CarotoMax®	Chewable Cal Mag Plus	Chewable Vita-C®	Cholesterol Reduction Complex*†	CoQHeart® With Q-Tra®	Defend & Resist Complex	Dream Serene™	Performance™ Energy Chews	EZ-Gest®	GLA Complex	Herb-Lax®	Life Shake™	Liver DTX® Complex	Menopause Balance Complex*	MindWorks®	MoodLift® Complex*
Page Reference	38	32	46	40	43	30	23	33	42	30	30	21	28	47	37	41	36	14	39	41	26	27
Bone & Joint Health		✓						✓														
Brain Health																						✓
Digestive Health/ Cleanse	✓			✓											✓		✓		✓			
Energy					✓									✓								
Eye Health							✓															
Gluten-Free	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Healthy Aging							✓														✓	
Heart Health						✓				✓	✓											
Immune Support									✓		✓											
Kosher/Kosher Dairy	K	K	D	K	K			K	D	K		K	K		K		K	K	K		K	
Men's Health																						
Multivitamin																						
Sleep													✓									
Sports Nutrition			✓											✓								
Stress & Mood																						✓
Vegan	✓	✓		✓	✓	✓				✓		✓	✓		✓		✓	✓	✓		✓	
Vegetarian	✓	✓	✓	✓	✓	✓			✓	✓		✓	✓		✓		✓	✓	✓		✓	
Weight Management																		✓				
Women's Health																✓				✓		

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

	NutriFeron®	OmegaGuard®	Optiflora® DI	OsteoMatrix®	Physique®+Bio-Build®	Saw Palmetto Complex	Shaklee 180® Bars	Shaklee 180® Energizing Tea	Shaklee 180® Metabolic Boost*	Stomach Soothing Complex*	Stress Relief Complex*	Shakleekids™ Super Immunity	Sustained Release Vita-C®	Sustained Release VitalMag®	Triple Defense Boost	Turmeric Boost	Vita-D ₃ ®	Vita-Lea Gold®	Vita-Lea® Men	Vita-Lea® Women	Vitalized Immunity™	Vivix®	
21																							Page Reference
29		✓														✓							Bone & Joint Health
39				✓												✓							Brain Health
33																							Digestive Health/ Cleanse
47			✓																				Energy
40																							Eye Health
50																							Gluten-Free
51																							Healthy Aging
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53																							Men's Health
42																							Multivitamin
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35																							Stress & Mood
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18																							Weight Management
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22																							

*To lower cholesterol, the National Institutes of Health recommends eating less saturated fat and cholesterol, exercising, losing weight, eating more soluble fiber, and consuming 2,000 mg of plant sterols and stanols daily.

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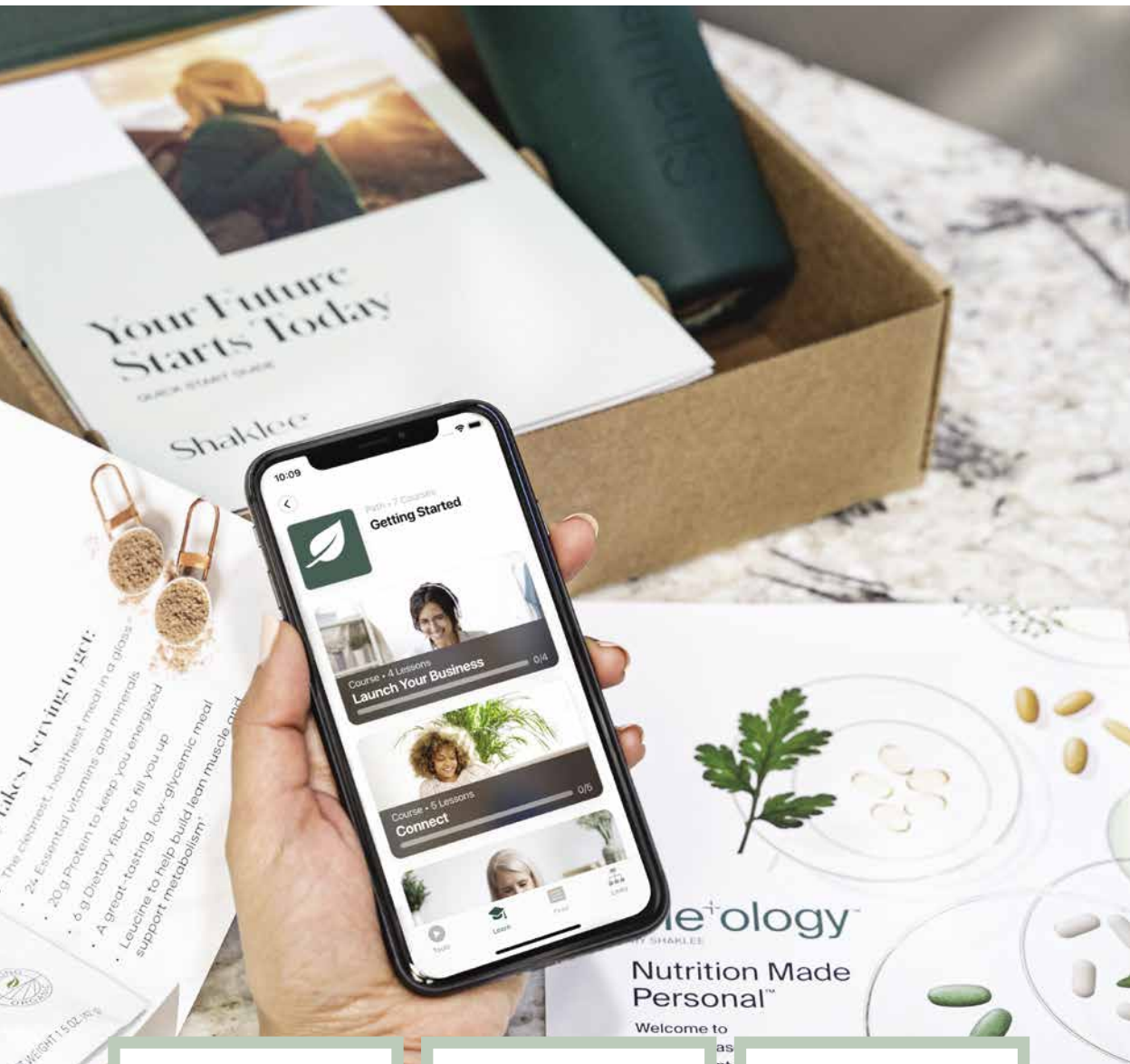
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